

**San José State University**  
**CHHS/Kinesiology**  
**KIN 185-01, Senior Seminar, Spring, 2022**

**Course and Contact Information**

<b>Instructor:</b>	Masaaki Tsuruike, PhD, ATC
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<b>Office Hours:</b>	Mon: 1:30 - 2:30 PM Wed: 2:00 – 2:40 PM or by appointment and email
<b>Class Days/Time:</b>	Monday 12:30 - 1:20 PM
<b>Classroom:</b>	SPX 153
<b>Prerequisites:</b>	Prerequisite: KIN 070, Kinesiology Majors ONLY, KIN Minors with instructor consent. Major form completed and signed by an advisor, advising manager, and undergraduate coordinator, KIN 197 or KIN 198 prerequisite or co-requisite.

**Faculty Web Page and MYSJSU Messaging**

Copies of the course materials, such as the syllabus, major assignment handouts, etc. can be found on Canvas. You are responsible for regularly checking with the messaging system through Canvas and MySJSU.

**Course Description**

Active learning capstone course designed to synthesize students' undergraduate preparation, including internship experiences.

Capstone course designed to integrate and synthesize students' knowledge and skills gained in their undergraduate preparation through active participation in the class and reflection on the internship experience; requires completion of a professional portfolio and a movement project

**Department of Kinesiology Student Program Learning Outcomes**

Students will be able to as follows:

1. Explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in the sub-disciplines in kinesiology.
2. Effectively communicate in writing (clear, concise and coherent) on topics in kinesiology.
3. Effectively communicate through an oral presentation (clear, concise and coherent) on topics in kinesiology.

4. Utilize their experiences across a variety of health related and skill-based activities to inform their scholarship and practice in the sub disciplines in kinesiology.
5. Identify and analyze social justice and equity issues related to kinesiology for diverse populations.

### **Course Goals and Learning Objectives**

Upon successful completion of the course, each student will be able to demonstrate:

1. Knowledge of the various sub disciplines and related academic organizations within the field of Kinesiology;
2. Ability to locate and critique scholarly peer reviewed literature in Kinesiology and demonstrate an understanding of how evidence-based practice applies to their emphasis and practice;
3. Understanding of current issues in Kinesiology and their sub disciplines and demonstrate strategies to engage with these issues in practice;
4. Ability to research, synthesize, and present information on selected topics in Kinesiology;
5. Ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;
6. Understanding of diversity and social justice as they relate to human movement and within the various sub disciplines;
7. Ability to assemble a personal e-portfolio;
8. Ability to apply their knowledge of Kinesiology in a clinical or practical setting.

### **Required Readings**

Johnson, S. (1998). Who moved my cheese? New York: G. P. Putnam's Sons.

All other readings will be available on the SJSU learning management system, Canvas.

### **Library Liaison**

Adrian Poo is our library liaison. You can contact her for assistance at [adriana.poo@sjsu.edu](mailto:adriana.poo@sjsu.edu) or (408) 808-2019. The Reference Desk number is (408) 808-2100 and the Student Computer Service number is (408) 808-2470.

### **Course Requirements and Assignments**

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five (45) hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in [University Policy S12-3](http://www.sjsu.edu/senate/docs/S12-3.pdf) at <http://www.sjsu.edu/senate/docs/S12-3.pdf>.

### **Active Participation and Reading Responses 30%**

This portion of the grade will be assessed by evaluating students' active participation in each seminar session. **No participation will result in no score for this part of the assessment.**

Further explanation: This means that you are expected and responsible for preparing reading materials for each seminar session. You are expected to speak and make effective class contributions by contributing to class discussions, and by listening and respecting opinions of others. No makeup points will be available for this component.

- Students are given an opportunity to present a summary for each of the reading assignments with a group of 3 to 4: 1) the summary of article, 2) implication (main findings of the article, suggestions: how much you can draw from the findings and limitations), 3) relevance (how we can apply for your field) **for a total of 15 minutes.**

### **Professional Portfolio 30%**

Each student will be required to assemble a professional portfolio, which will include a professional resume. You may have a mock interview (a practice interview, a simulation of an actual job interview.) through a class lecture.

The portfolio shall contain all supporting documents related to the student’s program of study, work, and internship experiences. This includes the internship reflective journal and any other documentation of additional certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student’s professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

### **Movement Project: Literature Review and Deliverable 30%**

Each student will be required to complete a movement project. The movement project’s final outcome (or product) may take one of many different formats, depending on the student’s emphasis area as well as her or his career goals. Examples of acceptable final products may include a manual, pamphlet, website, podcast, YouTube video, PowerPoint presentation, or publication. A review of literature using both primary and secondary references (a minimum of 5 references related to your project) is required as a part of the movement project’s final product. Further details will be distributed in class.

You will be also required to present your deliverable (product) for 5 minutes with MS PowerPoint, starting from April 25.

### **Final Exam 10%**

Format and content will be discussed in class.

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practicum. Other course structures will have equivalent workload expectations as described in the syllabus.”

### **Grading Information**

Active Course Participation	30%	CLO 1, 4, 5, 6, 7
Professional Portfolio	30%	CLO 1, 3, 5, 7
Movement project	30%	CLO 1, 2, 4
Exam	10%	CLO 1, 2, 3, 4

### **Determination of Grades**

The course is based on a percentage scale (100%). The breakdown is as follows:

A+:	100-97%	A:	96-93%	A-:	92.9-90%		
B+:	89.9-87%	B:	86.9-83%	B-:	82.9-80%		
C+:	79.9-77%	C:	76.9-73%	C-:	72.9-70%		
D+:	69.9-67%	D:	66.9-63%	D-:	62.9-60%	F:	<60%

## Classroom Protocol

Students are strongly encouraged to attend and participate in all class sessions. Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.

## Due Dates

Without documented serious and compelling reasons, no paper will be accepted late (late = after the due date specified by the instructor).

In the classroom, students may use computers only for class-related activities such as taking notes, following the lecture on Web-based PowerPoint slides that the instructor has posted, or finding Web sites to which the instructor directs students at the time of the lecture. Students should abstain from “surfing the web” and/or engaging in IM’s during class, the teacher reserves the right to close the computer, or ask the student to leave the class. This will affect your participation in the class.

## Recording of Class Lectures

Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. **This permission allows the recordings to be used for your private, study purposes only.** The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

*Explicit written permission must be requested to make any recording of the class. An announcement will then be made to the class to ensure their comfort with recording the class. If any student objects to the recording then permission will not be granted. If there are no objections then written permission will be provided.*

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.

## University Policies (Required)

Per University Policy S16-9 (<https://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant information to all courses, such as academic integrity, accommodations, dropping and adding, consent for recording of class, etc. is available on Office of Graduate and Undergraduate Programs’ Syllabus Information web page at <https://www.sjsu.edu/gup/syllabusinfo/>”. Make sure to visit this page, review and be familiar with these university policies and resources.

## KIN 185, Senior Seminar, Fall, 2021

### Course Schedule (Subject to change with advance notice)

Week	Date	Topics	Assignments
1	1/31	Introduction. Review course syllabus, review administrative tasks, and begin discussion on KIN in the media, news, and current events. <i>Think about your movement project</i>	Lecture Note 1
2	2/7	Current topics in KIN emphasis areas, evidence-based practices, research journals. Discussion of Profession Portfolio – reviewing your resume and supportive materials	Lecture Note 2 Reading an article (Schary & Cardinal, 2015)
3	2/14	Interviewing skills for both sides of the interview, personnel, hiring process, negotiating your salary. Being an agent of change in Kinesiology – understanding where there is a need for change and moving forward in your profession. 1) Discussion with the article of Schary & Cardinal, 2015	Reading an article (Millington, 2014)
4	2/21	2) Discussion with the article of Millington, 2014 (3) Professional development – continuing education and keeping up with research as it applies to the professional setting, how you can contribute to the research	<i>Submit the tentative topic of your movement project</i>
5	2/28	Review of Profession Portfolio	Reading an article (Zieff, 2011)
6	3/7	3) Discussion with the article of Zieff, 2011 (4)	Reading an article (Chandler & Miller, 2012)
7	3/14	4) Discussion with the article of Chandler & Miller, 2012 (3)	<b>PROFESSIONAL PORTFOLIO DUE</b>
8	3/21	Review of movement project (discussion and rubric)	
9	3/28	<b>SPRING RECESS</b>	Reading an article (Culp, 2013)
10	4/4	5) Discussion with the article of Culp, 2013 (4)	Reading an article (Pedersen, 2009)
11	4/11	Legal concerns as a Kinesiologist & Sexual harassment in the workplace 6) Discussion with the article of Pedersen et al, 2009 (4)	“Who Moved My Cheese?”
12	4/18	7) <u>Who Moved My Cheese?</u> (2) Reflection of the content compared with the role you might be in the story as your personality, and bring what implication and relevance are for your next chapter?	
13	4/25	Presentations	
14	5/2	Presentations	
15	5/9	Presentations	

<b>Week</b>	<b>Date</b>	<b>Topics</b>	<b>Assignments</b>
16	5/16	Presentations Wrap-up, Review for the final exam	<b>MOVEMENT PROJECT DUE</b>
Final Exam	5/18	<b><i>Final Exam 12:15 PM - 2:30 PM</i></b>	