

San José State University

Kinesiology

Spring 2022, KIN 20A *Begin Badminton*

***Online Zoom Class from Jan 26th to Feb 14th
we will meet on campus after Feb 14th, more
information will be updated when time
get closer.***

Contact Information

Instructor: Lei Cai

Office Location: SPX 170

Email: lei.cai@sjsu.edu

Office Hours:

Tu.Th. 8:55-9:25am

Class Meetings & location SPX 107B after Feb 14. 2022

Prerequisites: None

Course Description

This course is focused on the development of fundamental badminton skills, basic tactics, simple strategies, etiquette, rules, and their application in single and double games.

Web Resource-Canvas

Course materials may be found on the e-campus [Canvas learning management system \(Links to an external site.\)](http://www.sjsu.edu/at/ec/canvas/) at [http://www.sjsu.edu/at/ec/canvas/ \(Links to an external site.\)](http://www.sjsu.edu/at/ec/canvas/). You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Knowledge of fundamental skills, technique, *related to badminton.*
- Proficiency in execution of the *badminton* skills covered.
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with
- An understanding of the mental and physical health benefits to be derived from

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings

Course materials (GAME RULES) may be found on the <https://bwfbadminton.com>

Course Notes

- Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Recording class: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.
- Places to practice other than class; Open GYM in student center or badminton club.
- Course grades will be posted on Canvas by the end of finals week.
- Students may not make up in class activities and no outside activities can be graded.
- Written Exam cannot be made up.
- Drop requests will not be accepted after the SJSU drop deadline.
- Outings/assignments completed for another class cannot be counted for this course.

Course Requirements, Assignments, and Grading

Tests:

- Skills Test Total 300 points
 - (3 Skills will be graded)
 - Short or long serve 100 points
 - Back court over head clear 100 points
 - Back court over head drop 100 points
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- Written Exam/ Total 4 exam

Badminton History Exam,100 points in class

Single Rule Exam, 100 points in class

Double Rule Exam, 100 points in class

Final exam online on Canvas 100 points Due May 20th 11:59am

Assignments/Projects:

In Class Graded badminton single and double game.

Grading

- Extra credit options, is NOT available.
- Penalty (if any) for late or missed work will be posted on (canvas) at each assignment.

Grading Plan

10% Skills Test Serve (in class on campus)

10% Skills Test Drop (in class on campus)

10% Skills Test Clear (in class on campus)

15% In Class Badminton Single Games

10% In Class Badminton Double Games

5% Assignments/in class activity

10% Badminton History Written Exam

10% Badminton Single Rule Written Exam

10% Badminton Double Rule Written Exam

10% Final Written Exam (combine single & double rules and history)

Final Written Exam on Canvas Due May 20 11:59 am No Make Up allowed

Grading Scale used to determine letter grade for each component above.

Grading Scale used to determine final course grade.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

Campus Resources

Per University Policy S16-9 (<http://www.sjsu.edu/senate/docs/S16-9.pdf> (Links to an external site.)), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the Syllabus Information web page (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php> (Links to an external site.)). Make sure to visit this page to review and be aware of these university policies and resources.

SJSU Technical Support:

Email: itservicedesk@sjsu.edu

Phone: (408) 924-1530^[L]_[SEP]

Web: <https://www.sjsu.edu/it/support/service-desk/index.php> (Links to an external site.)

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Week	Course Content (Assignments, Exams/Quizzes, ...)
1	First Day of class (review syllabus) Zoom meeting
2	Badminton History zoom meeting
3	Hitting up in air practice After Feb 14th meet on campus
4	Hitting the wall practice Forehand & Backhand

Week	Course Content (Assignments, Exams/Quizzes, ...)
5	History Rule Test Single court Layout
6	Badminton Serve Forehand & Backhand
7	Back Court Clear and Front Court Clear
8	Back Court Drop and Front Court Net Drop
9	In Class Single Game week 1
10	In Class Single Game week 2
11	Single Rule Test Double court Layout
12	In Class Double Game week 1
13	In Class Double Game week 2
14	Double Rule Test Skill Test Practice
15	Skill Test week 1
	Skill Test Week 2
16	Final Written Test on Canvas Due May 20 11:59pm no make up