

# NUTRITION FOOD SCIENCE PACKAGING

## TRI-FOCUS



SAN JOSÉ STATE  
UNIVERSITY

### DEPARTMENT OF NUTRITION, FOOD SCIENCE & PACKAGING

#### HELLO ALUMNI AND FRIENDS!

We have had another eventful year with lots of exciting changes and developments. At the university, level in addition to our new President Dr. Mo Qayoume arriving last July 2011, we have a new Provost Dr. Ellen Junn who came in January. Dr. Junn was previously the Assistant Provost at Fresno State University. In addition, a new athletic director has been hired. Gene Bleymaier was previously the athletic director at Boise State University and will help us to transition from the Western Athletic Conference to the Mountain West Conference in 2013.



At the department level we are happy to welcome our new faculty member this year, Dr. Kasuen Mauldin. She teaches the nutrition laboratory sections as well as other courses and replaced Dr. Nancy Lu who retired in December 2010. Dr. Mauldin has had a very successful year in teaching and has already received two grants and has given several presentations to professional meetings.

Even though funding from the state is grim for the coming year with a \$33 million shortfall, and the requirement to cancel several course sections for Fall and Spring semesters, we still have a lot to be thankful for. Our students were accepted for numerous dietetic internships this year, both external and internal. External dietetic internship placements included: Anchorage, Alaska; Cal Poly, San Luis Obispo; Fresno State University; University of Nevada, Reno; two at University of Michigan; and one at Dominican University located near Chicago. Several research studies were approved for poster session presentations at both state and national meetings. In addition, Packaging has developed a program to serve the packaging industry (i.e., shelf life studies) which also provides valuable laboratory learning experiences for packaging students.



We have also been watching the building of the new Student Union right across from our Central Classroom Building (CCB). The frames of the building are up now and completion is projected

for 2013 (no general funds are being used). You will all have to come to campus to visit the new Student Union when it is completed!

We are especially thankful to our Circle of Friends who is celebrating their 20<sup>th</sup> year of enhancing the excellence of the department with their contributions to our students' educational experiences and to our student scholarships.

As always we wish to thank everyone who contributed to this Alumni Newsletter including our editor Caroline Fee, as well as writers Amy Norrish, Rida Wali, and Fatemeh Tabib.

Best wishes for a tremendously successful and healthy year!

*Lucy McProud*

Lucy McProud, PhD, RD  
Department Chairperson  
Nutrition, Food Science & Packaging

#### PHYLLIS FORWARD SIMPKINS BA HOME ECONOMICS 1946

*In recognition of Phyllis Simpkins' extraordinary life of giving, this year's newsletter is dedicated to Phyllis.*

Phyllis Simpkins began her involvement with the department 20 years ago and was instrumental in the creation and support of the Department's "Circle of Friends," a coalition of alumni, faculty, students, and friends whose mission is to raise private funds to enhance the department's dedication to excellence.



Whenever specific needs of the department arose, Phyllis was excited to "get the ball rolling" by giving a lead major gift and helping raise the additional funds needed!

Continued on page 4

## FACULTY ACCOMPLISHMENTS: JUST A “FEW” HIGHLIGHTS

### Accomplished Authors



**Izzie Brown** published the Boat-house Row Cookbook: Dig in. Be inspired. Eat up. and help Fred along the way (2011).

**Dr. Kasuen Mauldin** authored a chapter titled Nutrition alterations and Management in the textbook: *Critical Care Nursing: Diagnosis and Management* (7<sup>th</sup> ed.).

### Publications

**Dr. McProud, Ashwini Wagle** and their advisees published a peer reviewed article on the effects of food labeling on customer purchases in hospital cafeterias in the *Journal of Foodservice Business Research*.



**Dr. Marjorie Freedman** published three peer reviewed articles in journals of *Advances in Nutrition, Nutrition Education and Behavior,* and *Nutrition Research*. Topics included: the role of processed food in achieving the dietary guidelines

nutrient recommendations and designing a tool to identify older adults in need of increased fruit and vegetable intake.

**Ashwini Wagle and Dr. Kathryn Sucher** and their advisees published an article on point of selection nutrition information and meal choices at restaurants in the *Journal of Foodservice Business Research*.

**Dr. Fritz Yambrach** published two articles in *Packaging World* on package machinability and sustainability in packaging. He also published an article in *Photon das Solarstorm Magazine*.

### Research Presentations

**Dr. Marjorie Freedman** and her advisees presented one poster at the California Child Obesity Conference, two posters at the California Dietetic Association (CDA) meeting, and two posters at the Academy of Nutrition and Dietetics (AND) meeting,

**Dr. Kasuen Mauldin** and her advisees presented two posters at the California State University Program for Education and Research in Biotechnology Symposium and one poster at the CDA meeting.

**Dr. Lucy McProud** and her advisees presented one poster at the CDA meeting and one poster at AND.

**Dr. Kathryn Sucher** and her advisees presented two posters at the CDA meeting and one poster at AND.

**Ashwini Wagle** and her advisees presented three posters at the CDA meeting and five posters at AND.



### Savvy Speakers

**Dr. Kasuen Mauldin** was invited to give 8 presentations including: 1 presentation to international students from Japan and 1 presentation at the annual AND's Dietetic Educators and Practitioners meeting.

**Dr. Marjorie Freedman** was invited to speak at 8 professional events including: the Santa Clara County Public Health Leadership meeting and the Network for a Healthier California meeting in San Jose.



**Dr. Fritz Yambrach** spoke on “Packaging and Solid waste” during a panel discussion on KQED..

### Grand Grantees

**Dr. Marjorie Freedman** received a grant for \$90,000 from Communities Putting Prevention to Work, Santa Clara County Public Health Department.

**Dr. Lucy McProud and Ashwini Wagle** received a grant for \$148,121 from the CA State Dept. of Edu. for Cal Pro Net Center to provide training for child nutrition personnel and school foodservice directors.

**Dr. Kasuen Mauldin** has received 8 grants totaling \$291,018, including a grant from the Almond Board of California (\$224,663).

### Professional Awards

**Ashwini Wagle** was recognized as the full time “Outstanding Professor of the Year” 2011-2012 by the Nutrition and Food Science Club.

**Caroline Fee** was recognized as the part time” Outstanding Professor of the Year” 2011-2012 by the Nutrition and Food Science Club.



**Dr. Marjorie Freedman** was the recipient of the Outstanding Student Organization, CEED Award. She was also awarded the Cesar Chavez Award in Higher Education by the California Teacher's Association.

## COLLEGE OF APPLIED SCIENCES AND ARTS (CASA) “SALUTE TO THE STARS”

by Rida Wali

The annual CASA Dean’s Awards Reception was held on May 7<sup>th</sup>, 2012. The “Around the World” theme was a perfect reflection of the diversity of the students and faculty at San José State University (SJSU).



Marjorie Freedman

The Department of Nutrition, Food Science and Packaging was recognized for its contribution to the SJSU community with two awards. Dr. Marjorie Freedman and her group of over 25 students received the Committee to Enhance Equity and Diversity (CEED) “Outstanding Student Organization” Award for their work with The Most Holy Trinity (MHT) Church. In the past year, the MHT project provided health and nutrition education and resources to over 7000 low-income families in the San José area. It also enabled SJSU students gain a better understanding of social determinants of health

while providing valuable services to underserved communities.

Also at the event, Ms. Sandra

K. Queen received our Department’s Distinguished Alumni Award. Sandy earned her MS in Nutrition/Food Science in 1998 and has been an active member of the San José community since then. She served as the Coordinator of Cal-Pro-Net for 7 years, taught courses in the Department, and continues to volunteer at the San José Family Shelter. (Please see article below) Sandy retired last year, and we all miss seeing her!



### DISTINGUISHED ALUMNA OF THE YEAR

### SANDY K. QUEEN, MS, 1998

#### “QUEEN OF HEARTS”

Sandy Queen is an extraordinary alumna who has given so much to so many.

After earning her master’s degree, she worked as a Food Service Administrator in the San Jose Unified School District, where she directed operations in 13 secondary schools and also provided nutrition education to the students.

In 2001, she returned to SJSU to serve as the Coordinator for the California Professional Nutrition Education Training Center (Cal- Pro-Net). The Center’s food service personnel working in California managing courses and workshops, both on design, preparation, and presentation of train- as Coordinator, the Center received over partment of Education. Additionally, Sandy Experimental Foods, Human Nutrition, and Nutrition, Food Science and Packaging.

Sandy has also given so much to for the San Jose Family Shelter

continues her work as a volunteer for Rebuilding Together Silicon Valley. Every summer,

Sandy serves as a Guatemala Mission Volunteer Team member doing nutritional counseling. In addition, she volunteers for the Good Samaritan Hospital’s “No

One Dies Alone” Program and recently completed volunteer training for Hospice of the Valley.

The Department of Nutrition, Food Science and Packaging is so proud to recognize

Sandy Queen or more aptly put, Sandy Queen, “Queen of Hearts.”



mission is to provide education and training to Public Schools. Her responsibilities included campus and online. She was also involved in the ing materials. During Sandy’s seven year tenure \$725,000 in grants from the California State De- served as a Lecturer teaching courses including Entrepreneurial Nutrition for the Department of

the community. She has been a volunteer doing nutritional counseling and also

## NEW FACULTY! DR. KASUEN MAULDIN, R.D.

by Amy Norrish



We would like to extend a warm welcome to our newest faculty member Dr. Kasuen Mauldin. Dr. Mauldin has diverse educational experiences. Her first degree was from the Southern Methodist University where she graduated *magna cum laude* with degrees in Anthropology and

Chemistry. Dr. Mauldin then attended the University of California, Berkeley where she received her PhD in Molecular and Biochemical Nutrition. She then completed a clinical nutrition dietetic internship at the University of California, San Francisco Medical Center and passed her registry exam to become a Registered Dietitian.

Dr. Mauldin teaches several Nutrition Laboratory sections, Advanced Nutrition, and Advanced Metabolism here at San Jose State University. She also teaches Advanced Clinical Interpretation of Laboratory Values to UCSF Medical Center Dietetic Interns and is an adjunct faculty member of the Division of Gastroenterology, Hepatology, and Nutrition at UCSF. Dr. Mauldin currently advises four M.S. Candidates and one Undergraduate Scholar. Her enthusiastic and professional teaching style make taking her classes a positive and meaningful educational experience.

Dr. Mauldin's research interests include understanding the metabolic mechanisms involved in the development of obesity and the metabolic syndrome. Her research background is in lipoprotein metabolism and specifically apolipoprotein structure-function analysis. Her current research focuses on dietary interventions and how they affect pregnant overweight/obese Asian women and their offspring. Dr. Mauldin is working in collaboration with Dr. Janet King of the Children's Hospital Research Institute to further investigate optimal dietary interventions to improve maternal metabolism during pregnancy. Dr. Mauldin had previously published nine peer-reviewed articles and has had seven abstracts and poster presentations.

On a personal note, Dr. Mauldin enjoys arts, crafts, scrapbooking, and baking. She also is a skilled seamstress and sews her own Halloween costumes every year. An interesting fact about Dr. Mauldin is that she has an identical twin who also lives in the Bay Area.

We are lucky to have such a committed and enthusiastic teacher, colleague, and advisor here at SJSU and are thankful she has joined our department.

"Phyllis Simpkins" continued from page 1

Among the major projects accomplished by her generosity and caring were the:

- Creation of a Nutrition and Metabolism Laboratory,
- Creation of a Student Learning Center
- Renovation of the Food Preparation Modular Kitchen Laboratory
- Renovation of the Food Science Pilot Plant Laboratory

Phyllis was not only a "guardian angel" for our Department, but she also touched the lives of so many with her support of SJSU athletics, band, marine science, kinesiology, music and dance, and international programs.

Her energy was boundless and infectious. Phyllis not only gave financial support to her many philanthropic projects, but also did fundraising and was totally involved with the planning and execution. In fact, there are three buildings on campus that Phyllis was instrumental in founding: the Simpkins Stadium Center, the Phyllis F. Simpkins International House, and the Alan B. Simpkins Intercollegiate Athletic Administration Building.

Her son, Robert Simpkins, "remembers his mother as a compassionate woman whose devotion to her causes were her life's calling. When I look back on it, she was just extremely warmhearted. If she saw that something needed to get done, she would do it."

Phyllis received numerous awards including the SJSU College of Applied Sciences and Arts Distinguished Alumna Award and the SJSU Tower Award. In 1996, she received California State University's highest award: CSU Honorary Doctor of Humane Letters degree in 1996. Additionally, in 2008, Phyllis received a Commendation from the CSU Chancellor for her lifetime support to San José State University.

In addition to spending time with her loving family, daughter Diane, sons Bob and Bill, her 7 grandchildren, and her many friends, Phyllis continued her active involvement at SJSU with her many projects.

Phyllis was extraordinary woman whose love and devotion to her family, friends, and her dear alma mater, SJSU are legendary. She will be remembered always!

## CASA STUDENT SUCCESS CENTER



The College of Applied Science and Arts (CASA) opened their Student Success Center on February 2<sup>nd</sup> with the goal of continuing to improve graduate and retention rates. [sjsustudentsuccess@gmail.com](mailto:sjsustudentsuccess@gmail.com) The center's director is our very own Dr. Kathryn Sucher. Phyllis, once again,

gave a lead-off gift to begin raising the funds needed to complete the project.

## ALUMNI SIGHTINGS - OLYMPIC GOLD!



### *In Training:*

**Ashleigh Coffeng, MS'** writes that her three boys (ages 6, 4, and 20 months) are keeping her in shape. To ramp up her training workouts, she is also considering going back to work part time. This sounds like a perfect example of cross training!

### *Top Form:* **Charu**

**Jain Bhat, MS' 2011** is now working as Senior Food Service Supervisor

at UCSF Medical Center in San Francisco.

**Kati Fosselius, MS'** sends news that she enjoying her job as Director of Dietetic Internships at Cedar Crest College in Allentown PA. She has 10 on site and 15 distance interns and says it's been a whirlwind, but she enjoys the work very much.

**Manual Villacorta, MS' 2004** returned to campus last September to give a rousing presentation on "Nutrition Career Advice" to a packed audience. The event was planned by our very own Student Nutrition and Food Science Club. Manual can also be found on his website: <http://www.nutrition4you.com>

**James Burke, MS' 2002** continues to bring home the gold in his "Santa Rosa Nutrition" business where he does nutrition consultations and group facilitation. His wife Jenn is also staying in top form training for Relay for Life, the American Cancer Association's fund raiser to help raise money for cancer research

*Olympic Committee:* **Jean Downes, MA' 1974** flew in from Arlington Virginia for a family vacation in Lake Tahoe. However, before driving north she met for lunch with her friends from her years teaching in the department: **Sue Martineck, MA', Caroline Fee, MA' 1979, and Elveda Smith, Emeritus Professor.** In addition to 3 hours of nonstop conversation, the group learned that Elveda had been featured (including a wonderful photo) in the *SJSU Heritage* publication describing her decision to bequest 50% of her estate to the Elveda Smith Scholarship Fund for Nutrition and Food Science. In her own words. "I spent my life in education and that's where my heart is.... I still miss the students' enthusiasm."

*Champions:* **Keri Leone Weindel, MS'** one of our very own is now working in San Diego as Director of Professional Education for Dexcom, a continuous glucose monitoring company.

**Stephanie Brooks, MS' 1996** former lecturer for the department and owner of Bay Area Nutrition [www.bayareanutrition.com](http://www.bayareanutrition.com) recently added two new classes to her offerings: "Nutrition for Pregnancy" and "Breastfeeding and Nutrition for Baby: Starting Solids and Beyond." Stephanie's nutrition consulting business also continues its champion status.

**Molly Rauen, MA' 1978** and her husband Gene were delighted to hear that **Marilyn Baker Venturini, MS' 2011** who received one of their research assistance grants (made possible by the Molly and Gene Rauen Endowed Fund) had her research "Nutritional Status as a Risk factor for Falls Among Older Adults," published in *Aging and Society: An Interdisciplinary Journal.*

*Unbeatable* **Alison Lynch (Armas), BS'** sends news from Rexburg, Idaho where her husband is attending university. She says it is a small town very different from California, but it is also kind of nice because effort the dietary aide position she applied for, 10-15 other people also applied, but she got the job because she was the only one with a degree in Dietetics

*Medalists:* **Karen Knoblauch, MS' 2007** continues her medal class teaching for the department and is also involved in the International Association of Culinary Professionals. In addition, she works at LYFE Kitchen in Palo Alto and is rolling out a new Summer menu: "Great-tasting food that's good for you."

**Jessica Reynolds MS'** is now giving her all as a Clinical Dietitian at ValleyCare Health System, while **Madoka Gaspar, BS'** is collecting medals as the Nutrition Program Supervisor at Second Harvest Food Bank of Santa Clara and San Mateo Counties Community.

*Record Breaking:* **Mandana Mirabrisami, MS' 2011** sends news from Santa Barbara where she is busy scoring points as a Kids Nutrition Educator for the Foodbank of Santa Barbara County. Mandana is also giving her all as a Yoga Instructor for "Hike n' Yoga."

**Marilyn Baker Venturini MS' 2011** is right at the head of the pack and breaking all records as Director of Meal on Wheels at Peninsula Volunteers, Inc, in Menlo Park. The challenges of her job are keeping her in top form.

*We have come to a close for this year's sightings. However, as always:* Whether near or far, please send us your news. **We would love to hear from YOU.**

## STUDENT CLUB

The Nutrition, Food Science and Packaging Club enjoyed tremendous success in 2011-2012. The annual



Manuel Villacorta

Welcome Social featured Manuel Villacorta RD, a SJSU graduate who provided invaluable career advice to attendees.

The club also hosted several speakers such as Carol Sloan RD, Bill Rudolph and Fritz Yambrach who provided students with great insight into doing well in school as well as in the nutrition world.

Additionally, the club also took over running the Smart Cart this year and helped spread

the message of healthy eating to students across campus.

The NUFS club received funding from Associated Students and proudly sponsored registration fees for two students to the Academy of Nutrition and Dietetics Conference in San Diego.



Bill Rudolph

In addition to hosting professional development events, the club held several game/craft nights, a Chopped style cooking competition, and a trip to the beach to encourage member interaction. With increasing member participation every year, the club is looking forward to an exciting 2012-2013!

## PACKAGING PROGRAM LEADER OF THE PACK!

The Packaging Program in the Department of Nutrition, Food Science and Packaging is focused on creating experts in the areas of the protection and movement of products from manufacturers to consumers. It is one of a handful of programs in the world focusing on containers, materials and design. The program has been growing steadily over the last 5 years, since Dr. Fritz Yambrach, the Coordinator, came to San Jose State University (SJSU).

California State University and SJSU's financial issues have affected the Packaging Program's planning. The new strategy is focused on industry partnerships. A closer connection to industry through an internship program, lab testing agreements, and graduate student work projects is expected to insulate the program from the financial issues the CSU will be experiencing over the next 10 years. We are happy to have several relationships with local industries which include: Bare Essentials, Xpedx, and several Medical Device firms, where the Packaging Program provides package development and testing services for a fee. These fees go to support the program's activities, lab maintenance, and adjunct faculty salaries.

The internship program for Packaging students has grown exponentially and is a real success story. Once firms began to realize that the Packaging Program at SJSU was again viable and producing students they started requesting students to fill positions. Several of these firms have established rotating positions where 1-2

Packaging students are constantly employed at the firms and turn over every 6 months.

An Advisory Board was formed this year and has played a vital role in an effort to bring more national and international presence and focus on future needs of education in the Packaging industry. Members include leaders from: Estee Lauder, SP Containers in Lestershire, England, Johnson and Johnson's Pharmaceutical R&D Center, Smashbox, and Sealed Air.

Much of the success of the program can be tied to the efforts of the teaching faculty including the Coordinator, Dr. Fritz Yambrach, who provides strong leadership and also teaches courses. In addition, Herb Schuneman is a stalwart in advising graduate and undergraduate students as well as being senior advisor to the Program.

Our students continue to attend the yearly Packaging

shows in Chicago and Las Vegas and are given a booth to demonstrate the SJSU program and accomplishments the students have made in the last year. This serves as the first introduction of new students to the Packaging Industry and also serves as a conduit for graduating seniors to meet prospective employers.

As a concrete measure of accomplishment, upon graduation our students have been very successful in obtaining professional positions as Packaging Engineers, including being hired at Boston Scientific, Gilead, Xpedx, and Genentech.



**“RESEARCH ACCOMPLISHMENTS”  
MASTER OF SCIENCE GRADUATES  
FALL 2011/SPRING 2012**

Jacquelyn Yvonne Ambrogio	Increasing Healthful Food Access Through a Mobile Food Stand on an Urban College Campus.
Catherine Bartoli	Food Intake Patterns and Plate Waste Among Community Meal Center Guests in San Jose, CA.
Barbara Steffeck Biehl	Utilization of Therapeutic Diets in Adult Day Health Care Centers.
Lucia Eugenia Briceno Alliegro	Do Group Classes Using Diabetes Conversation Maps Help Low-Income Patients with Type 2 Diabetes Manage Blood Glucose Levels?
Beth A. Boutry	Creation, Implementation, and Evaluation of a Cooking Matters Train-The-Trainer Curriculum.
Kanika Chhabra	The Set-Up and Evaluation of a Vermicomposting System at a Hindu Temple in Order to Defer Food Waste from the Waste Stream.
Erika Deshmukh	New Weigh of Life Research Study: A Lifestyle Program Evaluation of a Three Month Intervention and a Six Month Follow-Up.
Vashti Hayes	Creating a Culturally Appropriate Menu at a Long-Term Care Facility.
Mary K. Kahn	Evaluation and Outcomes Assessment of the Programs Offered by the Department of Nutrition, Food Science and Packaging at San Jose State University.
Juliana King	An Investigation Into the Current Model of Community Supported Agriculture and its Feasibility as a Long-Term Distribution Channel.
Phoebe Li	Fluid Balance in Older Adults who Exercise in a Therapeutic Pool.
Ariana Loijos	The Influence of Package Design on Consumer Evaluation of Wine.
Ranna Modir	Assessing the Hospital Food Environment for Employees and Visitors.
Diana Oliveira Urcuyo	Evaluation and Improvement of the Nutritional Value of Meals and Student Satisfaction with Menu Changes at an Extended Learning Site.
Shraddha Patel	Evaluation of Ketocalculator.
Anne Russell	The Effect of Point-Of-Purchase Nutrition Information on the Food Purchasing Habits of College Students.
Mireille Salib	The Evaluation of a Nutrition/Physical Fitness Course on Improving Food and Lifestyle Choices Among College Students.
Daphne Roux Sambajon	Development and Evaluation of a Filipino Carbohydrate Counting Tool.
Leanne Frances Sapad	Development and Evaluation of a Tool to Assess the Food Environment of Faith-Based Organizations.
Ming-Chang Tsai	The Effect of Static Magnetic Field on the Growth of <i>Saccharomyces Cerevisiae</i> .



**STUDENTS SPARKLE WITH SUCCESS  
2012 "STARS"**



**Circle of Friends Scholarships**



Sucheta Gehani

Fern Wendt Memorial  
Sucheta Gehani \$1500

Nancy C. Lu Scholarship  
Fatemeh Tabib \$1500

Jean Downes Scholarship  
Lucia E. Briceno \$1500

Elveda Smith Scholarship  
Michelle Stroebe \$1500

Rose Y.L. Tseng Scholarship  
Nani Glass \$1500

Circle of Friends Scholarship Award  
Thomas Armenta \$1500

**Molly and Gene Rauen Research Assistance Awards**

Lucia E. Briceno - \$947  
Marian Crockett - \$1000  
Diana Oliveira Urcuyo - \$531  
Rida Wali - \$560  
Lucy Qian Chang - \$1000  
Fatemeh Tabib - \$1000

**Barozzi Scholarship for International Education**

Lucia E. Briceno \$  
(International Student from  
Venezuela)



Lucia Briceno

**Nutrition Education Action Team (NEAT) Scholarship**

Stephanie Monterozza - \$750  
Carly Hoobler - \$750

**Josephine & Frank Morris Award**

Lacy Amor - \$200

**NuFS & Pkg Department Service Awards**

Romana G. Cruz - \$100  
Janelle Estournes - \$100  
Sucheta Gehani - \$100  
Susan Huynh - \$100  
Hien Nguyen - \$100  
Krystal Nneka Oji - \$100  
Valerie Roberson - \$100  
Grace Antonia Tonna - \$100  
Sylwia Klos - \$100

**Outstanding Student Awards**

**Baccalaureate Candidate**

Miranda Westfall for Dietetics/  
Nutrition - \$150



Miranda Westfall



Gabriel Sanchez

Gabriel Sanchez for Packaging -  
\$150

**Masters Candidate**

Leanne Sapad - \$150



Leanne Sapad



**DEPARTMENT OF NUTRITION, FOOD SCIENCE, AND PACKAGING**  
**BACHELOR OF SCIENCE**  
**CLASS OF 2012**

**Dietetics**

Lacy Amor  
 Tobias Austin  
 McGowan  
 Keirnin Balaban  
 Denisse B. Mendez  
 Kara Boller  
 Melissa Miracle  
 Chia-Yi Chen  
 Jamie Morris  
 Romana G. Cruz  
 Anh-Thu Nguyen  
 Melanie Dunstan  
 Teresa Nigro  
 Janelle Marie Estournes  
 Amir Nosratifard  
 Sucheta Gehani  
 Krystal Nneka Oji  
 Kristin Geronimo  
 Christina Patron

Janine Sharie  
 Gonzalez  
 Valerie Roberson  
 Susan Huynh  
 Sarah Samet  
 Monica Juarez  
 Rachel Solis  
 Sylwia Klos  
 Aimee Thomas  
 Brittany Felicia Knowles  
 Imran Valiani  
 Justina Ann Lau  
 Keri Waller  
 Lauren Le Blanc  
 Miranda Westfall  
 Shuyun Tsai Lin  
 Shelley Wood  
 Amandeep (Deepi) Mann

**Emphasis in  
 Environmental Food  
 & Health Specialist**  
 Mercedes Carbajal  
 Mary Kathryn Paine  
 Dennis Ly

**Emphasis in  
 Food Management**  
 Christopher A. Gonzales  
 Stephanie Merport

**Emphasis in  
 Nutrition Education**  
 Corinne Cates  
 Stephanie Del Carmen  
 Monterroza  
 Nazarina Nuevo Larida

Nia Sabedra  
 Odezza Nuevo Larida  
 Yadira Valdez

**Emphasis in  
 Nutrition Science**  
 Greg A. Esselmann  
 Jenny Loi  
 Jonathan Jacinto  
 Sandra Suarez

**Emphasis in  
 Sports Nutrition**  
 Jeremy Hui  
 Jenny Thach  
 Amelea Lowery  
 Grace Antonia Tonna  
 Erin Aya Motofuji  
 Daniel Velarde

**Food Science &  
 Technology**  
 Samantha T. Tran

**Packaging**  
 Ronald Gonterman  
 Kirsten Trammell  
 Thura Lin Khanh  
 Vinh Truong  
 Hien Minh Nguyen  
 Zachary Mackinac  
 Yambrach  
 Samson Nguyen  
 Makeven Yan  
 Carolina Osorio  
 Salin Yousefnia  
 Erika Perez  
 Soeini Yousefnia  
 Gabriel Mendoza  
 Sanchez

**DIETETIC INTERNSHIPS 2012**

**Internal Dietetic Internships****Fall 2011**

Jacquelyn Amrogio	El Camino Hospital
Lucia Briceno	Washington Hospital/Choices for Children
Marian Crockett	Community Hospital of Monterey Peninsula
Janelle Estournes	Valley Care/Santa Cruz City Schools
Susan Huynh	Idlewood Care Center
Denisse Mendez	Kaiser Oakland/Alum Rock School District
Diana Urcuyo	Kaiser Oakland/Mount Diablo School District

**Spring 2012**

Kara Boller	VA Medical Center
Rachna Jawa	Kaiser Santa Clara/Choices for Children
Katie Kahn	El Camino Hospital Mountain View campus
Juliana King	Idlewood Care Center
Dominique Lee	Los Altos Sub-acute and Rehabilitation/San Jose Unified
Phoebe Li	Idlewood Care Center
Vi Nguyen	Regional Medical Center/Cupertino School District
Amir Nosratifard	Nutricopia (formerly HM Composite)
Amelia Robinson	Valley Care Medical Center/Milipitas Unified School District
Anne Russell	Nutricopia
Daphne Sambajon	El Camino Hospital/Washington Hospital
Miranda Westfall	Santa Clara Valley Medical Center/Alum Rock School District

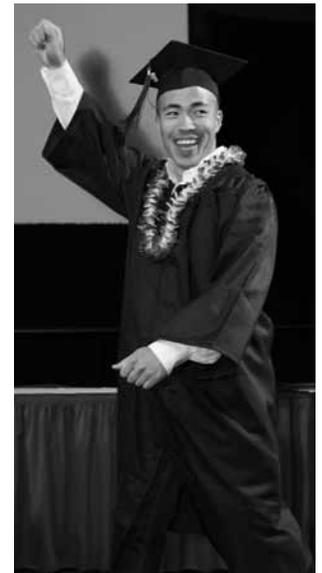
**External Dietetic Internships****Spring 2011**

Sarah Hashmi	Sacramento State University
Jodi Richards	Cornell University
Shweta Verma	UC San Diego

**Spring 2012**

Krystal Oji	University of Michigan, Ann Arbor
Lacy Amor	University of Michigan, Ann Arbor
Teresa Nigro	Cal Poly, SLO
Smitha Poulo	University of Nevada, Reno
Leanne Sapad	Fresno State,
Danna Largo	University of Alaska, Anchorage
Sahar Saffi	MBA/RD Program, Dominican University

# THE JOYS OF GRADUATION



**CIRCLE OF FRIENDS  
“20 YEARS AND STILL COUNTING”**

The Circle of Friends celebrates its 20<sup>th</sup> Anniversary!

We began in 1992 when the California state budget for higher education nose-dived. For the first time, higher education was no longer state supported, but state assisted.

In response, a core group of alumni convened. Our purpose was to create a Circle of Friends to provide private funds to help the Department continue to provide the highest quality education to our students and help them reach their goal of graduation.

Now, 20 years later, higher education is faced with the worst blow to state funding, ever, and the future is uncertain. In addition to shrinking course offerings, our students are faced with even more obstacles to graduation. Increases in tuition loom, and crushing student debt grows.

Since student scholarships are one of the most direct ways we can help, this year’s major project is crucial. We plan to continue the new Circle of Friend’s scholarship that was created last year, and also infuse each of our six existing scholarships awards with \$1000. Thus, for the first time all Circle of Friends scholarship awards will be \$2000!

Your commitment and help have never been more vital, and our students’ progress to graduation has never been more challenging. What better time to renew our determination to make a difference for our students, while celebrating the spirit, energy and major accomplishments of the last 20 years.

(Details are included below).

Please join us and our extraordinary Circle of Friends members who are energized by the challenges our students face and, most important, the possibilities offered by the future leaders in Nutrition and Food Science.

(A membership application is printed on the back of the Newsletter).

**CIRCLE OF FRIENDS  
MAJOR ACCOMPLISHMENTS**

The “Circle of Friends,” a coalition of alumni, faculty, students, and friends, has joined together to sustain the department’s dedication to excellence. Our members’ generosity and caring have made so many things possible. Here are just a “few” major accomplishments:

Creation of a Nutrition and Metabolism Laboratory including state-of-the-art equipment.
Creation of a Student Learning Center.
Renovation of the Food Preparation Modular Kitchen Laboratory.
Renovation of the Food Production Classroom and Dining Room.
Creation of a “Teaching Toolbox,” including videos and models, to enhance student learning.
Realization of a Department Web Site of the highest quality and professional caliber.
Funding of yearly \$1000 Student Research Assistance Awards.
Purchase of “BodyGem,” an instrument that measures resting body metabolism.
Purchase of a Bioelectric Impedance Analyzer, an instrument that measures body composition.
Enhancement of Student Scholarships: \$500 was given to the Circle of Friends’ Elveda Smith, Jean Downes, Fern Wendt, Nancy Lu, and Rose Tseng Scholarship Funds to build <u>each</u> award to \$1500.
Creation of a new Circle of Friends \$1500 Scholarship Award.
Sponsorship of the Student Convocation and Celebration: \$1000 is given each year to the Student Club to enable all graduates to participate in this “once in a lifetime” event.
Production of a yearly Members’ Only Directory.
Production of a yearly Department Newsletter



**SAN JOSÉ STATE UNIVERSITY**

*San Jose State University Department of Nutrition and Food Science*

# CIRCLE OF FRIENDS

*One Washington Square, San Jose, CA 95192-0058 (408) 924-3100*

**What is it?** A coalition of Alumni, Students, Faculty, and Friends who have joined together to provide on-going private support to preserve the Department’s dedication and commitment to excellence.

**Why the Need?** “Shrinking” state budget for higher education make this support crucial to continue to offer the highest quality education and training to our students. **Private funding is now critical** to safeguard course offerings, laboratory supplies, computer labs, equipment, and scholarships. SJSU can no longer be considered as state supported but state assisted.

**Circle of Friends Goals:**  
To reestablish Alumni relationships with the Department  
To encourage Student participation  
To promote Alumni - Student - Faculty synergy  
To involve Community Partners  
To facilitate networking  
To celebrate SJSU Department of Nutrition and Food Science comradeship  
To invest in and build a **LEGACY FOR THE FUTURE**

**Benefits of Membership:**  
Networking with Alumni - Faculty - Students - Community Partners in cooperative ventures/endeavors and in seeking and filling positions  
Membership Recognition: NuFS Newsletter/SJSU Contributors to Excellence  
Membership Directory

Check here if you DO NOT wish your name to be included in the Directory

## 2012-2013 MEMBERSHIP / RENEWAL APPLICATION

Directory info: (please enter *only* changes since last directory edition)

**Name:** \_\_\_\_\_

(\*Alums: Name(s) while at SJSU): \_\_\_\_\_

**College/University(s):** \_\_\_\_\_

(circle degree)

BS/BA yr: \_\_\_\_\_ Deg./Emphasis \_\_\_\_\_

MS/MA yr: \_\_\_\_\_ Deg /Emphasis \_\_\_\_\_

Ph.D/Other yr: \_\_\_\_\_ Deg./Emphasis \_\_\_\_\_

**Home Address:** \_\_\_\_\_

City State Zip

**Phone:** ( ) \_\_\_\_\_

**Email:** \_\_\_\_\_

**Employer:** \_\_\_\_\_

Title/Position: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Email: \_\_\_\_\_

**Area of Expertise:** \_\_\_\_\_

### CIRCLE OF FRIENDS GIVING LEVELS

(Please indicate the level of your gift)

<i>Current Students</i>	<b>\$10 - \$24</b>	_____
<i>Supporter Circle</i>	<b>\$25 - \$99</b>	_____
<i>Golden Circle</i>	<b>\$100 - \$499</b>	_____
<i>Dean’s Circle</i>	<b>\$500 - \$999</b>	_____
<i>President’s Circle</i>	<b>\$1000 -</b>	_____

All gifts go directly to the Department and are fully tax deductible.

Please make checks to:

**NUFS, CIRCLE OF FRIENDS, SJSU**

**PLEASE RETURN APPLICATION BY October 15 TO BE INCLUDED IN THE MEMBERSHIP DIRECTORY**

\*We’d like to hear from you! Please attach a separate sheet with your news.