

San José State University
Kinesiology
Spring 2022 KIN 25A-01 Beg Golf

Contact Information

Instructor: Don Allio

Office Location: Spartan Golf Complex

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Email: Donald.allio@sjsu.edu

Office Hours: Tuesdays 12:30 -1:00

Class Meetings: TuTh 9:30 -10:20

Class Location: North Tee Spartan Golf Complex
532 East Humboldt Street
San Jose, CA 95112

Course Description

Designed for those who have never played golf or who have played very little and have had no basic formal instruction. Provides the student with a sound set of fundamentals to prepare for further instruction, if desired.

Web Resource

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Knowledge of fundamental skills, technique, related to the sport of golf.
- Proficiency in execution of the golf skills covered.

- An understanding of the history, rules, strategies, current research, safety and etiquette associated with golf.
- An understanding of the mental and physical health benefits to be derived from golf.

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings

The basic golf rules and etiquette found at the website [Http://www.usga.org](http://www.usga.org)

Course Notes

- Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Recording class: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.
- Course grades will be posted on Canvas by the end of finals week.
- Students may make up skills test
- Written Exam cannot be made up.
- Drop requests will not be accepted after the SJSU drop deadline.
- BRING TO EACH CLASS: Your own golf clubs. If you do not have golf clubs, clubs will be provided.
- Cell phones turned off during class. Any student using a cell phone during class will be asked to leave.
- Clothing – comfortable athletic gear recommended. “Layered” clothing is recommended for weather changes. Collared “polo” style shirts are encouraged. Tank tops are not acceptable. Tennis type shoes or soft spike golf shoes are permissible. Due to soft and

wet grass conditions it is not recommended to wear shoes you would not like to get wet and dirty. No sandals or shoes with elevated heels. Hat, sunscreen, and sunglasses recommended. SJSU apparel is encouraged! Provide your own water.

Course Requirements, Assignments, and Grading

Online Quizzes = 20%

Midterm = 20%

Final examination – 20%

Participation in class = 40%

Attendance is critical to participation.

In person: Participation involves engaging in the activity. The daily participation grade will be based on a five point scale in which students are expected to: a) be on time (1 pt); b) participate in all class activities and discussion (3 pts); and c) remain for the full duration of the class period (1 pt). Deductions may be made for disruptive behavior, partial participation or lack of effort, not following directions, inattentiveness, late arrivals, and leaving early.

Grading

Grading Scale used to determine letter grade for each component above.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-

below 60%	F
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Campus Resources

Per University Policy S16-9 (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the Syllabus Information web page (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>). Make sure to visit this page to review and be aware of these university policies and resources.

SJSU Technical Support:

Email: itservicedesk@sjsu.edu

Phone: (408) 924-1530

Web: <https://www.sjsu.edu/it/support/service-desk/index.php>

Course Calendar (subject to change with fair notice by announcement in class and/or email) Note: Weeks 1,2, and 3 are online only

Week	Course Content (Assignments, Exams/Quizzes, ...)
1	Zoom - First Class Meeting, course policies, and syllabus review
2	Position 1 - Grip – Stance – Ball position – Hip Hinge - IYAL Video - Golf Terminology (Quiz)
3	Position 2 - Ball First Contact - 9-3 Swings - Top 5 Golf Rules you need to know (Quiz)
4	First In Person meeting - Position 1 and 2 Introduce Position 3
5	Positions 1, 2, and 3
6	Position 4 - Stay under the ceiling (head position) – Impact and finish
7	Position 5 - Clubface rotation, ball position
8	Midterm – skills test (Thursday March 17th)
9	Position 6 - Drills – How to practice your swing using drills
10	Position 7 - Tuck the Chin, Rotation, Strong grip v. weak grip Video - Putting (Quiz)
11	Position 8 - Inline, Inside-out & Outside in swings – Stance width
12	Position 9 - Centered head, Loading and Unloading
13	Position 10 - High and low shots, feet alignment

	Video - What clubs do you use on the course? (Quiz)
14	Centered Hips, Arm Structure, Grip pressure
15	Review
16	Skills Test portion of Final (Thursday May 12th)

Final Exam Date (Written portion - online only) May 18th- 9:45am - 12:00pm