San José State University  
Department of Psychology  
PSYC 110, Section 05  

Spring 2020  

Instructor: Annabel Prins, PhD  
Office Location: DMH 323  
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Email: Annabel.Prins@sjsu.edu  
Office Hours: W 4:00-5:30 or by appointment  
Class Days/Time: Wednesday: 6:00-8:45  
Classroom: DMH 353  
Prerequisites: Psychology 1  
Course Access: Mindtap (Cengage)  
Access through Canvas  

Faculty and Course Web Page  

The materials for this class (i.e., textbook, assignments, handouts, etc.) will be made available through MindTap from Cengage. Access to the online book and weekly assignments is through Canvas. Students wishing to have a physical copy of the textbook can purchase this from the bookstore along with their Mindtap access card. Your grades, however, will NOT be kept on MindTap. Grades will be housed within CANVAS and posted at the end of the semester on MySJSU.  

Course Description  

*From SJSU Catalog:* What is considered normal and abnormal in human behavior and psychological functioning. Emphasis on psychological, social, and biological determinants of human behavioral and psychological deviance. Prerequisite PSYC 001.  

This course will provide you with an overview of abnormal behavior and psychological processes as well as psychopathology (the scientific study of psychological disorders).
We will examine definitions of abnormality, historical perspectives on abnormal behavior, and models of understanding abnormal behavior. We will study different psychological disorders, including their assessment and treatment.

**Learning Outcomes**

**Course Learning Outcomes:**
Upon successful completion of this course, students will be able to:

CLO1: Understand the importance of historical and sociocultural context when classifying and treating psychological disorders. *(Critical thinking development)*

CLO2: Understand different paradigms used in the classification, assessment and treatment of psychological disorders. *(Knowledge base and application development)*

CLO 3: Understand the role of science and research in studying abnormal behavior *(Research methods development)*.

CLO4: Understand how definitions and classifications of abnormal behavior are dependent on theoretical paradigms. *(Critical thinking application)*

CLO5: Understand the role of psychological, social, and biological interventions in treating psychological disorders. *(Knowledge based and application development)*

**Program Learning Outcomes (PLO)**
Upon successful completion of the psychology major requirements:

PLO1 – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. *(Knowledge base of psychology)*

PLO2 – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations. *(Research methods in psychology)*

PLO3 – Students will be able to use critical and creative thinking, skeptical inquiry, and scientific approaches to address issues related to behavior and mental processes. *(Critical thinking in psychology)*

PLO4 – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues. *(Application of Psychology)*

PLO5 – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society. *(Values in Psychology)*

**Required Texts/Readings**
Textbook (Loose-Leaf) - also e-version through Mindtap

Access to your textbook and support materials (videos, quizzes, reviews, etc) are available through a MindTap access card purchased at the bookstore. If you would like a loose-leaf textbook, (in addition to an electronic version), you can purchase this at the bookstore as well. Please make sure to purchase your access card/book from the bookstore. I have selected specific chapters and assignments from the 8th edition of this textbook.

Other Equipment and Material Requirements
Students will be required to watch several videos within MindTap, as well as popular movies available on YouTube, DVD, iTunes, Amazon, or Netflix.

Definition of a Credit Hour
Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week, with 1 of the hours used for lecture) for instruction, preparation/studying, or course related activities including, but not limited to, internships, labs, and clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Classroom Protocol
Communication
The best way to reach me is via email. Please allow 1-2 business days for a response. I do not typically respond to email on weekends.

Please do not use email to obtain extensive help with an assignment or to explain your class attendance or performance. If you would like to discuss something, please come to my office hours or set up an appointment. If you have two very different questions, please draft two different emails. Make sure put the following information in the subject line: Last name (if it’s not reflected in your email address), Course #/Section #, and the specific issue you are emailing about (e.g., Smith, Psy110/04 – absence on 9/2)

You are encouraged to develop your style of professional communication with faculty, staff, and other students. This is especially important when it comes to email. Here are some important considerations when it comes to communicating via email. These tips will serve you well in future professional exchanges.
- Please have an email address that includes your name.
- Use the subject line to specify the nature of your communication. Avoid vague subject tags like “update,” “question,” etc.
- Make sure to keep the greeting professional (Dr., Ms., Professor) and keep the tone polite and respectful.
- Be sure to use correct grammar and spelling in your message. Use complete sentences and both upper and lower case letters. Email is not a text message.
- Be clear and concise in your communication. Again, email is different than texting. Clarity is more important than efficiency and speed.
- Consider your message/request before you make it. If you are emotionally or physically compromised (e.g., angry or tired), you may want to wait to send the email.
- If you need a reply, please make this request clearly. If you do not hear back from me within 48 hours, then resend the original message with a gentle reminder.

**Attendance**

With only one class per week, attendance is strongly encouraged. If you do not attend classes, you will miss material that will appear on the exams. You will also miss the opportunity to get credit for in-class assignments. You are expected to be on time to class and following breaks during the class. If you need to miss a class, let me know by email as soon as possible. Missing more than one class during the semester is a significant problem. Due dates cannot be changed except for medical reasons.

**Classroom structure and etiquette**

You are responsible for keeping current on any deviations/modifications to the class schedule, particularly changes in due dates. Participation in class discussion is expected and contributions must reflect a basic understanding of the reading. Participation makes the class more engaging and allows you to develop your oral communication skills. Questions and personal experiences are welcomed although careful consideration of timing, tone, and applicability is expected.

You will not be able to use your cell phone or laptop during class. (If you need to receive an emergency call, let me know about it in advance). You will be provided with slides after each class to organize your thoughts and notes. These slides will be available electronically after class if you want to transfer your handwritten notes. This class structure has the added benefit of helping you to learn and study.

If you have a compelling reason for using a laptop in class, please talk with me. Any laptop user must sit in the first row of the classroom. You may never connect to the internet during class or use your computer for personal or entertainment purposes during
class time. If you use your smart-phone or any other device to text or connect to the web during class, you will be asked to leave the class.

Please do not carry on conversations with others during the class. If you have questions or points to make, please say it so the class can hear. During class and discussions be polite and respectful of others. Be patient, wait your turn, and refrain from language that may be prejudicial or hurtful to others.

**Recording of Class Lectures**

Common courtesy and professional behavior dictates that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. This permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.

Please state your request to record the class BEFORE class begins. Because student participation is a part of each class, permission must be granted by everyone in the class.

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. Your may not publically share or upload instructor-generated material for this course such as exam questions, lecture notes, or homework solutions without the instructors consent.

**Assignments and Grading Policy**

Students will be graded based on their performance on the following assignments: 3 exams, weekly quizzes, in-class assignments, and one 5 page paper reviewing a movie depicting psychopathology. Each assignment is described below. The grading scheme for this course is determined as follows:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A+</td>
<td>100-99%</td>
</tr>
<tr>
<td>A</td>
<td>98-93%</td>
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<tr>
<td>A-</td>
<td>92-90%</td>
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<tr>
<td>B+</td>
<td>88-87%</td>
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<tr>
<td>B</td>
<td>86-83%</td>
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<tr>
<td>B-</td>
<td>82-80%</td>
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<tr>
<td>C+</td>
<td>79-77%</td>
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<tr>
<td>C</td>
<td>76-73%</td>
</tr>
<tr>
<td>C-</td>
<td>72-70%</td>
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<tr>
<td>D+</td>
<td>69-67%</td>
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<tr>
<td>D</td>
<td>66-63%</td>
</tr>
<tr>
<td>D-</td>
<td>62-60%</td>
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<tr>
<td>F</td>
<td>59-0%</td>
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**Exams**

There will be three exams. You must bring a number 2 pencil and a clean and unwrinkled Scantron (form no. 882-E) to the test. The exams will cover both readings from the text and class lectures. The exams will have 50 multiple choice questions. Exams will be given during the lecture period, and you will have 120 minutes to complete the exam. Exams typically take no longer than 90 minutes to complete.

You will be allowed to re-schedule an exam only for medical reasons, or if you have a mandatory school activity. However, you must bring me a note to that effect from a doctor or from the school advisor for that activity (such as a coach). The final exam will count the same as any other exam, and it will NOT be cumulative. Each exam will be worth 20 % of your final grade (60% total).
Quizzes

BEFORE most classes (10 total), you will be required to take a quiz on the chapter for that class. The quizzes will be posted in MindTap, and they will not be available once the class has started. Each quiz will have 15 to 20 questions based on the reading. You will have two attempts to pass each quiz. Quizzes will be worth 10% of your grade.

In-class assignments

There will be 10 in-class assignments. Most of these assignments will require you to answer questions about the movie you watched for that class. You must attend class in order to receive credit for the assignment. I will grade these responses as excellent (100%), good (90%), adequate (80%) and ok (70%). You must get 70% in order to pass the assignment. In-class assignments will be worth 10% of your grade.

Movie review

Over the course of the semester you will have the opportunity to watch several well-known movies depicting individuals with psychopathology. You are required to watch each movie, but you will only write a paper about one movie (you can select the movie). There are two possible submission dates for this assignment (see class schedule). Submitting the paper earlier in the semester will give you greater flexibility and time at the end of the semester.

Your paper should be double-spaced and 5 pages long. Please use a 12-point font and 1 inch margins, and please use the following headings:

The film: State the film you watched, the name of the character you will describe, and summarize the story as it relates to the character.

The main character’s diagnosis: Identify the behaviors depicted that are consistent with a diagnosable psychological disorder covered in your text. Make sure you identify the necessary behaviors for that diagnosis.

The etiology (source) of the character’s condition: Address what you think might be the origins of the individual’s psychological disorder based on either the movie or your textbook.

The management or treatment of the disorder: Address how the psychological disorder is treated or managed in the movie, and what treatments you might recommend based on your text.

Conclusion: Identify what you learned from watching the movie and writing the paper.
Your paper is worth 20% of your final grade. It should be well organized and written. If writing is a challenge for you, make sure you meet with someone from the writing center.

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester’s Catalog Policies section at http://info.sjsu.edu/static/catalog/policies.html. Add/drop deadlines can be found on the current academic calendar web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/. The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University’s Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 1097-03 requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center at http://www.sjsu.edu/at/asc located on the 1st floor of Clark Hall in the Associated
Students Lab on the 2nd floor of the student union. Additional computer labs may be available in your department/college. Computers are also available at Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from media Services located at IRC 112. These items include DV and HD digital camcorders, digital still cameras, video, slide and overhead projectors, DVD and CD players, sound systems, wireless microphones, projection screens and monitors.

**SJSU Peer Connections**

Peer Connections, a campus-wide resource for mentoring and tutoring, strives to inspire students to develop their potential as independent learners while they learn to successfully navigate through their university experience. You are encouraged to take advantage of their services which include course-content based tutoring, enhanced study and time management skills, more effective critical thinking strategies, decision making and problem-solving abilities, and campus resource referrals.

Peer Connections is located in three locations: SSC, Room 600 (10th Street Garage on the corner of 10th and San Fernando Street), at the 1st floor entrance of Clark Hall, and the Living Learning Center (LLC) in Campus Village Housing Building B. Visit Peer Connections website at [http://peerconnections.sjsu.edu](http://peerconnections.sjsu.edu) for more information.

**SJSU Counseling Services**

The SJSU Counseling Services is located in the Administration Building 201, on the corner of 7th Street and San Fernando Street. Professional psychologists, social workers, and counselors are available to provide consultation on issues of student mental health, campus climate or psychological and academic issues on an individual, couple or group basis. To schedule an appointment or learn more about the counseling services, visit the Counseling Services website at [http://www.sjsu.edu/counseling](http://www.sjsu.edu/counseling).
# Psy110 (5)
## Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1/29</td>
<td>Overview of Course – Chapter 1</td>
</tr>
</tbody>
</table>
| 2    | 2/5  | Chapter 1 (continued): Abnormal Behavior in Historical Context  
Quiz for chapter 1 completed before 6:00pm  
Movie 1: One Flew Over the Cuckoo’s Nest |
| 3    | 2/12 | Chapter 2: An Integrative Approach to Psychopathology  
Quiz for chapter 2 due before 6:00pm |
| 4    | 2/19 | Chapter 3: Clinical Assessment and Diagnosis  
Quiz for chapter 3 due before 6:00pm |
| 5    | 2/26 | Exam 1 |
| 6    | 3/4  | Chapter 4: Research Methods  
Quiz for chapter 4 due before 6:00pm |
| 7    | 3/11 | Chapter 5: Anxiety and OCD (127-159; 168-179)  
Watch Movie 2 (before class): As Good as it Gets  
No quiz |
| 8    | 3/18 | Chapter 5: Trauma and Stressor Related Disorders (160-168)  
Watch Movie 3 (before class): Born on the Fourth of July  
Quiz chapter 5 due before 6:00pm |
| 9    | 3/25 | Chapter 6: Dissociative Disorders (198-213)  
Watch Movie #3 (before class): Sybil  
Quiz for chapter 6 due before 6:00pm |
|      | 4/1  | Spring Break |
| 10   | 4/8  | Chapter 7: Mood Disorders and Suicide  
Watch Movie #4: It’s Kind of a Funny Story  
Quiz for chapter 7 due before 6:00pm |
| 11   | 4/15 | Exam 2  
Final movie paper accepted |
| 12   | 4/22 | Chapter 8: Eating Disorders (273-294)  
Quiz for selected section of chapter 8 due before 6:00pm  
Chapter 10: Paraphilic Disorders and Gender Dysphoria (382-399)  
Watch (before class) Movie #5: Boys Don’t Cry  
Quiz for selected sections of chapter 10 due before 6:00pm |
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
</table>
| 13   | 4/29 | Chapter 12: Personality Disorders  
Watch (before class) Movie #6: Girl, Interrupted  
Quiz for chapter 12 due before 6:00pm |
| 14   | 5/6  | Chapter 13: Schizophrenia Spectrum  
Watch (before class) Movie #7: A Beautiful Mind  
Quiz for chapter 13 due before 6:00pm |
| 15   | 5/13 | FINAL EXAM (Exam 3) 5:15 pm (NOTE TIME CHANGE!!)  
Final Movie Paper DUE |