This document outlines courses a transfer student can take to complete the Psychology BA 2019 degree requirements. This planner is a useful guide, but they should be used in consultation with Department Psychology Advisors to address each students’ individual circumstances. Two useful links on the department website are BA in Psychology and Advising Hours.

Psychology BA 2019

Beginning Fall 2019, new Psychology BA requirements will be in effect for all incoming students, replacing the BA 2007 requirements. Transfer students who enter the major starting Fall 2019 are automatically enrolled into BA 2019. These students may opt to choose to follow the BA 2007 degree requirements, but must consult with an advisor. In most cases, BA 2019 is the appropriate path.

2 Year Planner Overview

This planner contains two sample 2 Year Schedules (p. 2 – 3), and a general BA 2019 2 Year Roadmap (p. 4).

Psychology 100W, Written Skills Test (WST), and WST Self-Directed Placement

Psychology 100W is a required course in both the BA and BS degrees. Normally, students must pass the Written Skills Test (WST) and meet other prerequisites before enrolling in Psychology 100W. Due to COVID-19, the WST has been temporarily suspended. Instead, student will now complete a WST Directed Self-Placement exercise and decide if they are ready for 100W, or should first take 100A to further prepare for advanced academic writing.

• If you choose to take PSYC 100W and meet the other prerequisites, see Sample Schedule #1
• If you choose to first take 100A, see Sample Schedule #2.

The Roadmap and sample schedules assume that you...

• are transferring with 60 semester hours.
• have completed your Core GE and American Institutions requirements.
• have completed two separate Physical Education experiences at your community college.

Additional considerations when building your 2 year schedule are...

• that a maximum of 70 community college (lower division) units can contribute to the required 120 units for graduation.
• Up three units of a Psychology course (PSY or PSYC prefix) at your community college may count toward the Psychology Electives requirement
• if you attended a College on the quarter system, meet with an advisor to discuss how to convert the your psychology quarter units into semester units (i.e., multiply quarter units by .67).

Semester 1 Class Registration Tips

• Take 100W if you are ready for it based on the WST Directed Self-Placement as it is a prerequisite for PSYC 118 and 190/195.
• Take PSYC 118 and 190/195 in separate semesters if possible
• If you are missing BIOL 21/65(with lab), PSYC 18, and/or PSYC 30, take these as soon as possible. Note you can take these at a community college as well.
• If you have trouble enrolling in enough psychology courses, you can still make good progress toward your degree:
  o University electives can be taken to fill out your schedule, but see an advisor for guidance.
  o You can take courses to fulfill SJSU Studies requirements, if you have passed the WST.
• Become comfortable using MyProgress, MyPlanner, and MyScheduler.
• See an advisor for guidance on your specific scheduling requirements and needs.
### SAMPLE: 2 YEAR SCHEDULE #1
Completed the WST Self-Directed Placement and Choosing Psychology 100W

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester 1</th>
<th>Semester 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Junior)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Course or Requirement</td>
<td>Units</td>
<td>Course or Requirement</td>
</tr>
<tr>
<td>PSYC 100W (SJSU Studies Area Z)</td>
<td>3</td>
<td>PSYC 118</td>
</tr>
<tr>
<td>PSYC 102, 112, or 114</td>
<td>3</td>
<td>PSYC 117 or STAT 115</td>
</tr>
<tr>
<td>PSYC 110 or 142</td>
<td>3</td>
<td>PSYC 135, 155, 158, or 129*</td>
</tr>
<tr>
<td>PSYC 139 or 154</td>
<td>3</td>
<td>SJSU Studies Area V (May be POLS 170V)</td>
</tr>
<tr>
<td>If needed: BIOL 21/BIOL 65 [or PSYC 30] Otherwise: University Elective</td>
<td>3</td>
<td>If needed: PSYC 30 Otherwise: University Elective</td>
</tr>
<tr>
<td>If needed: PE</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Total Semester Units:</td>
<td>16</td>
<td>Total Semester Units:</td>
</tr>
</tbody>
</table>

Meet with an advisor to discuss which course choices are best for you

File for graduation via MyAcademics (MySJSU) by mid-March for priority registration

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester 3</th>
<th>Semester 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 (Senior)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Course or Requirement</td>
<td>Units</td>
<td>Course or Requirement</td>
</tr>
<tr>
<td>PSYC 135, 155, 158, or 129*</td>
<td>3</td>
<td>PSYC 190 or 195</td>
</tr>
<tr>
<td>Psychology Elective (UD or LD)</td>
<td>3</td>
<td>Psychology Elective (UD)</td>
</tr>
<tr>
<td>Psychology Elective (UD)</td>
<td>3</td>
<td>SJSU Studies Area R</td>
</tr>
<tr>
<td>SJSU Studies Area S (may be HIST 170S, PSYC 191)</td>
<td>3</td>
<td>University Elective</td>
</tr>
<tr>
<td>University Elective</td>
<td>3</td>
<td>University Elective</td>
</tr>
<tr>
<td>If needed: PE</td>
<td>1</td>
<td>If needed: extra units (120 total needed to graduate)</td>
</tr>
<tr>
<td>Total Semester Units:</td>
<td>16</td>
<td>Total Semester Units:</td>
</tr>
</tbody>
</table>

check MyProgress (MySJSU) for outstanding requirements; Meet with an advisor to verify progress to degree

check your email for commencement information (there are separate ceremonies for Fall and Spring graduates)

**UD** = Upper Division  
**LD** = Lower Division

* Students need to take 2 courses from the following: PSYC 135, 155, 158, or 129

This is a sample schedule. There are other paths to complete the major. Please see an advisor for additional guidance on your specific scheduling requirements and needs.
# SAMPLE: 2 YEAR SCHEDULE #2
Completed the WST Self-Directed Placement and Choosing 100A before 100W

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester 1</th>
<th>Semester 2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Course or Requirement</td>
<td>Units</td>
</tr>
<tr>
<td>1</td>
<td>ENGL 100A or LLD 100A</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSYC 102, 112, or 114</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSYC 110 or 142</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSYC 139 or 154</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><em>If needed: BIOL 21/BIOL 65 [or PSYC 30]</em></td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><em>Otherwise: University Elective</em></td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><em>If needed: PE</em></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Total Semester Units:</td>
<td>16</td>
</tr>
</tbody>
</table>

Meet with an advisor to discuss which course choices are best for you
Enroll to take the Written Skills Test (WST) as early as possible

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester 3</th>
<th>Semester 4</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Course or Requirement</td>
<td>Units</td>
</tr>
<tr>
<td>2</td>
<td>PSYC 118</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSYC 135, 155, 158, or 129*</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Psychology Elective (UD or LD)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Psychology Elective (UD)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>SJSU Studies Area S (may be HIST 170S, PSYC 191)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><em>If needed: PE</em></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Total Semester Units:</td>
<td>16</td>
</tr>
</tbody>
</table>

check [MyProgress (MySJSU)](https://myprogress.sjsu.edu) for outstanding requirements; Meet with an advisor to verify progress to degree
Check your email for [commencement](https://commencement.sjsu.edu) information (there are separate ceremonies for Fall and Spring graduates)

**UD = Upper Division**

**LD = Lower Division**

* Students need to take 2 courses from the following: PSYC 135, 155, 158, or 129

**This is a sample schedule. There are other paths to complete the major. Please see an advisor for additional guidance on your specific scheduling requirements and needs.**
Psychology BA 2019 2 Year Roadmap

**Before you start at SJSU**
- Preferred: Pass Written Skills Test (WST)
- Semester 1 Registration: Attend Transfer Orientation; Meet with a Psychology Advisor
- Remaining lower division coursework can be taken at a community college

**Semester 1**
- Meet with an advisor to discuss course choices and sequence
- Learn to use MyProgress, MyPlanner, MyScheduler
- WST Self-Directed Placement
  - READY for 100W
  - PSYC 100W Writing Workshop
  - ENGL 100A or LLD 100A
- PSYC 118 Advanced Research Methods
- Strongly Recommended: Take 118, and 190/195 in different semesters.
- PSYC 100W Writing Workshop
- Capstone (Take 1)
  - PSYC 190 Current Issues Capstone
  - PSYC 195 Honors Seminar

**Semester 2**
- File for graduation via MyAcademics for priority registration.
- Learn to use MyProgress, MyPlanner, MyScheduler
- PSYC 101W Writing Workshop
- PSYC 118 Advanced Research Methods
- PSYC 100W Writing Workshop
- Capstone (Take 1)
  - PSYC 190 Current Issues Capstone
  - PSYC 195 Honors Seminar

**Semester 3**
- Check MyProgress for outstanding requirements; Meet with an advisor to verify progress to degree.
- Check your email for commencement information (there are separate ceremonies for Fall and Spring graduates).

**Semester 4**
- Preferred: Pass Written Skills Test (WST)
- Semester 1 Registration: Attend Transfer Orientation; Meet with a Psychology Advisor
- Remaining lower division coursework can be taken at a community college

**Psychology Courses: Take in sequence**
- (after prerequisites met)
  - PSYC 001 Introduction to Psychology
  - STAT 95 Elementary Statistics
- PSYC 001 or equivalent; PSYC 30 & 3 BIO units OR 9 BIO units.
- PSYC 018 Introduction to Research Methods
- PSYC 001 or equivalent; but see the course catalog for specific prerequisites.
- PSYC 030 Introductory Psychobiology
- PSYC 018 Introduction to Research Methods
- PSYC 001 or equivalent, but see the course catalog for specific prerequisites.

**Psychology Courses: Can take any semester**
- (after prerequisites met)
  - Developmental (Take 1)
    - PSYC 102 Psychology of Childhood
    - PSYC 112 Psychology of Adolescence
    - PSYC 114 Psychology of Aging
  - Psychopathology (Take 1)
    - PSYC 110 Adult Psychopathology
    - PSYC 142 Child Psychopathology
  - Social & Personality (Take 1)
    - PSYC 139 Personality
    - PSYC 154 Social Psychology
  - Cognition, Brain, & Behavior (Take 2)
    - PSYC 135 Cognition
    - PSYC 155 Learning
    - PSYC 158 Perception
    - PSYC 129 Neuroscience
  - Assessment (Take 1)
    - PSYC 117 Tests and Measures
    - STAT 115 Intermediate Stat
  - Psychology Electives (Take 3)
    - upper or lower division (3 units)
    - upper division (3 units)

**Other: Can take any semester**
- (after prerequisites met)
  - SJSU Studies
    - Prerequisite: Passed WST
    - Area R
    - Area S
    - Can take PSYC 191 Psychology of Prejudice to cover Area S & an upper division Psychology Elective (HIST 170S can be part of American Institutions)
    - Area V
  - University Electives
    - variable units to reach minimum 120
  - Physical Education (PE. 2 units)
  - American Institutions (if not completed as part of lower division GE)

**Important Notes**
- It is important to meet with a Psychology Major Advisor for detailed guidance at various points during your time at SJSU
- This handout is a general guide to the Psychology BA, starting Fall 2019.
- See course catalog for course descriptions and full lists of prerequisites.

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