

**ADVISING FORM FOR B.S. NUTRITIONAL SCIENCE
 FOOD MANAGEMENT CONCENTRATION**

Name: _____ ID#: _____ Advisor: _____
 Street Address: _____ Phone: _____
 City, State, Zip: _____ Email: _____

CORE SUPPORT COURSE (25 UNITS)

Subject Area/Catalog #	Units	Course Title	GE Areas ¹	Semester Offered	Sem/Yr or Grade
Biol 66	5	Physiology	B2 + B3	S	_____
Chem 30A	3	Intro to Chemistry	B1 + B3	F,S	_____
Chem 30B	3	Organic Chemistry		S	_____
PH or NUFS 100W	3	Writing Workshop	Z	F,S	_____
Micr 20	5	Gen. Bacteriology	B2 + B3	F,S	_____
Psyc 1 ³	3	Psychology	D1	F,S	_____
Stat 95 ⁴ or HS 67	3	Statistics	B4	F,S	_____

CORE MAJOR COURSES (32 UNITS)

NuFS 8	3	Nutrition Health Prof		F,S	_____
NuFS 20	2	Sanitation & Envir Issues		F,S	_____
NuFS 31	1	Professionalism NuFS		F,S	_____
NuFS 101A	4	Food Science		F,S	_____
NuFS 103	2	Food Process & Pkg I		F,S	_____
NuFS 106A ⁵	3	Human Nutr Life Span		F,S	_____
NuFS 106B	3	Research Method Nutr		F,S	_____
NuFS 111	3	Foodservice Prod'n Mgmt		F,S	_____
PH 135	3	Health Multicultural Soc	S	F,S	_____
NuFS 192	2	Field Experience		F,S	_____
Pkg 107	3	Principles of Pkg		F	_____
<u>COMPLETE ONE COURSE FROM:</u>					
NuFS 139	3	Hunger & Environ Nutrition	R	F,S	_____
Nufs 144	3	Food Culture: Consuming Passions	V	F,S	_____

CONCENTRATION COURSES (22 UNITS)

NuFS 21	3	Culinary Principles & Practice		F,S	_____
NuFS 22	2	Catering and Beverage Mgmt		F	_____
NuFS 25	2	Internship in Foodservice Mgmt		F,S	_____
NuFS 104A	3	Cultural Aspects of Food		S	_____
NuFS 113	3	Foodservice Sys: Mgmt & Proc		F,S	_____
NuFS 114A	3	Community Nutrition		F,S	_____
NuFS 190	3	Nutrition Education		F,S	_____
Bus 20N	3	Survey of Accounting		F,S	_____

MAJOR ELECTIVES

(SELECT 9 UNITS)

NuFS 10	3	Basic Life Skills	E	F,S	_____
NuFS 103L	1	Food Proc & Pkg lab		F,S	_____
NuFS 105	3	Current Issues in Nutr		F,S	_____
NuFS 116	3	Aging and Nutr		F,S	_____
NuFS 194	1	Entrep Nutr		Alt F	_____
Pkg 169	3	Food Packaging		S	_____
Span 001A	4	Basic Spanish		F,S	_____
Or by Advisement					_____

¹Courses fulfill requirements for General Education (GE) Areas as specified.

²A minor in Business is recommended. Students may select courses from the following: BUS80, BUS130, BUS135A, BUS140, BUS166, BUS 197 or by advisement

This major requires an International Experience, please consult your major advisor regarding course requirement.

ADVISING FORM FOR B.S. NUTRITIONAL SCIENCE FOOD MANAGEMENT CONCENTRATION

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums).

Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester – Year 1

<u>Course or Requirement</u>	<u>Units</u>
Chem 30A Intro to Chem - B1/B3	3
Eng 1A First Year Writing - A2	3
Oral Comm - A1	3
NuFS 10 Basic Life Skills (Area E)	3
NuFS 31 Profess in NuFS/Pkg	1
Physical Education	1
	<u>14</u>

Spring Semester – Year 1

<u>Course or Requirement</u>	<u>Units</u>
Chem 30B Intro Chem	3
NuFS 21 Culinary Prin & Practice	3
NuFS 8 Nutr. For Hlth Profession	3
Critical Thinking & Writing (A3)	3
Stat 95 or HS 67 Statistic (B4)	3
Physical Education	1
	<u>16</u>

Fall Semester – Year 2

<u>Course or Requirement</u>	<u>Units</u>
Micr 20 Gen. Bacteriology (B2+B3)	5
General Education (C1)	3
Psyc 1 Gen Psychology (D1)	3
General Education (C1 or C2)	3
NuFS 22 Catering & Beverage Management	2
*** (Register to take WST)***	1
	<u>16</u>

Spring Semester – Year 2

<u>Course or Requirement</u>	<u>Units</u>
Biol 66 Physiology (B2+B3)	5
Major Elective	4
NuFS 20 Sanitation & Envir Issues	2
General Education (C2)	3
	<u>14</u>

Fall Semester – Year 3

<u>Course or Requirement</u>	<u>Units</u>
NuFS 101A Food Science	4
NuFS 106A ¹ Human Nutr Life Span	3
Amer Inst + GE: D2 (Hist 15A, AFAM 2A)	3
AAS 33A, MAS 10A)	3
PH/NUFS 100W Writing Workshop	3
Pkg 107 Packaging	3
	<u>16</u>

Spring Semester – Year 3

<u>Course or Requirement</u>	<u>Units</u>
NuFS 103 Food Processing & Pkg I	2
NuFS 104A Cult. Aspects of Food	3
Amer Inst + GE: D3 (Hist 15A, AFAM 2A)	3
AAS 33A, MAS 10A)	3
NuFS 111 Foodserv Prod Mgmt	3
Major Elective	3
	<u>14</u>

Fall Semester – Year 4

<u>Course or Requirement</u>	<u>Units</u>
NuFS 25 Internship in Fdsvc Mgmt	2
NuFS 139 ² Hunger & Env. Nutr (R) or	3
NuFS 144 Food Culture (V)	3
Bus 20N Survey of Acctg	3
NuFS 114A Community Nutrition	3
PH 135 Health Iss in Mltc Soc (S)	3
Major Elective	2
	<u>16</u>

Spring Semester – Year 4

<u>Course or Requirement</u>	<u>Units</u>
NuFS 106B Research Methodology	3
NuFS 113 Fdserv Sys: Mgmt & Proc	3
NuFS 192 Field Experience	2
GE. SJSU Studies (R or V)	3
NuFS 190 Nutrition Education	3
	<u>14</u>

Notes:

¹NuFS 106A requires passage of WST and co requisite or pre-requisite PH/NUFS 100W, NuFS 31.

²NuFS 139 requires passage of WST; co-requisite PH/NUFS 100W; meets Advanced GE Area R, Earth and Environment and NuFS 144 meets Advanced GE Area V, Culture, Civilization, and Global Understanding.

³This major requires an International Experience, please consult your major advisor regarding course requirement.