

**SJSU Department of Kinesiology Minor Form
Kinesiology Minor (18 Units)**

First Name: _____ Last Name: _____ Student ID: _____
 Current Phone #: _____ Email Address: _____
 Major: _____ Expected Graduation Date: _____

Instructions:

- 1) Enter semester and grade.
- 2) For courses that have not yet been completed, enter planned semester in 'Semester' column and put "TBT" (to be taken) or "IP" (in progress) in the 'Grade' column.
- 3) **Submit this completed form with change of Major/Minor form to SPX 102 - Attn: advising manager**

Required Courses (9 Units)				
		Units	Semester	Grade
KIN 70	Introduction to Kinesiology	3		

Select One (1)		Units	Semester	Grade
KIN 155	Exercise Physiology	3		
KIN 158	Biomechanics	3		
KIN 165	Motor Development	3		
KIN 166	Motor Learning	3		

Select One (1)		Units	Semester	Grade
KIN 160	History of Sport & Physical Education	3		
KIN 161	Philosophy of Sport	3		
KIN 164	Sociocultural Perspective	3		
KIN 168	Psychology of Coaching	3		

Upper Division KIN Electives (6 Units)*				
*Courses listed here cannot be used to satisfy major or SJSU Studies requirements (R,S,V)				
Course #	Course Name	Units	Semester	Grade
KIN		3		
KIN		3		

Activity Courses for KIN Minor (3): must be from three different movement areas					
Course #	Course Name	Units	Semester	Grade	Movement Area #
		1			
		1			
		1			

University PE Requirement (2)				
Course #	Course Name	Units	Semester	Grade

Approval Signatures:

KIN Advisor: _____

KIN Advising Manager: _____

Undergraduate Coordinator: _____