

SAN JOSÉ STATE UNIVERSITY



Dr. Cynthia Teniente-Matson, President

Dear Spartan Community,

Today's tragic event at Utah Valley University, another institution of higher education, has no place in our society and we should stand against any sort of political violence personally and institutionally. As a university community built on a foundation of learning, care, and respect we recognize that acts of violence threaten not only the safety of individuals but also the values of open dialogue, mutual respect, and democratic participation that we uphold.

We affirm our commitment to fostering a campus environment where differences are addressed through civil discourse, empathy, and [collaboration](#) — not through intimidation or harm. We call on every member of our community to reject violence, support one another, and stand united in our commitment to peace and justice.

If you feel unsafe, or if you witness concerning behavior, please contact [University Police](#) (UPD) via phone or the [Spartan Safe app](#). Counseling and support services are also available to any member of our community in need.

Counseling & Psychological Services (CAPS) is here to provide support, whether you need a safe place to talk, strategies to cope, or help navigating difficult emotions. Services include individual, couples, and group counseling, as well as referrals when needed.

Students can access CAPS in several ways:

- Call (408) 924-5678 or visit sjsu.edu/wellness to schedule an appointment or learn more.
- Same Day Services are available during business hours for urgent concerns or immediate support.
- For emergencies after hours, please visit the CAPS emergency page for important resources.

Employees in need of support are strongly encouraged to contact the [Employee Assistance Program](#).

We care deeply about each member of our Spartan community and their well-being. Spartans take care of Spartans. Let us be there for one another and uphold our shared responsibility to ensure our campus remains a place of safety, respect, and learning for all.

Sincerely,

Dr. Cynthia Teniente-Matson
President
(She/Her/Ella)

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