

SJSU Psychology Department

Four Year Planner for Incoming Freshman Psychology Majors

In addition to requirements in the major, your degree includes 39 units of lower division *General Education* (GE), 2 units of *PE*, and an *American Institutions* requirement (US 123). This planner assumes that you will take a pair of *GE* courses that double-count for *US 123* and *GE* areas D2 and D3. Other options exist.

Several courses (PSYC 1, Stat 95 and Bio 21/65) cover both *GE* and major requirements, but the number of units only counts one time towards the 120 units to graduate (see the university catalog and your Academics link in MySJSU to see your progress towards your graduation milestones)

Year	Semester 1	Semester 2
1	Oral Communication (A1) ENGL 1A (GE Area A2) PSYC 1 (GE Area D1) First part of US123 sequence (D2) Human Understanding (GE Area E) 15 units	BIOL 21 or 65 (GE Area B2/3) STAT 95 (GE Area B4) * Core GE Classes (A3) Second part of US123 sequence (D3) Letters (GE Area C2) PE class 16-17 units
2	PSYC 30 Physical Science (GE Area B1) Arts (GE Area C1) Arts or Letters (GE Area C1 or C2) Open elective (or minor) PE Class <i>Check in with advisor</i> 16 units	PSYC 102 PSYC 110 PSYC 139 or 154 Open elective (or minor) ** Open elective (or minor) ** <i>Pass WST by the end of the semester</i> 15 units
3	PSYC 100W (SJSU Studies area Z) * PSYC 135 or 155 or 158 PSYC 117 or STAT 115 1 SJSU Studies Course (Area S) 1 open electives (or minor) ** <i>Research graduate programs? (optional)</i> <i>Check in with advisor</i> 15 units	PSYC 120 * PSYC 129 or 160 or 170 PSYC ### (Psychology elective) 1 SJSU Studies Course (Area V) Open elective (or minor) ** <i>File for Graduation</i> 15 units
4	PSYC 1## (Psychology Elective) *** PSYC 1## (Psychology Elective) *** 1 SJSU Studies Course (Area R) Open elective (or minor) ** Open elective (or minor) ** <i>Apply to Graduate Programs?</i> 14-15 units	Psyc 190 Open elective (or minor) Open elective (or minor) Open elective (or minor) <i>Ensure total units earned ≥ 120</i> 12+ units

GE = General Education (SJSU Studies = Upper Division GE)

Open Elective = **any** course in the University, **including Psychology**

* STAT 95 is a prerequisite to PSYC 100W. PSYC 100W is required and a prerequisite to PSYC 120.

** A minor can be incorporated by replacing open electives.

*** One of your three psychology electives can be a lower division (SJSU number <100) Psychology course. The other Psychology Electives must be >100

Course Checklist for Psychology Majors

Courses	Year and Semester Taken								Course Units
	Yr. 1		Yr. 2		Yr. 3		Yr. 4		
	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring	
Core GE									
A1 – Oral Communication									3
A2 (Engl 1A) [Writing]									3
A3 – Critical Thinking									3
B1 – Physical Science									3
B2 (Biol 21/65) Hum Biol									3-4
B4 (Stat 95) [Quantitative]									↓↓↓
C1 – Arts									3
C2 - Letters									3
C1/C2 extra - either									3
D1 (Psyc 1) [Human Beh.]									↓↓↓
D2 – Comparative Systems									3
D3 – Social Issues									3
E – Human Understanding									3
Am. Inst.									
US 1 – US History									n/a
US 2 – US Constitution									n/a
US 3 – CA Government									n/a
Adv. GE									
R – Earth & Environment									3
S – Self & Society									3
V - Culture									3
Z (Psyc 100W*) [writing]									↓↓↓
Major									
Psyc 1									3
Intro stat									3
Psychobiology									3
Writing									3
Child									3
Abnormal									3
Res. Methods									4
Tests / Intm Stat									3
Cog./ Learn / Perception									3
Personality / Social									3
Neuro./ Clinical / Organizational									3
Capstone									3
									3
									3
									2-3
Electives									
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									
11.									
(12.)									
(13.)									
PE									
1.									
2.									

You need to complete a total of 120 units to graduate. Total =

* STAT 95 is a prerequisite to PSYC 100W. PSYC 100W is required and a prerequisite to PSYC 120.