

**Changing your major from Undeclared, or from another major, to Kinesiology**

Undeclared students, or those currently declared in another major, who wish to qualify for declaring Kinesiology as their major must pass a total of at least four of the following qualifying courses at SJSU: two from Column A and two from Column B.

Column A	Column B
GE Area A3 (C or better required)	BIOL 65 (Anatomy) (C or better required)
KIN 70 (C- or better required)	BIOL 66 (Physiology) (C or better required)
GE C1, C2, D1, D2, D3, or E (insert dept. and name/number of class*) _____	CHEM 30 A (or higher Chem class; insert name/number of class*) _____ (C or better required)

\*include only the class in which you earned the highest grade

A GPA from a minimum of 2 semesters of work at SJSU is required before applying for the Change of Major. For application timeline, please see below. At the end of every semester, the number of open spaces in the Kinesiology major will be determined by the university. Students will be assessed according to their SJSU CUM GPA and their grades in the 4 qualifying classes.

**Advice for students wishing to declare Kinesiology as their major**

\* Declaring Kinesiology as your major will be very competitive. A rule of thumb for a target GPA is *minimally* 3.10 and it is often higher, if many highly qualified students apply. In other words, you should strive for an overall GPA of at least 3.20 or higher to have a chance of qualifying to declare Kinesiology as your major.

\* Don't take all these qualifying courses in one semester.

\* Spread your courses out over at least two semesters.

\* **Have a back-up plan:** look for a second possible major, outside of Kinesiology, that really interests you. Take classes that will work for both Kinesiology and the other possible major, in case you cannot qualify for Kinesiology.

\* The KIN Advising Manager is Dr. Jessica Chin ([jessica.chin@sjsu.edu](mailto:jessica.chin@sjsu.edu))  
(She can help answer some of your questions about declaring Kinesiology)

## **Application Timeline and Process**

Turn in your *completed application packet* (including KIN application, SJSU Change of Major Form-no signatures required at this point-and copy of transcripts) to SPX 102 **on or before January 10 for spring and on or before June 10 for fall**. Application must include:

- Request to declare Kinesiology as your major, at <http://www.sjsu.edu/kinesiology/generalinfo/>
- Completed Change of Major Form, at <http://www.sjsu.edu/registrar/forms/>
- Copy of your most recent (unofficial) transcript with the four qualifying classes highlighted

Applications received within each submission period will be ranked. We will contact you within 5 business days after the application deadline to let you know if you have been accepted. *Contact will be by email, so be sure you have entered your email address correctly and legibly.* **Remember: you must have completed at least 2 semesters of work at SJSU. According to University Policy, you may only apply to change your major to any one major (e.g. to Kinesiology) twice.**