



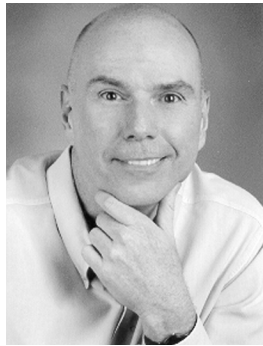
San José State  
UNIVERSITY

San Jose State University - Department of Human Performance

# ALUMNI NEWSLETTER

Summer 2004

Vol. 15 No. 2



## Chair's Message...

### Dr. Bethany Shifflett receives Outstanding Service Award

The three highest awards for faculty at San Jose State University are the Outstanding Professor Award, President's Scholar, and the Outstanding Service Award. These awards are presented annually, and HuP has been well represented. Two years ago, **Dr. Barbara Conry** of our department was chosen to receive the very prestigious Outstanding Service Award. This year, another member of the HuP faculty, **Dr. Bethany Shifflett** has been similarly honored.

We are delighted to see Bethany receive the recognition she has earned through long-term and unparalleled accomplishments. Just a few examples of her lengthy list of accomplishments include serving on an incredible number of university committees including: the Board of Directors for the Student Union, Inc., and the Committee for Information Technology in Support of the Academic Mission. Bethany has also chaired a number of committees including the Student Honors Committee, the Lottery Committee, the Search Committee for SJSU's Chief Information Officer, the SJSU Academic Senate Executive Committee, the Information Systems and Computing Advisory Board, the Computing Needs Assessment Committee, the Student Outcomes Assessment Committee, the Instruction and Student Affairs Committee, the SJSU Campus Fee Advisory Committee, and the Instruction and Student Affairs Committee. Gosh, we get worn out simply going through the list. And, it's an abbreviated list! Clearly, Dr. Shifflett's work has extended far beyond participation; she has been a prominent local and statewide leader.



Dr. Bethany Shifflett

Perhaps most importantly, Bethany was a member and an active and respected leader of our Academic Senate for 14 consecutive years. The Academic Senate, along with the President of the University, recommends policy for the University. No question, we're talking about a very important institution here at SJSU. Bethany's stint as on the Senate included a term as Senate Chair, Committee on Committees Chair, and two terms as Senate Secretary in addition to seven years of service as a CSU Statewide Senator. For four of her seven years as a member of the CSU Statewide Senate, Bethany has chaired policy committees. In this capacity, Bethany was also responsible for all aspects of lobbying events and coordination with the CSU legislative office. In her work as a CSU statewide Senator, Bethany served on many statewide Academic Senate committees. Most recently, and perhaps most significantly, Bethany was appointed to coordinate all aspects of the WASC accreditation process for the university.

In short, Dr. Bethany Shifflett has worked tirelessly and consistently for SJSU in a wide array of service activities. Her contribution to the mission of this university is unquestionable. The significance of her contributions is unparalleled, and her ongoing commitment is certain. It is difficult to imagine that anyone in this university has made such substantive and magnanimous contributions. For all of these reasons and more, you can see why Bethany was chosen to receive the SJSU Distinguished Service Award for 2004. Congratulations, Bethany! You have gone above and beyond as a representative of the Department of Human Performance!

*Greg Payne*

**The Department of Human Performance is looking for a sponsor for the Alumni Newsletter. If you are interested or have ideas regarding sponsorship, please contact:**

**Dr. Greg Payne**

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**San Jose State University**

**San Jose, CA 95192-0054**

**(408) 924-3028**

**vgpayne@hup.sjsu.edu**



## FACULTY/STAFF NEWS

**Amy Freitag** resigned from her position as departmental advising secretary effective early June of 2004. Amy's resignation comes after several years with the department. She will leave to



collect data in Africa for her graduate thesis. During her time with HuP, Amy completed her undergraduate degree in Hospitality Management, and most of an interdisciplinary degree Masters Degree. Amy plans to return to her home in Minnesota after six months in Africa and Europe. The department would like to thank Amy for her years of dedicated service to the department, and wish her the best in her future endeavors. Good luck, Amy!

**Dr. David Furst** was promoted to Full Professor. David was also recognized at the 5th Annual Faculty Service Recognition Awards Luncheon for completing fifteen years of service to San Jose State University. Congratulations, David!

**Dr. Sonja Lilienthal** was featured for her work as Director of HuP's Sports Management Program in a May issue of the Spartan Daily. **Dr. Ted Butryn** was quoted in the article saying, "She has done an incredible job



taking the sports management program that's been in transition and really giving it some stability." The article further detailed Sonja's love of sport at a young age, her early work as a physical education teacher in Australia, her homeland, and her decision to pursue graduate study in sport management at both Penn State and Ohio State, two of the finest institutions in the country for academic study in her area of specialization.

**Dr. Leamor Kahanov** was tenured and promoted to Associate Professor. Congratulations, Leamor!

Congratulations to **Janet Clair** who was recently acknowledged by the Disability Resource Center as a nominee for their annual "Outstanding Faculty" Award for contributing to the progress of persons with disabilities. The honor is a tribute to Janet's exceptional willingness to meet the needs of students with disabilities and to contribute substantially to their academic accomplishment. Janet was acknowledged at the Annual Disability Resource Center Awards Ceremony in April.

On April 21st, 2004, **Dr. Nancy Megginson** was recognized at the 2003-2004 Provost's Award for Excellence in Service-Learning for her APA coursework connection with the community.

**Sol Aber**, HuP Handball Instructor, was featured in the headline story of the *Campbell Reporter* in late January. At age 85, Sol has won 15 national and world championships since 1979 and is a "living legend" in the handball community. Sol's passion is now focused on passing his experience on to a new generation of players both here at SJSU and the Central YMCA of San Jose. Sol also participated in the National USHA Master Doubles Tournament in Chattanooga, TN in April. Sol and his partner, Max Laskow, won the championship for both the 75-80 and the 80-85 age groups. Between the two of them, Sol and Max have won 68 national handball titles.

**Carol Sullivan** will be a presenter at the Annual Cal Poly Workshop held in San Luis Obispo from July 10-18. Her sessions will be on "Advanced aerobics."

**Dr. Gong Chen** is scheduled to lecture at the nationwide university self defense instructor training program organized by Beijing University this summer. The program is sponsored by the Chinese Ministry of Education. Gong also presented, "A study of self-defense in nationwide universities" at the National AAHPERD Conference in New Orleans last March. In early March, Gong was interviewed for Chinese TV as an expert on crime prevention and self-defense. Dr. Chen has also been



notified that the Chinese Ministry of Education has approved his proposal entitled, "Safety-self-defense education for nationwide universities in China." And, Gong's research project conducted with Professor Zhang of the Beijing University was awarded a second prize at the Chinese School Physical Education Conference. Gong also organized the 2004 Spring Bay Area Open Badminton Tournament that attracted over 250 players including many top ranked US players.

**Dr. Sue Wilkinson** – was notified that she has received a grant of \$250,000 from the Regents of the University of California to



fund her project entitled, "California Physical Education-Health Project." Sue has also been appointed to the new task force to develop k-12 standards for physical education for the state of California.

**Dr. Greg Payne** was elected Secretary-Treasurer of the American Academy of Kinesiology and Physical Education. He will commence his duties at the Annual Conference this fall in Chicago.

**Dr. Emily Wughalter** was honored at the 2004 AAHPERD National Conference in New Orleans when she was presented with the Distinguished Service Award for AAHPERD's Research Consortium. In addition to a number of positions held with the Research Consortium, Emily is a former President of that group. Congratulations!



**Dr. Peggy Plato** presented, "EMG activity following vertical jump training with frontal platform shoes," (co-authored with **Dr. Barbara Conry**) at the Applied Psychophysiology and Biofeedback Meeting in Colorado Springs in April. Peggy is also working on several video segments for her HuP 069 course, Stress Management. This course will be mediated (i.e., delivered via cable TV, Web CT, and on campus instruction) starting this fall.

**Dr. Greg Payne** made three presentations at the Near East Asia Regional Council of Overseas Schools Annual Conference in Bangkok, Thailand in March. Greg also co-authored a paper with Jim Morrow and Alan Jackson entitled, "Physical activity promotion and school physical education," published in *Toward a Better Understanding of Physical Fitness and Activity* edited by Charles Corbin, Robert Pangrazi, and B. Don Franks. The book is a 2004 publication of Holcomb-Hathaway Publishers. Finally, Greg was invited to make a presentation at the Maternal Child Health: Strategies and Implications Conference on Obesity and Diabetes Management professionals in Jackson Hole WY this May. His presentation was entitled, "The importance of physical activity in the battle against obesity."

## Dr. Carol Christensen's Retirement Party

**David Williams**, HuP Judo Instructor and Director of the SJSU Greater San Jose After School All-Stars Judo Program (GSASAS), took 25 children to the Amador Judo Tournament in San Ramon. According to Dave, our athletes did a "fantastic job" leading to an overall 2nd place team finish at the tournament. Seven of Dave's "kids" were tournament champions, with three more finishing 2nd and nine finishing 3rd. Almost all of the athletes representing SJSU placed in the tournament. Dave's group also competed in the Western Regional National Championships (Sensei Memorial) in San Jose. Overall, the team finished third barely being edged out for the second place spot. Candice Silva from GSJASAS was the Outstanding Junior Female of the tournament as she won all six of her matches by ippon.

**Dr. Daniel Weng** presented his Cardio-Tai-chi system at the National Convention of AAHPERD in March in New Orleans. Daniel also presented his system at the 2004 International Traditional Chinese Martial Arts Conference held in Taichung County, Taiwan in April. He will be doing a series of similar presentations this June in Taiwan at the National College of Physical Education and Sports, the National Taiwan College of Physical Education, and the National Tai-chi-chuan Association of Taiwan.

**Dr. Leamor Kahanov** co-authored, "Complications of intramedullary rodding for chronic tibial stress fractures in female athletes: Three case reports" with HuP alum, **Tomoo Yamada**. The article appeared in the April issue of *Research in Sports Medicine*.

Leamor also completed the Napa Marathon in March running 4:45. She said, "I would absolutely do it again!"

On April 17, 2004, we celebrated Dr. Carol Christensen's 24 years of service to San Jose State University, the College of Applied Sciences and Arts, and the Department of Human Performance. Approximately 100 people attended the event to celebrate Carol's contributions and acknowledge her upcoming retirement. Former HuP faculty member, **Lee Walton**, and **Dr. Craig Cisar** served as emcees. A great time was had by all. Dr. Christensen, current Associate Dean for the College of Applied Sciences and Arts, will be staying on in a part-time role to assist in the college office. Enjoy your retirement, Carol!



Dr. Carol Christensen and stick



Leta Walter and Dr. Mary Bowman



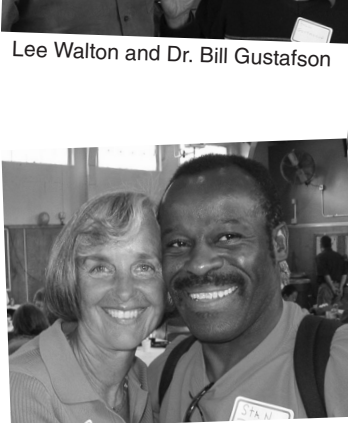
Lee Walton and Dr. Bill Gustafson



Dean Mike Ego presenting Carol's retirement gift



Mary Zimmerman and Dr. Sue Wilkinson



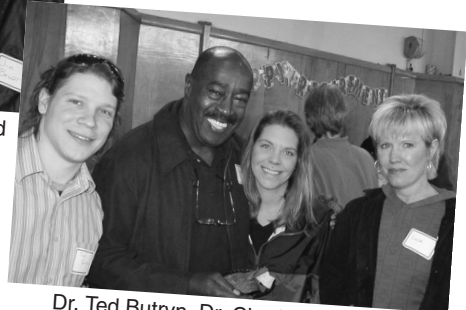
Susan Walton and Dr. Stan Butler



Dr. Gong Chen, Jinny Bryant and Dr. Jim Bryant (l-r)



Dr. Pam Stacks, Dean Mike Ego, and Dr. Bethany Shifflett (l-r)



Dr. Ted Butryn, Dr. Charles Whitcomb, Amy Freitag and Linda Galdieri (l-r)



Dr. Emily Wughalter, Dr. Gail Evans, Lee Walton, Dr. Shirley Reekie, and Dr. Peggy Plato (l-r)



Decorations

continued on page 7.

**Laurel Stender** and **Brianne O'Fallon** were recognized for their selection as this year's Majors of the Year for the Department of Human Performance. A formal recognition and presentation was made to Majors of the Year from many universities across the country at the National AAHPERD Conference held in New Orleans in March.



**Nachelle Steffenson** and **April Alberto** were both acknowledged for being nominees for the Outstanding Student Leadership Award for the SJSU Disability Resource Center. Their acknowledgement came at the Annual Disability Resource Center Awards Ceremony in April.

**Matt Dusa** will be making a presentation at the National Athletic Trainers Association Meeting in Baltimore this June. Matt's presentation is entitled, "perceived effectiveness of headgear use in reducing concussions among collegiate men's rugby union players." Matt's research was co-authored by **Dr. Leamor Kahanov**, **Dr. Sue Wilkinson**, and **Jeff Roberts**.

**Shirla Choy** was named Mountain Pacific Federation "Athlete-of-the-Year." Shirla was the conference champion on the uneven parallel bars and a Dean's Scholar at San Jose State. Congratulations, Shirla!

Congratulations to **Brianne O'Fallon!** In addition to being named one of our two majors of the year for 2003-2004, Brianne received word from Michael Ego, Dean of the College of Applied Sciences and Arts, that she is one of two winners of the College of Applied Sciences and Arts Alumni Association Scholarship for 2004. Brianne was honored at the Dean's Awards Reception on May 3rd in the Barrett Ballroom of the Student Union.



**Aya Felling** and **Lauren Small** will be making presentations at the Far West Athletic Training Symposium in July. Aya's presentation is entitled, "California high school administrators' awareness of athletic trainers' roles and responsibilities." Aya's research was co-authored by **Dr. Leamor Kahanov**, **Dr. Sonja Lilienthal**, and **Shanelle Schlicher**. Lauren's presentation is entitled, "Intestinal rupture in a collegiate soccer player."

## New Athletic Training Students

Congratulations to the following students who have been offered and accepted positions into our undergraduate Athletic Training Education Program:

- Brian Arakaki**
- Cesar Cardenas**
- Lidid Cartacai**
- In Na Cheong**
- Nam Do**
- Desiree Dulay-Turnbull**
- Jessica Ferro**
- Kevin Geiger**
- Rachel Sorris**
- Robert Standley**
- Heather Terbeek**

The Department is excited to welcome these new students and look forward to completion of the program over the next two years.

## HuP Scholarships Awarded

Each year the Department of Human Performance awards three scholarships, the Mary Bowman Fellowship, the Joyce Malone Memorial Scholarship, and the Walt McPherson Scholarship. The scholarships are all named in honor of individuals who have made a significant mark on the department, university, and their profession in various ways.

The Bowman Fellowship is based on GPA, active service to the community, demonstrated commitment to fitness or physical activity, and evidence of character. This year's Mary



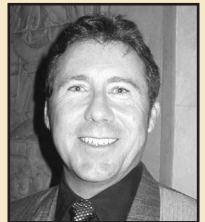
Bowman Fellowship will be presented to HuP graduate student **Amy Chang**. In addition to maintaining an incredibly high GPA (just under 4.0), Amy is an endurance athlete having competed in many marathons and triathlons, including two finishes in the Ironman Canada competition. She participated in the Lance Armstrong Foundation Peleton and the Breast Cancer Awareness Ride to name a few. Amy is a terrific example of one who has made fitness and physical activity a cen-

tral part of her academic and personal life. One of her references proclaimed that she has a "zest for sharing knowledge with others." As an employee of Hewlett Packard, Amy was chosen to participate in their LEAD Program, a leadership program awarded to less than 1% of HP employees. She was the fitness Instructor of the Year for the Goodlife Fitness Clubs in 1997, and has been an exercise instructor since 1993.

This year's Joyce Malone Memorial Scholarship will be presented to **Tracy Harkins**. The Malone Scholarship is based on academic achievement, work with SJSU's Department of Intercollegiate Athletics, and evidence of character as evidenced by dependability, ethical standards, and professional commitment. Tracy has been a diver for the SJSU swimming and diving team for the past four years where she has garnered three individual conference championships as well as zone qualifying scores. She is a two-time scholar athlete, a two time Dean's scholar, and was Co MVP for the swimming and diving team her Freshman year. She has maintained a very high grade point..... let's just say that it's above a 3.5. Her plans

include advanced studies, maybe a graduate degree in an area specializing in "working with older adults, children, or people with special conditions."

The Walt McPherson Scholarship is based on dependability, ethical standards, professional commitment, and of course, academic performance. This year's award will be presented to **James Colvin**. Jim's passion is working as a youth sports coach – something he has done for years. Jim has also been President of an area little league and is the current softball coach for Homestead High School. Ultimately, Jim would like to work in the preparation of youth sports coaches for a group like the Positive Coaching Alliance at Stanford. Jim is also a single father of four kids and a personal fitness trainer who proclaims his commitment to helping others.



The three scholarship presentations were made at the annual HuP Graduation Dinner. The dinner was held on May 27th at the Capitol Club Athletics.

# COMMENCEMENT 2004



Two HuP Grads with PEK President Richard Ponce



Clifford Boey



HuP Grads at Commencement



More HuP Grads at Commencement



Michelle Lee and Sally Elliott



Mitsuru Kudo, Jayme Hatcher, and Scott Landis (l-r)



Michelle Lee and Brad Medina



Brad Medina, Joshua Lacanlale, Vince Bulnes, and Anthony Reyes (l-r)



Audra Baker and Stella Russell



Michelle Lee, Amy Simoni, Michelle Schukraft, and My Nguyen (l-r)



Dr. Craig Cisar



Kathy Bruga, Dr. Peggy Plato, Dr. Shirley Reekie, Dr. Ted Butryn, Dr. Susan Wilkinson, Jeff Roberts, Dr. Jim Kao, Dr. Emily Wughalter, and Dr. Nancy Meginson (l-r)

## Hup Selects Distinguished Alum for 2003-2004

Leta Walter was selected as this year's HuP Distinguished Alumni Award recipient.

Leta completed her undergraduate degree in Physical Education at San Jose State in 1950 prior to an MA from Columbia University the following year. From 1951-55, Leta began her professional career as a faculty member at the University of Texas. She joined the faculty at SJSU in 1955. Leta's career was replete with professional activity as she was an active supporter the most prominent professional associations as a leader, presenter, and role model for young professionals. Examples included serving as President of the Northern California Field Hockey Association as well as a variety of positions in the California Association for Health, Physical Education, Recreation, and Dance. Within the Department of Human Performance, Leta served in important roles like Business Coordinator and Assistant Department Chair. As a coach, Leta built an incredible record of success. Best known for her work in field hockey, she coached the Spartans for many years.



Leta Walter

From 1974 to 1980, Leta's teams won nearly 85 percent of their games, and participated several times in the national tournament. As a result, Leta was inducted into the SJSU Hall of Fame. Despite all the tangible accolades and accomplishments, Leta's greatest contribution may have been the tremendous example she set for those around her. She has clearly had a powerful and positive influence on her students, athletes, and fellow professionals.

As if the Distinguished Alumni Award weren't enough, Leta was also selected to receive this year's Past President's Award of Merit from the California Association for Health, Physical Education, Recreation, and Dance. Leta was recognized at the CAHPERD Annual Conference in Pasadena and a small informal gathering of friends at The Villages organized by Dr. June McCann and Dr. Mary Bowman.



Dr. Bethany Shifflett, Leta, and HuP Major of the Year, Brianne O'Fallon

## Long-time Professor/Coach Yosh Uchida Honored Twice

Mr. Yosh Uchida, legendary Judo Coach at San Jose State, and a professor in the Department of Human Performance, received the prestigious Zatopek Award from the Fifty-Plus Lifelong Fitness Association on March 13th. The award is named after the great Czechoslovakian distance runner who won three Gold Medals at the 1953 Olympics in Helsinki. His feat has never been duplicated. The Zatopek Award is bestowed to individuals who attain memorable and courageous achievements in sports and life, and in so doing, inspire others to live a fit and active lifestyle. Other recipients of this prestigious award include Kathrine Switzer for breaking the barrier for females in the Boston Marathon, famed marathoner, Bill Rogers, decathlete, Bill Toomey, renowned Stanford coaching legend, Payton Jordan, and Emile Zatopek himself. The award

was presented at the annual Awards Dinner at Stanford University.

Yosh was also honored at this year's SJSU graduation ceremony with a rare and prestigious honorary doctorate from San Jose State. According to a recent San Jose Mercury News article, "The man who made Judo a sport," Mr. Uchida was instrumental in making Judo an Olympic sport. Coincidentally, this year's Judo and Tae Kwon Do Olympic trials were held right here at San Jose State in the Event Center on campus. No doubt, that is a function of Yosh's continued influence. Of course, here at home Yosh is best known for his work in making our Judo program one of the best anywhere. SJSU has won 39 of 42 national collegiate championships in Judo under Yosh's supervision. Congratulations to a great and valued colleague and friend of the Department of Human Performance.

**Mary H. Sellnow** (BS '46) is living in Sun City West, Arizona where she is "enjoying life" with her new great granddaughter. Mary noted, "Ardith Frost lives nearby, so we do things together."

**Ramin Naderi** (MA, '02) is the Community Health Representative and Fitness Coordinator for the Indian Health Center of Santa Clara County. In that role, Ramin works with Native Americans to provide physical activity to combat Diabetes.

**Gary Cunningham** (BS '70, MA '76) is in his 34th year of teaching and coaching at Bellarmine Preparatory School in San Jose.

**Chrissie Morris** (BS '02) is living in San Leandro and substitute teaching in San Leandro Unified School District while she is studying to become a certified massage therapist. Chrissie says, "My degree has given me such a solid background to be successful in this profession...."

**Joe Walters** (BS '77) resides in Woodland, Texas and has been a member of the staff of Young Life for 26 years. Young Life is a non-denominational outreach to junior and senior high school students. Joe is currently the Senior Regional Director for Latin America and the Caribbean.

**John Ashworth** (MA, '96) is the creator, founder, and Chief Executive Officer of the Exercise Career.com website for "straightforward and simple job searches" in the health and fitness industry. John is a clinical exercise physiologist residing in Madison, Wisconsin who is also a Certified Strength and Conditioning Specialist (CSCS).

**Vova Ekhilevsky** (BS, '96) is the Director of Athletics at the Capitol Club Athletics in San Jose.

**Dave Peterson** (BS '83) is owner of the California Sports Center on Malone Road in San Jose where Dave says his goal is to "build a better gymnastics program for kids in and around San Jose."

**Diane Sivers** (BS '57) has lived in Mariposa for 11 years after retiring from Chabot College in Hayward. Diane recently entered training in ham radio communications for Madera County's Search and Rescue Team.

**Claudine Simpson** (BS '60, MA '67) is living in Santa Rosa and enjoying cycling, skiing, traveling, and volunteering as a cat groomer at a home for elderly and disabled animals. Claudine says she loves the Sonoma and Napa area!

**Ben Breazeale** (BS '88) resides in Benicia and teaches at Mission San Jose High School in Fremont. Benny is also the activities director for student government and runs the student leadership program in addition to teaching two leadership classes and three physical education classes. Ben says he is also just finishing his first book entitled, *Ignite the Leader Within You, and Watch Your Leadership Abilities Explode*.

**Chrissy Chang** (BS '96) is now teaching 8th grade physical education at Harker School in San Jose.

**Eric Honeycutt** (BS '95) is an estimator for EMC in Fremont.

**Carolyn Lewis** (BS '70) recently retired as Senior Associate Athletic Director for San Jose State's Spartans following thirty-five years at SJSU. But, it hasn't taken long for Carolyn to have found a new niche, she has taken on a new role as member of the Alumni Association's Board of Directors where she will be active in fund raising.

**Carol Greninger** (BS '75) is a founding member of the tap group, Tap Explosion. Carol recently retired from teaching ballet, tap, jazz and Hawaiian dance at her home studio in Three Rivers.

#### Faculty/Staff News (cont. from page 3)

**Dr. Leamor Kahanov, Dr. David Furst, and Dr. Barbara Conry** co-authored an article written by **Cynthia Fields** a former graduate student in our athletic training program. The article, entitled, "A rare bacterial infection in a collegiate athlete: A case report," was published in the *Journal of Athletic Training* in December of 2003.

**Joelle Maletis** started a new professional performing dance troupe called Salsa Rhythms, Inc. The group has been performing at parties and showcases and is gaining considerable acclaim in Northern California. All 22 members are SJSU students or alums and 3 of the 11 partners have won multiple collegiate dance competitions and have placed in the Advanced Salsa Division at SJSU's Ballroom Competition against USC, Cal, Stanford, UCLA, Cal Poly, Hayward, State, and UC - Santa Cruz.

**Bill Patterson** (BS '60) taught high school in East Side Union District for more than 30 years prior to his retirement in 1991. Bill coached swimming, water polo, soccer, wrestling and gymnastics for years, and shifted to teaching CPR and first aid following his retirement. Bill says he still loves handball and triathlons. Bill has moved to Santa Cruz for his retirement, and like a true HuP grad, has been physically active for 65 years. He currently works out almost every day.

**Betsaida Cruz** (BS '02) has been accepted into the Doctor of Physical Therapy Program at the University of Southern California.

**Don Peckham** (BS '51, MA '65) lives in Roseville, CA and retired at West Valley College in 1988 where he taught and coached (gymnastics, diving). Don remains active in cycling, softball, fitness workouts, and some golf at Sun City.

**Dan Kocal** (BS '75) is the chief executive for Kocal Management Group, a homeowners' association management company in Sacramento. Dan continues to enjoy his hobby of open water swimming having swum from Alcatraz to Sacramento in both 2000 and 2001.

**Christina Lopes** (BS '02) is in her third year of the Doctor of Physical Therapy Program at New York University.

**Gillian Hood-Gabrielson** (BS '98) is owner and president of Self Flexible Fitness in Paradise, CA and recipient of the 2003 Fitness by Phone Leader of the Year. Gillian earned a Master's Degree from the United States Sports Academy.

**Jennifer Mar** (BS '03) recently notified us that she had been accepted into physical therapy programs at USF, USC, and Samuel Merritt. Congratulations, Jennifer!

**Wendy Cachupe** (MA '00) is starting her third year of medical school at the Universidad de San Carlos de Guatemala where she says, "I absolutely love it and am grateful for the opportunity to study medicine." Wendy is also involved in a project to develop a gym, sports center, and rehabilitation facility about ten miles outside of Antigua in Guatemala. Wendy says that everything is built, and now they are concentrating on "filling the gym with weights and cardio equipment and build the pool." During her time in Guatemala, Wendy has worked with everyone from children with disabilities to older adults and Olympic athletes.

**Dr. Bethany Shifflett** was a presenter at the Annual Conference of the Western Association of Schools and Colleges (WASC) here in San Jose in April. This year's conference was focused on accreditation, and Bethany has been leading SJSU's accreditation process. Bethany's speech was on, "Campus engagement in the accreditation process."

**Dr. Shirley Reekie** continues in her role as President of the Los Gatos Rowing Club. That group celebrated their 25th anniversary with a gala dinner on May 1st. Dana King of KPIX hosted the event with honored guest Peggy Fleming. The LGRC started with just 12 kids and has grown to over 125 who regularly row at Lexington Reservoir. Outreach programs conducted by the club include the Downtown College Preparatory and Foundry School, Eastfield Ming Quong, and a local cancer survivors group.

## In Memorium

We are very sad to announce the passing of **Mr. Ed Hollauer**. From 2001- 2003, Ed was a student in our Adapted Physical Activity emphasis who, according to his wife, "...strove to obtain knowledge and broaden his perspectives." Mrs. Kozlowski-Hollauer said, Ed was "... so looking forward to completing his studies and working to help people find joy in movement." The HuP APA Club has established the Ed Hollauer APA Memorial Scholarship that will begin this Spring.

**Florence Hamblin** was 71 years-old and passed away in September of 2003. A native of Michigan, Florence had been a teacher of physical education for Palo Alto School District.

**Astrid Geraldine Delbon Laws** (BS '28) died on February 8, 2004 at the age of 98. During her years at SJSU, Ms. Laws served as student body President, and eventually taught classes at this university. Upon her retirement in 1972, she was Director of Women's Physical Education for the Oakland Public Schools. Ms. Laws was known for her athletic ability and pride in competition in an age where many believed that sports were for only for boys and men.

**Bill Spencer** (BS, '69) coached baseball and football at St Francis High in Mountain View and Bellarmine College Preparatory in San Jose. Bill was also an electrician at Cupertino Electric.

Consider helping our nearly 600 major students by making a donation to the HuP Department

Just complete the information on the enclosed envelope, pop in your check, and put it in the mail - EASY.

**Thanks for your continued support of the department!**

## Honors Convocation

On April 16th the university held its annual honors convocation to celebrate those students who have performed exceptionally well academically – the University’s President’s Scholars and Dean’s Scholars. President’s Scholars are those students who have achieved a 4.0 average for two contiguous semesters in the three preceding the honors convocation. Dean’s Scholars are those students who have achieved a 3.65 or higher for two contiguous semesters prior to the convocation. President’s Scholars within HuP included:

**Benjamin D’Antonio**  
**Brianne O’Fallon**  
**Keri Russell**

Hup’s Dean’s Scholars included:

<b>Clifford Boey</b>	<b>Shirla Choy</b>
<b>Brian Codianne</b>	<b>Barbara Conrad</b>
<b>Dulce Garcia</b>	<b>Eitan Gelber</b>
<b>Tracy Harkins</b>	<b>Michelle Lee</b>
<b>Bichun Liu</b>	<b>Anthony Novello</b>
<b>Stephanie Pacucci</b>	<b>Nicole Paskvan</b>
<b>Sabrina Santa Cruz</b>	<b>Sara Seibert</b>
<b>Julia Sjoda`</b>	<b>Heather Terbeek</b>
<b>Andrea Trevino</b>	<b>Lisa Yee</b>

Congratulations to all of HuP’s President’s and Dean’s Scholars. We are very proud of you!!!

## Announcements

### AAHPERD Scholar Visits HuP

The Department of Human Performance is honored to have hosted **Dr. Amelia Lee**, the current AAHPERD Scholar, and a respected expert in kinesiology. Dr. Lee is currently a professor and department chair at Louisiana State University. She was on campus Monday, March 15th, and presented a lecture entitled, “Exploring personal and environmental issues in physical activity behavior.”

The 2004 Inaugural Tai-chi for Fitness International Wushu Championships will be held here at SJSU, August 14 and 15, in Spartan Complex 44A/B. Cardio Tai-chi teams from Taiwan and Brazil have been invited to participate in the event sponsored by the World Cardio Tai-chi Association, the United States Shuai-chiao Association, and the Department of Human Performance Center for

International Human Performance and Sport. For more information: [www.cardiotaichi.org](http://www.cardiotaichi.org) or contact **Dr. Daniel Weng** of the Human Performance faculty.

The Department of Human Performance athletic training programs hosted the 2004 Regional Athletic Trainers Association Meeting April 16th in Engineering 285. Nearly 100 people were in attendance.

The Department of Human Performance would like to extend a big THANK YOU to the **Decathlon Club** for the donation of several treadmills and elliptical exercisers.

The 55th Annual Cal Poly Physical Education Workshop will be held this summer, July 10-18, 2004 in San Luis Obispo on the Cal Poly campus. Participants can earn up to 8 CEUs. For information: [www.peworkshop.com](http://www.peworkshop.com).



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