**APA 7th Edition: How to cite sources in the body of paper**

***Always remember:***

* Double-space entire paper. Times New Roman font. 12 point.
* All sources cited in text *must* be listed in the **Reference List** and vice versa.

1. **If quoting directly from a source, always include the page number.**

Examples:

* 1. According to Fanos (1996), “Self-esteem issues persisted in this group as well” (p. 112).
  2. Fanos (1996) found “self-esteem issues persisted in this group as well” (p. 112).
  3. She found “self-esteem issues persisted in this group as well” (Fanos, 1996, p. 112).

1. **Exact citations in text:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Type of citation** | **First citation in text**  **(Narrative citations)** | **Citations in text thereafter**  **(Narrative citations)** | **First citation in text (Parenthetical**  **format)** | **Citations in text thereafter (Parenthetical**  **format)** |
| One work by one  author | Fanos (1996) | Fanos (1996) | (Fanos, 1996) | (Fanos, 1996) |
| One work by  two authors | Fanos and  Smith (1997) | Fanos and  Smith (1997) | (Fanos & Smith,  1997) | (Fanos & Smith,  1997) |
| One work by three authors | Fanos, et al.  (1998) | Fanos, et al. (1998) | (Fanos, et al.,1998) | (Fanos et al., 1998) |
| One work by four authors | Fanos, et al.  (1998) | Fanos, et al. (1999) | (Fanos, et al.,1998) | (Fanos, et al., 1999) |
| One work by five authors | Fanos, et al.  (1998) | Fanos et al. (1998) | (Fanos, et al.,1998) | (Fanos, et al., 1998) |
| One work by six authors or more | Fanos, et al.  (1998) | Fanos, et al. (1998) | (Fanos, et al.,1998) | (Fanos, et al., 1998) |

***Examples of citations in text:***

* 1. First citation in text (narrative):

Fanos (1996) found that self-esteem…

* 1. First citation in text by three authors or more (narrative):

Fanos, et al. (2001) also found…

* 1. First citation in text by three authors or more (parenthetical citation)

Self-esteem issues did not subside (Fanos, et al., 1998).