

BS Nutritional Science: Applied Nutrition and Food Sciences Concentration

SUGGESTED CURRICULUM BUNDLES

*The curriculum bundles are suggestions only.

Nutrition Education

NuFS 114	Community Nutrition	(3)
NuFS 190	Nutrition Education and Counseling	(3)
NuFS 116	Aging and Nutrition	(3)
NuFS 124	Disordered Eating	(3)
NuFS 123	Nutrition for Sport	(3)
NuFS 134	Complementary & Alternative Health	(3)
NuFS 105	Current Issues in Nutrition	(3)
Span 004A	Spanish	(3)
	Major Electives	(5)

Nutrition Science

Chem 132	Biochemistry Lecture	(4)
Chem 132L	Biochemistry Lab	(1)
NuFS 103	Food Processing & Pkg I	(2)
NuFS 103L	Food Processing & Pkg I Lab	(1)
NuFS 108A	Nutrition & Metabolism	(3)
NuFS 109	Advanced Nutrition	(3)
Chem 8	Organic Chemistry	(3)
	Major Electives	(12)

Sports Nutrition

NuFS 123	Sports Nutrition	(3)
NuFS 124	Disordered Eating & Nutrition Therapy	(3)
NuFS 108A	Nutrition & Metabolism	(3)
NuFS 109	Advanced Nutrition	(3)
NuFS 190	Nutrition Education and Counseling	(3)
KIN 155	Physiology of Human Performance	(3)
KIN 162	Fitness Assessment & Exer Prescription	(3)
Chem 132	Biochemistry	(4)
	Major Electives	(4)

Environmental Food & Health Specialist

Biol 30 or Bio 31	Principles of Biology	(4)
Phys 002A	Fundamentals of Physics	(4)
Phys 002B	Fundamentals of Physics	(4)
Math 8	College Algebra and Trigonometry	(3)
Pols 114	Intro Public Administration	(4)
NuFS 20	Sanitation & Environmental Issues	(2)
HS 161	Epidemiology	(3)
NuFS 103	Food Processing & Pkg I	(2)
NuFS 111	Foodservice Production Mgmt	(3)

Food Science

Chem 132	Introductory Biochemistry	(4)
Chem 132L	Introductory Biochemistry Lab	(1)
NuFS 117	Food Evaluation Techniques	(2)
NuFS 118	Food Chemistry	(3)
NuFS 122	Chemical Analysis of Food	(3)
NuFS 150	Food and Nutritional Toxicology	(2)
Phys 002A	Fundamentals of Physics	(4)
Pkg 169	Food Packaging	(3)
Math 70	Finite Math	(3)
Math 71	Calculus for Business	(3)
	Major Electives	(1)