

**ADVISING FORM FOR B.S. NUTRITIONAL SCIENCE
DIETETICS CONCENTRATION
Academy of Nutrition and Dietetics (AND)/Didactic Program in Dietetics (DPD)¹**

Name: _____ ID#: _____ Advisor: _____
 Street Address: _____ Phone: _____
 City, State, Zip: _____ Email: _____

CORE SUPPORT COURSE (32 UNITS)

Subject Area/Catalog #	Units	Course Title	GE Areas ²	Semester Offered	Sem/Yr or Grade
Biol 66	5	Physiology	B2 + B3	S	_____
Chem 1A	5	General Chemistry	B1 + B3	F,S	_____
Chem 30B	3	Organic Chemistry		S	_____
Chem 132	4	Biochemistry		F	_____
Chem 132L	1	Biochemistry Lab		S	_____
PH or NUFS 100W	3	Writing Workshop	Z	F,S	_____
Micr 20	5	Gen. Bacteriology	B2 + B3	F,S	_____
Psyc 1	3	Psychology	D1	F,S	_____
Stat 95 or HS 67	3	Statistics	B4	F,S	_____

CORE MAJOR COURSES (32 UNITS)

NuFS 8	3	Nutrition Health Prof		F,S	_____
NuFS 20	2	Sanitation & Envir Issues		F,S	_____
NuFS 31	1	Professionalism NuFS		F,S	_____
NuFS 101A	4	Food Science		F,S	_____
NuFS 103	2	Food Process & Pkg I		F,S	_____
NuFS 106A	3	Human Nutr Life Span		F,S	_____
NuFS 106B	3	Research Method Nutr		F,S	_____
NuFS 111	3	Foodservice Prod'n Mgmt		F,S	_____
PH 135	3	Health Multicultural Soc	S	F,S	_____
NuFS 192	2	Field Experience		F,S	_____
Pkg 107	3	Principles of Pkg		F	_____

COMPLETE ONE COURSE FROM:

NuFS 139	3	Hunger & Environ Nutrition	R	F,S	_____
NuFS 144	3	Food and Culture	V	F,S	_____

CONCENTRATION COURSES (24 UNITS)

NuFS 108A	3	Nutrition & Metabolism		S	_____
NuFS 109	3	Advanced Nutrition		F	_____
NuFS 110A	3	Medical Nutrition Therapy		F	_____
NuFS 110B	3	Medical Nutrition Therapy		S	_____
NuFS 113	3	Foodservice Sys: Mgmt & Proc		F,S	_____
NuFS 114A	3	Community Nutrition		F,S	_____
NuFS 190	3	Nutrition Education & Counseling		F,S	_____

Complete Three Units from (or by Advisement):

NuFS 21	3	Culinary Principles & Practice		F,S	_____
NuFS 103L	1	Food Proc & Pkg lab		F,S	_____
NuFS 104A	3	Cultural Aspects of Food		S	_____
NuFS 105	3	Current Issues in Nutr		F,S	_____
NuFS 116	3	Aging and Nutr		F,S	_____
NuFS 123	3	Nutr for Sport		F	_____
NuFS 124	3	Disordered Eating & Nutr Therapy		S	_____
NuFS 134	3	Comp Alt Health		S	_____
NuFS 180	1-2	Independent Study		F,S	_____
NuFS 194	1	Entrep Nutr		Alt F	_____
Span 001A	4	Basic Spanish		F,S	_____

Or by Advisement _____

¹Accreditation by the Council for Education in Nutrition and Dietetics (ACEND). Registered Dietitian (RD) status requires completion of Dietetic Internship (DI) beyond degree (see DI brochure for Internal DI; external DI information on AND website).

²Courses fulfill requirements for General Education (GE) Areas as specified.

This major requires an International Experience, please consult your major advisor regarding course requirement.

**SUGGESTED 4-YEAR PLAN FOR B.S. NUTRITIONAL SCIENCE
DIETETICS CONCENTRATION; DIDACTIC PROGRAM IN DIETETICS (DPD)
ACADEMY OF NUTRITION AND DIETETICS (AND)¹**

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums).

Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester – Year 1

<u>Course or Requirement</u>	<u>Units</u>
Chem 1A General Chem – B1+ B3	5
Eng 1A First Year Writing – A2	3
Oral Comm – A1	3
NuFS 10 Basic Life Skills (Area E)	3
NuFS 31 Profession in NuFS/Pkg	1
Physical Education	<u>1</u>
	16

Spring Semester – Year 1

<u>Course or Requirement</u>	<u>Units</u>
NuFS 8 Nutr. For Hlth Profession	3
Chem 30B Intro Chem	3
Stat 95 or HS 67 Statistic (B4)	3
Critical Thinking & Writing (A3)	3
Physical Education	1
Nufs 20 Sanitation & Environmental Issues	<u>2</u>
	15

Fall Semester – Year 2

<u>Course or Requirement</u>	<u>Units</u>
General Education (Area C1)	3
Psyc 1 Gen Psychology (D1)	3
General Education (C1 or C2)	3
Amer Inst + GE: D2 (Hist 15A, AFAM 2A AAS 33A, MAS 10A)	3
General Education (C2)	<u>3</u>
*** (Register to take WST) ***	15

Spring Semester – Year 2

<u>Course or Requirement</u>	<u>Units</u>
Concentration Course	3
Biol 66 ³ Physiology (B2+B3)	5
Micr 20 Gen. Bacteriology (B2/B3)	5
Amer Inst + GE: D3 (Hist 15A, AFAM 2A AAS 33A, MAS 10A)	<u>3</u>
	16

Fall Semester – Year 3

<u>Course or Requirement</u>	<u>Units</u>
NuFS 101A Food Science	4
NuFS 106A ⁵ Human Nutr Life Span	3
Chem 132 Biochem	4
PH/NUFS 100W Writing Workshop (Z)	3
NuFS 103 Food Processing	<u>2</u>
	16

Spring Semester – Year 3

<u>Course or Requirement</u>	<u>Units</u>
General Education: SJSU Studies (R or V)	3
NuFS 108A Nutr Metabolism	3
NuFS 111 Foodserv Prod Mgmt	3
Chem 132L Biochem Lab	1
PH 135 ⁴ Hlth Issues Mlti Ctrtl Soc (S)	3
Pkg 107 Principles of Pkg	<u>3</u>
	16

Fall Semester – Year 4

<u>Course or Requirement</u>	<u>Units</u>
NuFS 106B Research Methodology	3
NuFS 109 Advanced Nutr	3
NuFS 110A Medical Nutr Therapy	3
NuFS 113 Fdserv Sys: Mgmt & Proc	<u>3</u>
	12

Spring Semester – Year 4

<u>Course or Requirement</u>	<u>Units</u>
NuFS 190 Nutrition Ed & Counseling	3
NuFS 114A Community Nutr	3
NuFS 110B Medical Nutr Therapy	3
NuFS 144 ⁴ Food Culture (V) or	3
NuFS 139 Hunger&Environmental Nutrition(R)	3
NuFS 192 Field Experience	<u>2</u>
	14

Notes:

¹ Accreditation by the Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics.

² Stat 95 meets General Education Mathematical Concepts requirement B-4.

³ Biol 65 is a recommended prerequisite for Biol 66, but is not required in the major.

⁴ PH 135 and NuFS 144 meet 6 units of SJSU Studies requirements; can be double counted in the major and for SJSU Studies Areas S & V; requires Eng 1A, 1B, passage of WST

⁵ NuFS 106A requires passage of WST Exam and co-enrollment or completion of PH/NUFS 100W, NuFS 31.

⁶ **This major requires an International Experience, please consult your major advisor regarding course requirement.**