

San José State University
Kinesiology

Fall 2022, *KIN 20BC, Inter & Adv Badminton*

Online Zoom Class from Jan 26th to Feb 14th

we will meet on campus after Feb 14th, more information will be updated when time get closer.

Contact Information

Instructor: Lei Cai

Office Location: SPX 170

Email: lei.cai@sjsu.edu

Office Hours:

Tu.Th. 8:55-9:25am

Class Meetings & location

SPX 107B

Prerequisites:

Completed SJSU Beginning or Intermediate badminton class or have equivalent skill/knowledge

Course Description

This course is focused on improving the quality of fundamental and intermediate badminton skills, learning advanced skills and their application, developing advanced badminton tactics and strategies, good sportsmanship, and playing high level games.

Web Resource-Canvas

Course materials may be found on the e-campus [Canvas learning management system \(Links to an external site.\)](#) at <http://www.sjsu.edu/at/ec/canvas/> ([Links to an external site.](#)). You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Knowledge of fundamental skills, technique, *related to badminton.*
- Proficiency in execution of the *badminton* skills covered.
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with
- An understanding of the mental and physical health benefits to be derived from

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings

Course materials (GAME RULES) may be found on the <https://bwfbadminton.com>

Course Notes

- Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Recording class: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.
- Places to practice other than class; Open GYM in student center or badminton club.
- Course grades will be posted on Canvas by the end of finals week.
- Students may not make up in class activities and no outside activities can be graded.
- Written Exam cannot be made up.
- Drop requests will not be accepted after the SJSU drop deadline.
- Outings/assignments completed for another class cannot be counted for this course.

Course Requirements, Assignments, and Grading

Tests:

- Skills Test (3 Skills will be grade, Cross court serve, Combo Skill clear drop)
- Written Exam/ Total 4 exam

Badminton History Exam, Single Rule Exam, Double Rule Exam, Final exam.

Assignments/Projects:

In Class Graded badminton single and double game.

Grading

Extra credit options, is NOT available.

- Penalty (if any) for late or missed work will be posted at each assignment on canvas.

Grading Plan

10% Skills Test Serve

10% Skills Test Clear & Drop

10% Skills Test Cross Court Clear

5% Assignment/In class activity

15% Assignment/In Class Badminton Single Games

10% Assignment/ In Class Badminton Double Games

10% Badminton History Written Exam

10% Badminton Single Rule Written Exam

10% Badminton Double Rule Written Exam

10% Final Written Exam (combine single & double rules and history)

Final Written Exam Due on May 20th Due 11:59pm On Canvas Online No Make Up allowed

Grading Scale used to determine letter grade for each component above.

Grading Scale used to determine final course grade.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

Campus Resources

Per University Policy S16-9 (<http://www.sjsu.edu/senate/docs/S16-9.pdf> (Links to an external site.)), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for

recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the Syllabus Information web page (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php> (Links to an external site.)). Make sure to visit this page to review and be aware of these university policies and resources.

SJSU Technical Support:

Email: itservicedesk@sjsu.edu

Phone: (408) 924-1530

Web: <https://www.sjsu.edu/it/support/service-desk/index.php> (Links to an external site.)

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Week	Course Content (Assignments, Exams/Quizzes, ...)
1	First Day of class (review syllabus) Online Zoom Meeting
2	Badminton History Online Zoom Meeting
3	Hitting Excise Clear drop
4	Hitting the practice Forehand & Backhand History
5	History Rule Test Single court Layout History review
6	History Test

Week	Course Content (Assignments, Exams/Quizzes, ...)
7	Back Court Clear and Front Court Clear Practice Game
8	Back Court Drop and Front Court Net Drop Game
9	In Class Single Game week 1 Game Strategy
10	In Class Single Game week 2 Game Strategy
11	Single Rule Test Double court Layout
12	In Class Double Game week 1 Game Strategy
13	In Class Double Game week 2 Game Strategy
14	Double Rule Test Skill Test Practice
15	Skill Test week 1
16	Skill Test Week 2 Final Written Test on Canvas Due May 20 Due 11:59pm no make up