

**ADVISING FORM FOR B.S. NUTRITIONAL SCIENCE  
FOOD MANAGEMENT CONCENTRATION**

Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Advisor: \_\_\_\_\_  
Street Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Email: \_\_\_\_\_

**CORE SUPPORT COURSE (25 UNITS)**

| Subject Area/Catalog #        | Units | Course Title       | GE Areas <sup>1</sup> | Semester Offered | Sem/Yr or Grade |
|-------------------------------|-------|--------------------|-----------------------|------------------|-----------------|
| Biol 66                       | 5     | Physiology         | B2 + B3               | S                | _____           |
| Chem 30A                      | 3     | Intro to Chemistry | B1 + B3               | F,S              | _____           |
| Chem 30B                      | 3     | Organic Chemistry  |                       | S                | _____           |
| PH or NUFS 100W               | 3     | Writing Workshop   | Z                     | F,S              | _____           |
| Micr 20                       | 5     | Gen. Bacteriology  | B2 + B3               | F,S              | _____           |
| Psyc 1 <sup>3</sup>           | 3     | Psychology         | D1                    | F,S              | _____           |
| Stat 95 <sup>4</sup> or HS 67 | 3     | Statistics         | B4                    | F,S              | _____           |

**CORE MAJOR COURSES (32 UNITS)**

|                        |   |                           |   |     |       |
|------------------------|---|---------------------------|---|-----|-------|
| NuFS 8                 | 3 | Nutrition Health Prof     |   | F,S | _____ |
| NuFS 20                | 2 | Sanitation & Envir Issues |   | F,S | _____ |
| NuFS 31                | 1 | Professionalism NuFS      |   | F,S | _____ |
| NuFS 101A              | 4 | Food Science              |   | F,S | _____ |
| NuFS 103               | 2 | Food Process & Pkg I      |   | F,S | _____ |
| NuFS 106A <sup>5</sup> | 3 | Human Nutr Life Span      |   | F,S | _____ |
| NuFS 106B              | 3 | Research Method Nutr      |   | F,S | _____ |
| NuFS 111               | 3 | Foodservice Prod'n Mgmt   |   | F,S | _____ |
| HPrf 135               | 3 | Health Multicultural Soc  | S | F,S | _____ |
| NuFS 192               | 2 | Field Experience          |   | F,S | _____ |
| Pkg 107                | 3 | Principles of Pkg         |   | F   | _____ |

**COMPLETE ONE COURSE FROM:**

|          |   |                                  |   |     |       |
|----------|---|----------------------------------|---|-----|-------|
| NuFS 139 | 3 | Hunger & Environ Nutrition       | R | F,S | _____ |
| Nufs 144 | 3 | Food Culture: Consuming Passions | V | F,S | _____ |

**CONCENTRATION COURSES (26 UNITS)**

|              |   |                                |  |     |       |
|--------------|---|--------------------------------|--|-----|-------|
| NuFS 21      | 3 | Culinary Principles & Practice |  | F,S | _____ |
| NuFS 22      | 2 | Catering and Beverage Mgmt     |  | F   | _____ |
| NuFS 25      | 2 | Internship in Foodservice Mgmt |  | F,S | _____ |
| NuFS 104A    | 3 | Cultural Aspects of Food       |  | S   | _____ |
| NuFS 113     | 3 | Foodservice Sys: Mgmt & Proc   |  | F,S | _____ |
| Econ 1A or B | 4 | Principles of Economics        |  | F,S | _____ |
| Bus 20N      | 3 | Survey of Accounting           |  | F,S | _____ |
| Bus 150      | 3 | Fund. of Human Resource Mgmt   |  | F,S | _____ |
| Bus 151      | 3 | Labor Relations                |  | F,S | _____ |

**MAJOR ELECTIVES**

**(SELECT 5 UNITS)**

|                  |       |                             |  |       |       |
|------------------|-------|-----------------------------|--|-------|-------|
| NuFS 103L        | 1     | Food Proc & Pkg lab         |  | F,S   | _____ |
| NuFS 105         | 3     | Current Issues in Nutr      |  | F,S   | _____ |
| NuFS 116         | 3     | Aging and Nutr              |  | F,S   | _____ |
| NuFS 194         | 1     | Entrep Nutr                 |  | Alt F | _____ |
| BUS4 091L        | 1     | Computer Tools for Business |  | F,S   | _____ |
| Pkg 169          | 3     | Food Packaging              |  | S     | _____ |
| Span 001A        | 4     | Basic Spanish               |  | F,S   | _____ |
| Or by Advisement | _____ | _____                       |  | _____ | _____ |

<sup>1</sup>Courses fulfill requirements for General Education (GE) Areas as specified.

<sup>2</sup>A minor in Business is recommended. Students may select two courses from the following: BUS80, BUS130, BUS135A, BUS140, BUS166, BUS 197 or by advisement

## ADVISING FORM FOR B.S. NUTRITIONAL SCIENCE FOOD MANAGEMENT CONCENTRATION

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums).  
Students must have 60+ units in order to take SJSU Studies courses.

### Fall Semester – Year 1

| <u>Course or Requirement</u>   | <u>Units</u> |
|--------------------------------|--------------|
| Chem 30A Intro to Chem - B1/B3 | 3            |
| Eng 1A First Year Writing - A2 | 3            |
| Oral Comm - A1                 | 3            |
| General Education (Area E)     | 3            |
| NuFS 31 Profess in NuFS/Pkg    | 1            |
| Physical Education             | <u>1</u>     |
|                                | 14           |

### Spring Semester – Year 1

| <u>Course or Requirement</u>      | <u>Units</u> |
|-----------------------------------|--------------|
| Chem 30B Intro Chem               | 3            |
| NuFS 20 Sanitation & Envir Issues | 2            |
| NuFS 8 Nutr. For Hlth Profession  | 3            |
| Critical Thinking & Writing (A3)  | 3            |
| Stat 95 or HS 67 Statistic (B4)   | 3            |
| Physical Education                | <u>1</u>     |
|                                   | 15           |

### Fall Semester – Year 2

| <u>Course or Requirement</u>          | <u>Units</u> |
|---------------------------------------|--------------|
| Micr 20 Gen. Bacteriology (B2+B3)     | 5            |
| General Education (C1)                | 3            |
| Psyc 1 Gen Psychology (D1)            | 3            |
| General Education (C1 or C2)          | 3            |
| Major Elective                        | <u>2</u>     |
| *** <b>(Register to take WST)</b> *** | 16           |

### Spring Semester – Year 2

| <u>Course or Requirement</u>     | <u>Units</u> |
|----------------------------------|--------------|
| Biol 66 Physiology (B2+B3)       | 5            |
| Econ 1A or 1B Principle of Econ  | 4            |
| NuFS 21 Culinary Prin & Practice | 3            |
| General Education (C2)           | <u>3</u>     |
|                                  | 15           |

### Fall Semester – Year 3

| <u>Course or Requirement</u>                               | <u>Units</u> |
|--|--------------|
| NuFS 101A Food Science                                     | 4            |
| NuFS 106A <sup>1</sup> Human Nutr Life Span                | 3            |
| Amer Inst + GE: D2 (Hist 15A, AFAM 2A<br>AAS 33A, MAS 10A) | 3            |
| PH/NUFS 100W Writing Workshop                              | 3            |
| Pkg 107 Packaging  | <u>3</u>     |
|  | 16           |

### Spring Semester – Year 3

| <u>Course or Requirement</u>                               | <u>Units</u> |
|--|--------------|
| NuFS 103 Food Processing & Pkg I                           | 2            |
| NuFS 104A Cult. Aspects of Food                            | 3            |
| Amer Inst + GE: D3 (Hist 15A, AFAM 2A<br>AAS 33A, MAS 10A) | 3            |
| NuFS 111 Foodserv Prod Mgmt                                | 3            |
| Bus 150 Fund. Of HR Mgmt                                   | <u>3</u>     |
|  | 14           |

### Fall Semester – Year 4

| <u>Course or Requirement</u>   | <u>Units</u> |
|--|--------------|
| NuFS 25 Internship in Fdsvc Mgmt   | 2            |
| NuFS 139 <sup>2</sup> Hunger & Env. Nutr (R) or<br>NuFS 144 Food Culture (V) | 3            |
| Bus 20N Survey of Acctg  | 3            |
| Bus 151 Union Mgmt Relations   | 3            |
| HPrf 135 Health Iss in Mlte Soc (S)  | 3            |
| NuFS 22 Catering & Beverage Mgmt   | <u>2</u>     |
|  | 16           |

### Spring Semester – Year 4

| <u>Course or Requirement</u>     | <u>Units</u> |
|----------------------------------|--------------|
| NuFS 106B Research Methodology   | 3            |
| NuFS 113 Fdserv Sys: Mgmt & Proc | 3            |
| NuFS 192 Field Experience        | 2            |
| GE. SJSU Studies (R or V)        | 3            |
| Major Elective                   | <u>3</u>     |
|                                  | 14           |

Notes:

<sup>1</sup>NuFS 106A requires passage of WST and co requisite or pre-requisite PH/NUFS 100W, NuFS 31.

<sup>2</sup>NuFS 139 requires passage of WST; co-requisite PH/NUFS 100W; meets Advanced GE Area R, Earth and Environment and NuFS 144 meets Advanced GE Area V, Culture, Civilization, and Global Understanding.