Course and Contact Information

Instructor: Ellyn Herb, Ph.D.
Office Location: virtual
Telephone: 408-218-8265
Email: Ellyn.herb@sjsu.edu
Office Hours: Mon. 5:30 to 6:00 p.m.
Class Days/Time: Monday. 6:00 p.m. to 8:45 p.m.
Classroom: Online via Zoom. You must pre-register on Zoom to get access.
Prerequisites: Psyc 1

Course Description


Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

CLO1 - Discuss the importance of history and context when examining and classifying psychological disorders and their treatment.
Assessment of CLO1: Quizzes, final exam, written assignments, video write ups, vignette writing, community group project, classroom activities (participation)

**CLO2** – Describe the major paradigms (biological, cognitive, behavioral, psychodynamic, and sociocultural) used in understanding etiology, assessment, classification, and treatment of psychological problems.

Assessment of CLO2: Quizzes, final exam, video write ups, vignette writing, community group project, classroom activities (participation)

**CLO3** – Describe the role of science (with its varying methods) in the study of “normal” and “abnormal” behavior

Assessment of CLO3: Quizzes, classroom activities (participation), Research article writeup

**CLO4** – Identify the process of classification and explain its dependence on theoretical paradigms including the use of the current diagnostic system for psychopathology

Assessment of CLO4: quizzes, final exam, written assignments, vignette writing, community group project, classroom activities (participation)

**CLO5** – Name different purposes of assessment of abnormal behavior, and to identify different modalities appropriate to these purposes

Assessment of CLO5: Quizzes, final exam, video write ups, classroom activities (participation), Research article writeup

**CLO6** – Identify different types of psychological, social, and biological interventions used in treating psychological problems and clinical disorders and the value of empirical evidence for those interventions.

Assessment of CLO6: Vignette writing, quizzes, final exam, written assignments, video write ups, community group project, classroom activities (participation), Research article writeup

**Program Learning Outcomes (PLO)**

Upon successful completion of the psychology major requirements…

**PLO1 – Knowledge Base of Psychology** – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

**PLO2 – Research Methods in Psychology** – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

Textbook:


THIS IS A REQUIRED TEXTBOOK AND WE WILL BE USING IT IN CLASS MOST DAYS. E-BOOKS ARE FINE, BUT BE SURE AND HAVE IT FOR EACH CLASS.

Recording Policies

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, http://www.sjsu.edu/senate/docs/S12-7.pdf, requires students to obtain instructor’s permission to record the course.

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”
PLEASE NOTE: Recordings of classroom activities (demonstrations, practicing skills, etc.) and copyrighted material (videos) are prohibited. If you wish to record lectures, please ask the instructor for permission prior to the start of the lecture.

University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs’ Syllabus Information web page at http://www.sjsu.edu/gup/syllabusinfo/

Canvas and E-Campus

All of this course will be on Canvas, a part of E-Campus, found on the SJSU web site. You are responsible for regularly checking this site for changes, additions to the syllabus and notes from the instructor. See http:/www.online.sjsu.edu for more information regarding student use of Canvas.

Notes posted on the site are for your use but are not a substitute for attending class.

NOTE: STUDENTS ARE RESPONSIBLE FOR NOTIFYING THE INSTRUCTOR OF ERRORS AND OMISSIONS IN THE GRADE SECTION OF CANVAS. If you are missing a grade or a grade has been recorded incorrectly, students must notify the instructor prior to the end of the semester. Once grades have been posted, no changes will be processed unless a clerical error has been made by the instructor.

Course Navigation

I have structured this course on Canvas with weekly Modules. Each Module includes learning objectives, reading assignments, lecture material, videos, course assignments, activities (both in class and outside of class), quizzes and Powerpoint slides. You should be able to navigate through the Modules using the “Next” button on your screen. Pay close attention to Due Dates for assignments.

Classroom Protocol
This syllabus is subject to change at the discretion of the instructor. You are responsible for assigned reading and participating in online discussions. No make-ups for quizzes unless prior arrangement with the instructor. Attendance is not mandatory, but highly encouraged. Should you happen to miss a class, you are welcome to obtain notes from a peer in the course. Also, please ask your peers in the course if you, “missed anything important,” and do not ask the instructor. It is important to mention that those students who regularly attend class tend to do significantly better in the course.

**Professional Communication**

The best way to contact me is to leave a message on my private practice voice mail. The number is (408) 296-9600. You can also email me at Ellyn.herb@sjsu.edu. I don’t respond to texts from students. Since I teach multiple courses on campus, please communicate the following information when you contact me:

Your full name, course name, section number and phone number where I can reach you. Please don’t use abbreviations (as in texting), as I might not understand what you are trying to say. You do not need to notify me if you will not be in class, however, if you know, in advance, that you will miss a class you can let me know.

NOTE: I do not accept assignments by email unless by prior authorization from the instructor.

**Personal Computer (Laptop Use)**

You can use your computer to take notes during class, ONLY DURING LECTURES. No electronic devices may be used during experiential activities, showing of videos, student presentations, etc. Please do not surf the net, check your email or otherwise engage in interactive pursuits while in class (playing games!). If you are found to be using the computer inappropriately, you will lose the privilege of using a computer in class for the remainder of the semester.

**Classroom Netiquette**

Please refer to the section on Canvas if you are unfamiliar with taking an online class. Information about Zoom, Netiquette and other resources are listed on Canvas.
Class Participation

In order to create an active learning environment, students are expected to attend class regularly, participate in class discussions, complete in-class assignments and come to class having read the assigned readings.

How does attendance and class participation help?

1. You will hear directly from the instructor about any changes in the course schedule or course requirements.
2. You have the opportunity to network with fellow students, which may be helpful in forming study groups, learning whom to work with on group projects and whom to turn to for notes if you miss a class.
3. Listening to lectures given in class enhances your learning. Research has also shown that taking notes by hand in class enhances learning course material. Even if you read your textbook, underline and take notes while reading, taking notes by hand, in class, can solidify your knowledge and grasp of the material.
4. Your instructor may get to know you better if you participate in class discussions, ask questions and generally become a part of the course climate. Also, asking and answering questions fosters learning for all students who are present.

SO, PLEASE COME TO CLASS PREPARED TO DISCUSS THE MATERIAL YOU HAVE READ, ASK QUESTIONS AND PARTICIPATE!

Course Requirements

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.”
Final Examination or Evaluation

“Faculty members are required to have a culminating activity for their courses, which can include a final examination, a final research paper or project, a final creative work or performance, a final portfolio of work, or other appropriate assignment.” Details of the final exam for this course will be discussed in class.

Assignments and Grading Policies

NOTE: All papers submitted must be typed (double-spaced) unless directed by your instructor to submit in another format. Word documents or Google Docs are acceptable.

Assignments:

1. Written Assignments – There will be two homework projects (Food Mood Log and Addiction Simulation Exercise) that will be explained in class and on Canvas. Note the DUE DATES and please read additional information.
   CL-01, CL-04, CL-06
   25 points each = Total of 50 points

2. Quizzes – Quizzes for this course will be found in the weekly Module sections of Canvas. All quizzes are to be taken ONLINE, on CANVAS.
   CL-01, CL-02, CL-03, CL-04, CL-05, CL-06
   4 quizzes @30 points = 120 Total of points

   SINCE QUIZZES ARE ACCESSIBLE ONLINE, THERE ARE NO MAKE-UPS. PAY ATTENTION TO TIME FRAMES!

3. Research Article Write Up – Choose one diagnosis that you are interested in. Locate and copy a “peer-reviewed” Journal Article of your choosing that relates to the disorder you pick. Using the
guidelines on Canvas, complete a written report on the article. You must include the complete reference so that I can access your article as I grade your paper. **CL-03, CL-05, CL06**

20 points Total

4. **Vignette Writing** – For some of the chapters in the textbook, you will be working in small groups, during class, to create **Vignettes** related to the various disorders we are studying. This is an IN-CLASS assignment and you must be present to participate. I have worked out a way for this to happen over Zoom. Please see the INSTRUCTIONS on Canvas as submission for this assignment relies on one student taking a screen shot of the work and posting it!

   **CL-01, CL-02, CL-04, CL-05**

   3 vignettes @ 10 points each = Total 30 points

5. **Group Project (Paper and Presentation)** – You will need to sign up for a group project on Canvas using the “People” tab on the left hand side. Each group will research the assigned topic, create a group presentation, and present it to the class on your assigned day. It is expected that you will consult peer reviewed journal articles, as part of this assignment, although you may also consult popular sources, as well. There are two parts of this assignment:

   a. **Paper** - Your group will write a paper about your topic, clearly labeling each students’ contribution. Your paper should provide information about your topic and include a page of references.

   b. **Presentation** - use either Powerpoint or Google slides to create a presentation that you will give to the class via Zoom screen sharing. If you want to use Youtube, Kahoot, etc, just be sure you have the URLs in case embedded sites don’t work!

   c. **You need to email your paper and slide presentation the day of your presentation.**

   d. A grading rubric for this assignment (see Canvas) includes the aspects that I am looking for: professionalism, promptness, creativity, and clarity are encouraged.

   **CL01, CL-02, CL-04, CL-06**

   60 points Total
6. **Additional Assignments** - a variety of small written, video, discussion, group project feedback, etc. assignments are found throughout the modules for most weeks. Please read each module carefully before class for that week to see what is expected.

There are a total of 16 different assignments for a TOTAL of 42 points

7. **Final Exam** – Using Vignettes created by the student and instructor, you will provide information regarding, classification, assessment, diagnosis and treatment of various mental disorders.

   CL-01, CL-02, CL-04, CL-05, CL-06

   50 points Total

**Extra Credit:** See the Module on Canvas. Maximum Point for Extra Credit = 10

**GRADING CRITERIA:**

- Written Assignments 50 points
- Additional Assignment 42 points
- Quizzes 120 points
- Research Article writeup 20 points
- Vignette Writing 30 points
- Group Project 60 points
- Final Exam 50 points

**TOTAL POINTS** 372 points

**GRADING SCALE:**

- A+ = 98 to 100%
- A  = 93 to 97%
- A- = 90 to 92%
<table>
<thead>
<tr>
<th>Date/Module</th>
<th>Topic/Readings</th>
<th>Activities</th>
<th>ASSIGNMENTS/DUE DATES</th>
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</thead>
<tbody>
<tr>
<td>Module Zero</td>
<td>Read Welcome and Quick Start Modules</td>
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<tr>
<td>Module One</td>
<td><em>Chapter 1 – Abnormal Psychology &amp; Life</em></td>
<td>Review Syllabus</td>
<td>SIGN UP FOR A GROUP (before next class)</td>
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<tr>
<td>8/24/2020</td>
<td><em>Chapter 2 – Perspectives on Abnormal Psychology</em></td>
<td>Finding Scholarly Articles</td>
<td>Getting to Know You Paper</td>
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<td>DUE 8/30</td>
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<td>Video Introduction (discussion section on Canvas)</td>
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<tr>
<td>Module Two</td>
<td><em>Chapter 3 – Risk &amp; Prevention of Mental Disorders</em></td>
<td>Risk &amp; Protective Factors Quiz (in class)</td>
<td>QUIZ #1 OPENS (ch. 1-4)</td>
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<td>8/31/2020</td>
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<td>Closes 9/6</td>
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<td>Date</td>
<td>Module/Week</td>
<td>Chapter/Topic</td>
<td>Activity/Assignment</td>
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<td>9/7/2020</td>
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<td>Prevention Activity (in class)</td>
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<td>Module Three 9/14/2020</td>
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<td>Chapter 4 – Diagnosis and Study of Mental Disorders</td>
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<td>Module Four 9/21/2020</td>
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<td>Group Presentation - Stress Management Vignette Writing (in class)</td>
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<td>Mention Food/Mood Log</td>
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<td>Module Five 9/28/2020</td>
<td></td>
<td>Chapter 5 – Anxiety, Obsessive Compulsive &amp; Trauma Related Disorders</td>
<td>Group Presentation - Suicide Prevention Mention Addiction Simulation</td>
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<td>Module Six 10/5/2020</td>
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<td>Chapter 7 – Depressive, Bipolar Disorders &amp; Suicide</td>
<td>Group Presentation - Body Image</td>
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<td>Module Seven 10/12/2020</td>
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<td>Chapter 8 – Eating Disorders</td>
<td>Group Presentation - Drug/Alcohol Prevention</td>
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<td>Module Eight 10/19/2020</td>
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<td>No readings this week</td>
<td>Group Presentation - Parenting Styles Vignette Writing in Class (Make copies before class)</td>
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<td>Module Nine 10/26/2020</td>
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<td>Chapter 9 – Substance Related Disorders</td>
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<td>Module</td>
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<td>Ten</td>
<td>Chapter 6 – Somatic Symptom &amp;</td>
<td>Group Presentation - Mental Health</td>
<td>Feedback Form DUE 10/29</td>
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<td>11/2/2020</td>
<td>Dissociative Disorders</td>
<td>Stigma</td>
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<td>Eleven</td>
<td>Chapter 12 – Schizophrenia &amp;</td>
<td>Group Presentation - Domestic</td>
<td>Feedback Form DUE 11/12</td>
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<td>11/9/2020</td>
<td>Other Psychotic Disorders</td>
<td>Violence</td>
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<td>Twelve</td>
<td>Chapter 14 – Neurocognitive</td>
<td>Group Presentation - Effective</td>
<td>QUIZ #4 OPENS (chapters 6,</td>
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<td>11/16/2020</td>
<td>Disorders</td>
<td>Communication</td>
<td>12, 14) Closes 11/22</td>
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<td>Thirteen</td>
<td>Chapter 11 – Sexual Dysfunction,</td>
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<td>ALL EXTRA CREDIT DUE</td>
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<td>11/23/2020</td>
<td>Paraphilic Disorders &amp; Gender</td>
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<td>TODAY</td>
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<td>Fourteen</td>
<td>Dysphoria</td>
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<td>11/30/2020</td>
<td>No readings this week</td>
<td>Group Presentation - Emotional</td>
<td>Feedback Form DUE 12/3</td>
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<td>Regulation Vignette Writing in</td>
<td>Vignette Discussion DUE 12/6</td>
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<td>class (make copies before class)</td>
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<td>Fifteen</td>
<td>No readings this week</td>
<td>Vignette Practice in Class</td>
<td>12/9 to 12/15</td>
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<td>12/7/2020</td>
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<td>(prepare for final exam)</td>
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<tr>
<td>Online</td>
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12/9 to 12/15