

SJSU ACT Weaponless Defense & Suspect control outline

- I REGISTRATION AND ORIENTATION IJI(b)
 - A. Sign in sheet
 - B. Course Overview

- II SAFETY ORIENTATTON AND WARM-UP III(a)
 - A. Review Safety procedures & assign safety officer
 - B. Officers will participate in warm-up/ stretching exercises

- III USE OF FORCE POLICIES AND LEGAL ISSUES III(g,j)
 - A. Case Law Update, report documentation and policy
 - 1. Tennessee v Garner
 - 2. Graham v Connor
 - 3. Forrester v San Diego
 - 4. Long Beach v Long Beach POA

- IV BODY PHYSICS & DYNAMICS/SUSPECT REACTION TO FORCE IJI(h)
 - A. Suspect attacks officer
 - B. Locking resistance .
 - C. Going Limp
 - D. Use of pain compliance / distraction techniques / pressure points
 - I. Personal body weapons
 - a. Heel of palms
 - b. Hammer fist
 - c. Elbow
 - d. Knees
 - e. Round kick
 - f. Shin kick
 - E. Mental conditioning
 - F. Gun Retention Standing
 - I. Suspect from front cross grab
 - 2. Suspect from front same side grab
 - 3. Suspect from rear cross grab
 - 4. Suspect from rear same side grab
 - G. gun Retention Ground- Officer on back with suspect in mount position.
 - I. Suspect cross grab
 - 2. Suspect near side grab with space between Officer and Suspect

3. Suspect near side grab with suspects body on weapon
4. Suspect near side grab with suspects head on Officer Chest

V PHYSICAL CONDITIONING III(a)

VI BODY BALANCE/ STANCE & MOVEMENT FROM POI AND FIGHTING STANCE

I. Footwork Review:

- A. Forward shuffle
- B. Rear shuffle
- C. Normal pivot
- D. Shuffle right and left
- E. Pivot right and left
- F. Progressive pivot
- G. Shuffle pivot
- H. How to fall to the ground safely and assume a fighting position

VII SEARCH TECHNIQUES / CONTROL HOLD / TAKEDOWN / HANDCUFFING / VERBAL COMMANDS III(c,d,e,f,k)

- A. Overview on restraint devices and need to double lock and check for tightness
 - I. Suspect cannot be handcuffed due to injuries
 - a. First Aid-Suspect injured, wounds, fractures
 - b. Special circumstances (ie. Pregnant females)
 - c. Complaint of pain documentation
 - d. Failing to double lock handcuffs can result in injury to suspect and liability to agency.
 - B. Handcuffing techniques
 - I. Low Profile twist-lock
 - a. Verbal commands
 - b. Twist lock control
 1. Front entry
 2. Rear entry
 3. Side entry twist lock
 4. Upper Hand twist lock
 5. Lower Hand twist lock
 6. Two hand twist lock
 - c. Handcuffing
 2. Standing Search, to a rear wrist lock and handcuffing
 3. Takedown from standing
 - a. Bar arm take down step over prone/ turn around prone

- b. Bar arm drag down
 - c. Bar arm five way stretch
 - d. Reverse wrist take down-stir over prone
 - e. Twist lock take down-from front and rear
 - f. Rear cross face –squat drop take down
 - g. Rear Reap throw
- C. Carotid Restraint Control hold
- 1. Chancery restraint hold & Carotid restraint control hold
 - 2. Suspect gives up
 - a. Bar arm
 - b. To rear wrist handcuffing
 - 3. Suspect passes out to prone handcuffing
 - 4. Suspect push back to prone handcuffing
- D. High risk prone or kneeling to a prone control and handcuffing
- 1. High risk kneeling
 - a. Verbal commands
 - b. Search
 - c. Handcuffing
 - 2. High risk prone
 - a. Verbal commands
 - b. Prone control
 - c. Search
 - d. Handcuffing
 - 3. Multiple officer control tactics
 - a. Shin Drop
 - b. CalfRoll
 - c. Two and One rock out
 - d. Two, three and four officers to handcuff suspect
 - e. WRAP restraint – practical

VIII. BATON TRAINING (introduction)

- A. Nomenclature of baton
 - 1. Tip
 - 2. End
 - 3. Grommet
 - 4. Long Portion
 - 5. Short Portion
- B. Baton Grip
- C. Baton Strikes
 - 1. Forward strike

2. Reverse strike
3. Two handed strike (forward and reverse)
4. Forward snap strike
5. Reverse snap strike
6. Two handed snap strike (forward and reverse)
7. Downward Figure 8 strike
8. Jab strikes
 - a. Tip jab
 - b. Endjab
9. Rake strikes
 - a. Rake up
 - b. Rake down

D. Baton retention

1. Circle in
2. Circle out
3. Figure Eight
4. Wrist Strike

E. Striking drills with Bags

Commission Procedure D-2 Continuing Professional Training and Perishable Skills

Perishable Skills/Communications

2-4. Content and Instructional Methodology Requirements In accordance with Regulation 1052(e), the following content, testing, and instructional methodology requirements shall be met for the perishable skills/communications topics required by Regulation 1005:

Driver Training One or more of the following shall be included as content:

- Psychomotor aspects
- Judgment/decision making in driving
- Agency policies
- Scenario practices
- Driving attitudes
- Testing to determine effectiveness of learning

One or more instructional methodologies shall be used in the instruction:

- Behind-the-wheel
- Driving Simulator
- Classroom interactivity (Any exercise(s) in which trainees are required to interact with written, video, or instructor-provided prompts)

Tactical Firearms Minimum content and exercises shall include:

- Judgment and decision making exercise(s)
- Student evaluation and testing
- Safety guidelines/orientation
- Sight alignment, trigger control, accuracy
- Target recognition and analysis
- Weapons clearing
- Live fire tactical/or Simunitions tactical
- Policies and/or legal issues
- Use of force considerations
- Moral obligations

One or more of the instructional methodologies shall be used in the instruction:

- Tactical situations
- Judgment
- Applications

Basic Marksmanship and routine qualification do not satisfy this requirement.

Arrest and Control Minimum content and exercises shall include:

- Safety orientation and warm up(s)
- Class Exercises/Student Evaluation/Testing
- Search- in exercise(s)
- Control/Take down/in exercise(s)
- Equipment/Restraint device(s)
- Verbal commands- in exercise(s)
- Use of Force considerations
- Body Physics and Dynamics (suspects response to force)
- Body balance/stance/movement patterns- in exercise(s)
- Policies and legal issues

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- Recovery/First Aid (as applicable)

Communications* Minimum content and exercises shall include:

Tactical

- Tactical Communications- Officer to Officer/Suspect/Citizen/Victim
- Officer Safety
- Communications Elements
- Questioning Techniques
- Intentional/Unintentional Contact Escalation vs. De-Escalation
- Inappropriate Language
- Class Exercises/Student Evaluation/Testing

Interpersonal

- Interpersonal Communications- Officer to Officer/Suspect/Citizen/Victim
- **Communications Elements**
- Listening Skills
- Dealing with Difficult/Dominating People
- **Persuasion**
- Inappropriate Communication
- Class Exercises/Student Evaluation/Testing

* Latitude is provided for these courses to be presented separately or combined into single **course**.

Procedure D-2 adopted and incorporated by reference into Commission Regulation 1005 on April 15, 1982, and amended January 24, 1985, July 1, 2000, September II, 2000, November II, 2000, January I, 2002, September 12, 2002, May 7, 2003, August 7, 2003, January 29, 2004, September 12, 2005, August 26, 2006, and January 29, 2011, is herein incorporated by reference.

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