San José State University
College of Social Sciences, Department of Psychology
PSYC 142: Child Psychopathology, Spring 2021
Section 02, CRN 24111, Monday, 3:00pm

Instructor Information

<table>
<thead>
<tr>
<th>Instructor:</th>
<th>Leslye M. Tinson, M.S., LMFT (she/her)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office Location:</td>
<td>@ home due to COVID-19 pandemic</td>
</tr>
<tr>
<td>Office Hours:</td>
<td>Mondays 4:30-6 and Thursdays, 10:30am-12pm, OR by appointment (All office hours held virtually)</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:Leslye.Tinson@sjsu.edu">Leslye.Tinson@sjsu.edu</a></td>
</tr>
<tr>
<td>Faculty Websites:</td>
<td>SJSU People: Leslye Tinson</td>
</tr>
</tbody>
</table>

| Class Days/Time: | Wednesday, January 27 orientation meeting for Section 02 |
|                 | Class discussions (Zoom): Mondays at 3pm                 |
|                 | All other times asynchronously                           |

This course is available online using Canvas

| Class Location: | This course is a fully online hybrid course, with some synchronous meetings. Meetings will be held virtually using Zoom or Google Meet. All course materials are located on Canvas. |

Course Description

PSYC 142 - Child Psychopathology, 3 unit(s)


Welcome to our online-hybrid course!

Proceed To Our PSYC 142 Canvas Course

SJSU Learn Anywhere Portal
Welcome to our course!

Dear Students,

My name is Professor Leslye Tinson and I am excited that you will be joining me in PSYC 142: Child Psychopathology this semester! This is one of my favorite courses to teach because I love helping children and adolescents and their families. I look forward to sharing ideas, answering questions, and learning with you in the weeks ahead.

Our class officially starts on Wednesday, January 27, 2021 at 3pm and that is when you can login to begin. To successfully login use the following:

- SJSU One
- Canvas website: SJSU Login

On Wednesday, I’ll be hosting a Live Course Welcome Session. I’ll use Zoom to give you a tour around our course website and answer your questions. We will also have a brief discussion of course content. You can join from your desktop, laptop, or smartphone.

**Zoom link for our class session Orientation**
Topic: Psych 142 Orientation - Mondays at 3pm (Section 02)
Time: Jan 27, 2021 03:00 PM Pacific Time (US and Canada)

Join from PC, Mac, Linux, iOS or Android:
https://sjsu.zoom.us/j/83064016310?pwd=eTFjNG9GWjN250tsbnV2WkQzZDiwQT09

Password: 467162

Or iPhone one-tap:
US: +16699006833,,83064016310# or +12532158782,,83064016310#

Or Telephone:
Dial(for higher quality, dial a number based on your current location):
   or +1 253 215 8782 or +1 346 248 7799 or +1 312 626 6799 or +1 646 876 9923 or +1
301 715 8597
US: +1 669 900 6833
Meeting ID: 830 6401 6310
International numbers available: https://sjsu.zoom.us/u/kGGPL5fr

Our class is fully online, and there are required activities to complete in order to stay actively enrolled. Please login and finish the following Orientation module by the end of the second week of classes.

1. Read the Week 1 module (includes our syllabus)
2. Participate in the “Intro” Discussion Board
3. Complete the “Getting to Know You” Survey
4. Setup your study plan schedule
5. Complete the Syllabus Quiz.

To Summarize:

- Course starts on Wednesday, January 27
- I’ll host the Live Course Welcome Meeting using Zoom on Wednesday, January 27 at 3pm
- You have several items to complete before the second week of classes.
- We will usually have our Zoom meetings once a week, Mondays at 3pm. The rest of the course content will be available for you to complete asynchronously.

That’s it for now. Feel free to email me if you have any questions or concerns getting started. I’m looking forward to an awesome semester of learning with you.

Sincerely,

Professor Tinson
About your instructor

My name is Leslye Tinson and my pronouns are she, her. Please refer to me as “Professor Tinson” or “Ms. T.” I am a Lecturer in the Department of Psychology and in the Department of African American Studies at SJSU. I also teach in the MS Clinical Psychology graduate program here at SJSU. I have been teaching at SJSU since 2015 and enjoy meeting new students and helping you as you make progress in your educational journey.

At present, I am a doctoral student, so I’ll be studying and stressed right alongside you! I have a Master of Science in Clinical Psychology from San Francisco State University. I am a Licensed Marriage and Family Therapist and have an active private practice. I have taught a variety of courses at colleges and universities throughout the Bay Area. I will share more about my background and experiences with you on our Canvas website. You may also view my SJSU faculty webpage.

How to contact your instructor

If you have a question as you are moving through the class, please do the following:

1) If it is a general question, post it on the Q&A forum for our class.
2) If it is a personal question (e.g. grades, accommodations, etc.), send me a message using the Canvas inbox.
3) OR Send me an email directly at Leslye.Tinson@sjsu.edu. If you email me directly, be sure to let me know it’s for our PSYC 142, Section 02 course.

Textbooks and Materials

For our course you may use the 3rd edition or 4th edition of Dr. Weis’ text.


NOTE: Do not use an earlier edition of this textbook because it does not have the most current diagnostic criteria and research data.
You will also need:

- a composition book or paper for taking notes,
- a computer/laptop/e-device for accessing Canvas, and submitting assignments, and
- reliable Wi-fi connection for accessing our online classroom discussions.
- Please use earbuds (or headphones) with a microphone for our class meetings.
- Computers are available for rental from SJSU Student Computing Services.

Course Format

This course will be conducted through weekly Zoom meetings, online discussion forums, required films, and assignments on the Canvas course website. To use Canvas, students will need access to an electronic device such as a computer, and will need to login using their SJSU credentials.

Canvas

Canvas is SJSU’s Learning management tool. All of our course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on the Canvas course website. Students are responsible for regularly checking Canvas and their SJSU email address regularly to learn of any updates. Since this is a fully online course, Canvas will be the centralized source of course material, communication and supplemental material. You will also need to use your SJSU Library account to access certain required films in the course.

- Login regularly and check Canvas often!!!
- Video: How to Access Canvas (Canvas Overview).

Required Computer Equipment

You will need a computer and reliable internet access in order to successfully complete this course. Some of the course material may be accessible by phone or other e-device, but the majority of the course’s content may require a full computer/laptop browser and a large bandwidth of data access. Therefore, it is strongly recommended that you utilize a full computer or laptop to access all course materials. Computers are available for loan from the campus.

Student Computing Services

NOTE: There may be some apps that are incompatible with iPad or Chromebook security settings. In these cases please contact me as soon as possible, so we can try to figure out an alternative.

Need Tech Support???

If you think you need tech support, try these things first:
1. Log out and try to log back in. Restart your computer.
2. Try a different web browser. See if it works in Chrome or Firefox.
3. Maybe a classmate can help! Post your question to our Q&A forum on Canvas.
5. Contact SJSU eCampus for help
6. Inside Canvas, use the help emoji (question mark icon) on the left navigation Canvas menu and submit a trouble ticket.
7. If all else fails, email Professor Tinson: Leslye.Tinson@sjsu.edu
How do I get help outside of class?

If you have any questions about the class, take the following steps.

1. **Read the syllabus.** Most questions about assignments and requirements are answered in this document. Based on student need, we may make some adjustments to dates as the semester progresses. Be sure to write those new dates on your syllabus.

2. **Come to office hours.** My office hours are listed on Page 1. You do not need to set up an appointment for office hours. This is my regular time that I will be available to you. If my office hour times do not work for your schedule, we can set up an appointment at an alternate time. I can also meet online using Zoom.

3. **Setup an appointment** – If you want to set up an appointment with me outside of my office hours, please send me an email with your available times and dates. Be sure to include your availability options (at least 2 times and days), as this helps me figure out a time that is best for the both of us.

4. **Send an email with your specific question** – Please use proper decorum when sending emails. Please do not expect an immediate response. I will do my best to reply to your emails within 48 hours (during the school week, not including holidays and weekends), but I am teaching multiple courses and this timeframe of response may not always be possible. Please use kind words and be respectful in your emails to me. See example emails below.

If you are having trouble in the class, remember:

- I am here to help you
- I expect you to take initiative by coming to see me during office hours as soon as you notice having difficulty with course material and assignments.

Please ALWAYS include “PSYC 142” in the subject line of the email. Example emails are below:

Dear Professor Tinson: I am in your Psyc 142 class. I have a question about tomorrow’s exam. Can you help me understand the reasoning behind social psychologists’ studies on compliance? Thanks, Janet M.

Hi Ms. T: I would like to meet but can’t attend your scheduled office hours. Can we setup an alternate time? I’m available Tuesday and Wednesday 3-5pm. Sincerely, Mateo W.
The Purpose of this Course

This course focuses on the integration of theory, etiology, research, treatment, and prevention of developmental psychopathology. In addition to learning about specific types of abnormal behavior that infants, children, and adolescents experience, the course will also explore how to assess these problems, how to treat these problems, and how to work toward prevention of these problems. Throughout the course, discussions will include a focus on ethical consideration of children and adolescents. In keeping with a focus on the context of children’s and adolescents’ emotional/behavioral problems, including factors of gender, race, ethnicity, and socioeconomic status will be considered throughout the course material.

A primary objective of this course is for students to integrate their scholarly learning of the course material with applied aspects of the material. In addition, students will get a chance to integrate their knowledge from other related areas (such as developmental psychology, abnormal adult psychology, sociology, and family systems). Students will have the opportunity to express their learning in written format, as well as through oral discussions and presentations in the classroom. Students will be encouraged to develop additional analytical thinking skills by critically evaluating original research in abnormal child psychology and by applying their knowledge of abnormal child psychology to specific case studies and first-person accounts of maladaptive behavior in childhood and adolescence.

We will meet each week once per week for class discussions and the rest of the class will be conducted asynchronously. Our course will meet on Zoom on Mondays at 3pm. You will typically have the rest of the week to work independently.

In this course, some lecture-based material will be provided, however my teaching style often incorporates active participation from you. We will have online discussions, small group exercises, and interactive activities throughout the semester. PowerPoint slides, videos and other audio-visual aids will be used throughout the course to enhance the student learning experience. Additionally, you will have access to online resources to supplement course material via the course Canvas site.

I expect you to come to class having read the assigned readings prior to class, with a winning attitude and willingness to give their best efforts in class. It has been my experience that those who are prepared for class, and who attend class regularly perform best. The value of your presence in class and participation in the class really enriches the learning experience for everyone. Students will be expected to contribute both orally and in written form during the semester.
Course Learning Outcomes (CLO)
For this course, the following student learning objectives will be met through a variety of assigned readings, films, writing assignments and class discussions.

Students will be able to:

1) identify behavioral abnormalities in children and adolescents, using an integrative approach.
2) formulate treatment options for the children, adolescents and their families.
3) identify diagnostic criteria for mental disorders affecting children and adolescents.
4) apply sociocultural contexts to gain better understanding of unique circumstances that the child/family is facing, to assist in development of a comprehensive treatment approach.

Program Learning Objectives: B.A. Psychology

1. Knowledge Base of Psychology
Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

2. Research Methods in Psychology
Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

3. Critical Thinking Skills
Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

4. Applications of Psychology
Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

5. Values in Psychology
Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.
Student suggested learning path

Each Canvas module is set up in a sequentially numbered format. To ensure you don’t miss anything, you should plan to follow the module in order as it is designed. There will be green check marks or red marks next to each item. This helps you to easily keep track of what is due for each module.

Canvas’ navigation buttons are located at the bottom of each page of the module. To proceed, you will need to click the NEXT button. Click NEXT to continue, so that you do not miss any content.

Below is an example of what the Module layout looks like:

![Module layout example](image)

Course Assignments (Requirements)

Courses are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. Please keep in mind that additional discipline in making sure assignments are completed on time, is the responsibility of the student enrolled in an online course. The course requirements are as follows:

1. Course Orientation 20 points
2. Syllabus Quiz 10 points
3. Case Studies, Discussions, Assignments 100 points
4. 3 exams 90 points

**Total Points in the Course: 220 points**
Assignment Descriptions

Course orientation module (20 points)
- Setup your Canvas profile, add profile picture, and set your notifications ON
- Setup your Zoom account, add profile picture, add gender pronouns
- Attend Zoom orientation
- Watch the introduction video on Canvas
- Read the syllabus and Prepare a learning schedule/study plan

Graded Assignments in the Orientation Module
- Post on the introductory discussion board (Submit using Canvas Studio, or text with photos) - 10 points
- Submit “Getting to know you” sheet to instructor - 10 points

Syllabus Quiz (10 points)
The course syllabus is our agreement for the semester. Students are expected to read the syllabus thoroughly and refer to it often during the course. We will have one quiz (administered on Canvas) that will review your understanding of the syllabus policies and course requirements. Students who do not complete the syllabus quiz by the deadline will receive 0 points on this assignment.

Case Studies, Discussions, Activities – 100 points (10 points per assignment)
To enhance the student learning experience, students will have the opportunity to participate in small group activities during class and/or Canvas assignments. For in-class Zoom assignments, students must be in attendance and participating during class in order to receive credit. An example of an in-class activity might be reviewing a case study and working with group members to develop a treatment plan for that case. All students are expected to contribute to the final product submitted. For Canvas assignments, please follow the stated deadline. There is some flexibility, but I can give better feedback to students when submitted timely. Late submissions will be accepted. Students who do not submit the assignments will receive 0 points. For Canvas submissions – you are responsible for making sure your file can open. Please convert “Apple Pages” files to PDF or Word before submitting them. Corrupted files or files that I cannot access will receive 0 points. Please do not directly email me the assignment. Please always submit your work in Canvas.

In addition to our Zoom discussions, students will participate in virtual dialogue with classmates through the Canvas discussion forums. Examples might include: sharing your favorite research finding of the week’s readings and why, or analysis of a video or controversial issue in child psychopathology. Students will post their original ideas then reply to several colleagues in the course. The goal is to have authentic dialogue with at least one other student in the forum. Discussion posts can be submitted as written text or video submissions using Canvas Studio, which is an app built into our Canvas course.

Complete details of assignments will be posted on Canvas.

Exams – 90 points (30 points each exam)
Course exams will consist of multiple choice, true/false, short answer, and essay questions. The exam will cover all chapters, cases, lectures, videos, and classroom activities up to that date. The primary purpose of this exam is to verify your mastery of the course material. The focus will be on integration of course concepts, rather than
simple presentation of memorized concepts. Missed exams will result in 0 points, unless emergency occurs – see Attendance Policy.

If you need help, please contact me:
1) Send me a message in Canvas inbox
2) Send me an email OR
3) Request an appointment to meet via Zoom

Course Schedule

Please review the schedule below. You will typically need to submit one assignment per week. Deadlines will also be posted on Canvas.

Class Assignments: Unless otherwise noted below, all assignments are set on Canvas to be due by 11:59pm. The deadlines should be considered a suggested benchmark to keep you on track, but I will accept late assignments. Please do not wait until May to try to submit everything late.

Exams: All exams have specific dates and times, and deadlines of when you should submit. These are hard deadlines. Please be sure to take the exam on the time and date that it is available. You will be taking the exams online. They are timed for 1 hour. While the exams are taken, it is expected that each student conducts themselves with academic integrity and does not include taking the exam with other students, nor sharing information or questions about exams with anyone else. Violations will result in college disciplinary action.

Final Examination

The final exam for our course is Exam 3. It is not weighted any heavier than any other exam in our class and will cover the course material since Exam 2. The final exam for our class will be held on Friday May 21 at 12:15pm. The final exam may not be taken early. Please plan your vacations for after final exams.

If a student has 3 different classes with final exams scheduled for the same day, the student may contact me for rescheduling to another day, based on the SJSU final exams policy.

<table>
<thead>
<tr>
<th>Assignment Group</th>
<th>Point value of assignment</th>
<th>Percentage Weight toward final grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Syllabus Quiz</td>
<td>10 points</td>
<td>15% of total grade</td>
</tr>
<tr>
<td>Intro discussion post</td>
<td>10 points</td>
<td></td>
</tr>
<tr>
<td>Getting to know you</td>
<td>10 points</td>
<td></td>
</tr>
<tr>
<td>Case Studies, Discussions, Assignments (10)</td>
<td>100 points</td>
<td>45% of total grade</td>
</tr>
<tr>
<td>Exams (3)</td>
<td>90 points</td>
<td>40% of total grade</td>
</tr>
<tr>
<td><strong>Total Assignments</strong></td>
<td><strong>220 points</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>
Grading for the course

Students will be assigned a letter grade based on the percentage they earned in the course. Letter grades on the Canvas website are not considered official grades. If students have questions about their progress in the course, I strongly encourage you to meet with me during office hours.

The table below demonstrates the minimum percentage for each letter grade:

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A plus</td>
<td>97%</td>
</tr>
<tr>
<td>A</td>
<td>93%</td>
</tr>
<tr>
<td>A minus</td>
<td>90%</td>
</tr>
<tr>
<td>B plus</td>
<td>87%</td>
</tr>
<tr>
<td>B</td>
<td>83%</td>
</tr>
<tr>
<td>B minus</td>
<td>80%</td>
</tr>
<tr>
<td>C plus</td>
<td>77%</td>
</tr>
<tr>
<td>C</td>
<td>73%</td>
</tr>
<tr>
<td>C minus</td>
<td>70%</td>
</tr>
<tr>
<td>D plus</td>
<td>67%</td>
</tr>
<tr>
<td>D</td>
<td>63%</td>
</tr>
<tr>
<td>D minus</td>
<td>60%</td>
</tr>
<tr>
<td>Fail</td>
<td>Below 60%</td>
</tr>
<tr>
<td>Credit</td>
<td>70% or better</td>
</tr>
<tr>
<td>No Credit</td>
<td>Below 70%</td>
</tr>
</tbody>
</table>

Determination of Grades

- Final letter grades are not rounded up. Percentages on Canvas are not the official grade. Students should refer to this syllabus for the percentage assigned to each letter grade.
- Except in the case of an instructor clerical error, all grades submitted to the Registrar are final and cannot be changed after the semester ends.
- Petitions for INCOMPLETE are only approved in the rare circumstance of which a student, who is currently passing the class, has completed over 80% of the coursework, and is unable to finish due to an unforeseen emergency.

Extra Credit Options

- I typically do not offer extra credit. At my sole discretion, I may offer limited extra credit opportunities, and if so, those opportunities will be announced on Canvas.
- If extra credit becomes available, no more than 20 extra credit points can be gained toward the student’s final grade in the course. Additionally, extra credit will not be acceptable for missed assignments.
Classroom Management

Office Hours

- Due to the nature of the fully online course, and the current health pandemic, I will not physically be available to meet on the SJSU campus.
- I am happy to have face-to-face video appointments with you using ZOOM, a video conferencing service.
- I expect students to meet me for office hours as soon as they realize they are having difficulty.
- If my office hour times do not work for you, please email me your availability so we can try to schedule an alternative.

Email etiquette

- Please use proper decorum when sending emails and let me know which class you are in:
  - Subject line: “SJSU – PSYC 142 grading question”
  - Dear Professor Tinson:
- I will do my best to reply to your emails within 1 day during the week. However, on occasion it may take a longer time to reply. Please ensure that the courtesy of at least 24 hours has passed before emailing me again.
- ALWAYS include “PSYC 142” in the subject line of the email. Example emails are below:

Dear Professor Tinson:
I am in your Child Psychopathology class, Section 2. I have a question about Chapter 4. Can you help me understand the cognitive perspective on depression?

Thanks,
Jane Smithsonian

Hi Ms. T:
I would like to meet but can’t attend your scheduled office hours. Can we set up an alternate time? I’m available Tuesday and Wednesday 3-5pm.

Sincerely,
Matt Washington

Online Classroom Behavior Policy

1. Please be respectful of the instructor and other students in the course, by refraining from use of profanity, racism, sexism, etc. and any other offensive comments on the discussion forums and in your electronic communications.
2. If a behavioral disruption arises, I will ask to set up a meeting prior to the student being allowed to return to the course.
3. Cheating and plagiarism will not be tolerated. College rules regarding discipline for academic integrity violations will be followed, including notifying the Psychology Department Chair and the Dean of Social Sciences. (See Academic Integrity Policy)
4. I expect students to take risks, try hard and do their best. Having a positive attitude will go a long way!
5. **TIME MANAGEMENT is important.** Taking an online course requires additional discipline. We won’t have the day to day reminders and in-person interaction. I will do my best to send email reminders, or post Canvas reminders online. However, it is ultimately the student’s responsibility to manage time wisely, study in a progressive manner (as opposed to cramming) and submit all assignments by their stated deadlines.
6. **Special reminders about email etiquette**
   a. Please use kind words and maintain a respectful tone in your emails to me.
b. Please avoid emailing me when you are upset or frustrated.

c. Please avoid accusatory language, use of emoticons, or any other language that may be interpreted as rude, condescending, harassing or inappropriate to the instructor.

d. If your email is disrespectful, demeaning or disruptive, I will refer it to the psychology department chair and/or College Dean for further action. Additionally, I will also ask you to refrain from emailing me further until we have scheduled a meeting to discuss in person.

Academic Integrity Policy

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The academic integrity policy and Student Code of Conduct requires you to be honest in all your academic coursework. Faculty members are required to report all infractions to the Office of Student Affairs - Student Conduct.

Each student in this course is expected to conduct themselves with academic integrity. Any work submitted by a student in this course for academic credit will be the student’s own work. You are encouraged to study together to discuss major concepts covered in lecture. However, this permissible cooperation should never involve one student having possession of a copy of all or part of work done by someone else, in the form of an e-mail, an e-mail attachment file, a diskette, or a hard copy, or in any other format.

Students are expected to submit college-level original work, with proper credit and in-text citations given to external sources using American Psychological Association (APA) current edition style guide. A list of references must also be provided for each typewritten assignment. For more information on proper citations in APA format, visit www.apastyle.org.

Should copying occur, both the student who copied work from another student and the student who gave material to be copied will both automatically receive 0 points for the assignment. Penalties can also be extended to include University disciplinary action.

Student Absences

This is a fully online course, so attendance is expected by students engaging on Canvas multiple times per week. The professor will have the ability to monitor Canvas engagement through the activity report. This view shows the professor how often the student is logged into our course and interacting with the assignment and materials. I expect students will be able to manage their own time. Since this is an online class, I expect students to develop their own learning schedule, ensuring that they adhere to the deadlines. Since we are in a current health pandemic, I am using the deadlines as “suggestions” and I will accept late work without lengthy explanation. With that said, do not wait until the last week of classes to try to do all the modules.

Course Incomplete/ Withdrawal/ Grade Change Policy

I expect each student to monitor their own academic progress in the class using the course points system listed in the syllabus. Students who are having difficulty should consult with me during office hours for guidance (as soon as they notice they are having difficulty) or seek other academic assistance (tutoring, disability accommodations, counseling, etc.). Grade changes after the semester is over will only be allowed for instructor clerical error. Sometimes students are not performing well (having a “bad” semester) or have other emergencies that prohibit them from completing the course on time. If this happens, a student may wish to apply for an incomplete or withdraw from the course.
Statement on Diversity and Inclusiveness

I understand and appreciate that we represent a rich variety of backgrounds and perspectives. Therefore, I am committed to providing an atmosphere for learning that respects diversity. While working together to build this community I ask all students to:

- share their unique experiences, values and beliefs
- be open to the views of others
- appreciate the opportunity that we have to learn from each other
- value each other’s opinions and communicate in a respectful manner
- keep confidential discussions that the community has of a personal (or professional) nature
- use this opportunity together to discuss ways in which we can create an inclusive environment in this course, on campus, and in our communities

Mental Health Disclaimer & Support Services

All course material has been carefully selected to enhance the educational experience, and is not intended to traumatize or harm students. However, there are topics that we will cover that might be difficult to hear about, view films or witness others’ experiences. There may also be some material that has the potential to be retriggering of past trauma. I strongly suggest that students “put your safety mask on first” – which means, take good care of yourself as you take this online course, take breaks when needed, and regularly practice self-care, as well as solicit mental health services (if needed) as you pursue the course content.

- If you are experiencing a psychiatric emergency, please dial 911 or go to your nearest hospital.
- SJSU Counseling and Psychological Services

University Policies

This page contains information relevant to all courses at SJSU.

- General Expectations, Rights and Responsibilities of the Student
- Academic Integrity
- Accommodation to Students' Religious Holidays
- Adding and Dropping Classes
- Attendance and Participation
- Accommodations for Students with Disabilities
- Consent for Recording of Class and Public Sharing of Instructor Material
- Timely Feedback on Class Assignments
- Workload and Credit Hour Requirements

University Resources for Students

- Counseling and Psychological Services (CAPS)
- Peer Connections
- SJSU Cares
- Student Technology Resources
- Writing Center
Course Schedule: PSYC 142, Section 02

The following schedule outlines assigned readings and general topics that will be covered each week. Substantive changes will be announced via email announcements posted on Canvas.

<table>
<thead>
<tr>
<th>Class Date</th>
<th>Class topics, Readings and Assignments due</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/27/2021</td>
<td>Course Overview</td>
</tr>
<tr>
<td></td>
<td>- Syllabus review</td>
</tr>
<tr>
<td></td>
<td>- Attendance, Enrollment adds</td>
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<tr>
<td></td>
<td>- Review the Syllabus</td>
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<tr>
<td></td>
<td>- Complete Orientation Module (due by Feb 15)</td>
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<tr>
<td></td>
<td>- Participate in Intro Discussion Forum (due by Feb 15)</td>
</tr>
<tr>
<td></td>
<td>- Complete Syllabus Quiz (due by Feb 15)</td>
</tr>
<tr>
<td>2/1</td>
<td>Introduction to Developmental psychopathology</td>
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<td></td>
<td>- Read Chapter 1</td>
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<td>- Review Case of Eric on Canvas (PPT)</td>
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<td>- <strong>Zoom Discussion: Monday at 3pm</strong></td>
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<td>- Introduction to Developmental psychopathology</td>
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<td>- The field of developmental psychopathology</td>
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<td>- Historical perspectives</td>
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<td>- The DSM: Diagnostic &amp; Statistical Manual of Mental Disorders</td>
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<td>- Overview of Risks and Protective Factors</td>
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<td>2/8</td>
<td>Theories and Etiologies of Abnormalities in Children and Adolescents</td>
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<td>- Read Chapter 2: Causes of childhood disorders</td>
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<td>- <strong>Zoom Discussion: Monday at 3pm</strong></td>
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<td>- Theories of understanding abnormalities in Children and Adolescents</td>
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<td></td>
<td>- Psychodynamic, Biological, Behavioral, Cognitive, and Contextual models (Case Study)</td>
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<td>- A1. Submit intro assignment: Childhood Object (bring to Zoom class on 2/8)</td>
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<td>- A2. Submit homework (Case of Jorge) from Theories/Etiologies chapter (due by 2/15)</td>
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<tr>
<td>2/15</td>
<td>Research Methods and Clinical Assessment of Children and Adolescents</td>
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<td></td>
<td>- Read Chapter 3: Assessment and Diagnosis</td>
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<td>- A2. Submit homework (Case of Jorge) from Theories/Etiologies chapter (due by 2/15)</td>
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<td>- <strong>Zoom Discussion: Monday at 3pm</strong></td>
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<td>- Research Methods in the Study of Developmental Psychopathology</td>
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<td>- Ethics of research</td>
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<td>- Assessment of Children, Adolescents, and Families</td>
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<td>- Interviews, behavioral assessment, checklists and rating scales (Case Study)</td>
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<td>- Personality inventories, Family assessment, Educational assessment, Neuropsychological testing</td>
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<td>- A3. Submit hypothetical cases of assessment: Norman and Sarah (due by 2/22)</td>
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<td>- <strong>Study for Exam 1</strong></td>
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</tbody>
</table>
**Therapeutic Interventions with Children, Adolescents, and Families**

- **Read Chapter 4: Treating children and adolescents**
- **A3. Submit hypothetical cases of assessment: Norman and Sarah (due by 2/22)**
- **Zoom Discussion: Monday at 3pm**
  - Psychodynamic therapies, Behavioral therapies, Cognitive-behavioral therapies, Family systems therapies, Psychopharmacological interventions
  - Effectiveness of therapeutic interventions—evidence-based treatments
- **Study for Exam 1**

**2/23-2/26**

- **Exam 1: Complete EXAM 1 will cover Chapters 1, 2, 3, 4 (Exam will be open 2/23 and will close on 2/26)**

  Chapter 1: Intro  
  Chapter 2: Theories  
  Chapter 3: Assessment  
  Chapter 4: Treatment

**3/1**

**Safety, Risks, Protective Factors and Prevention**

- **Read Chapter 12: Trauma-related Disorders and Child Maltreatment**
- **A5: Post to discussion forum on child maltreatment (due by March 8)**
- **Zoom Discussion: Monday 3/1 at 3pm**
  - Characteristics within the child, family, community and culture/society  
  - Child physical abuse, sexual abuse  
  - Child psychological maltreatment  
  - CANRA - law/ethics  
  - California child abuse/neglect reporting requirements
- **Trauma- and Stressor-Related disorders.**
  - Posttraumatic stress disorder  
  - Acute stress disorder  
  - Reactive attachment disorder  
  - Disinhibited social engagement disorder  
  - Treatment of child trauma

**Self-study materials**

- Review PPT slides  
- Review CDC website on Adverse Childhood Experiences  
- Watch ACE Study video on Kanopy  
- Review the Child Maltreatment annual report

**Recommended film (optional)**

- Netflix: The Trials of Gabriel Fernandez

**Recommended books (optional)**

- Child Maltreatment (Becker-Blease & Kerig)  
- Adverse and Protective Childhood Experiences: A developmental perspective (Hays-Grudo & Morris)

**Assignments for this topic**

- Case study discussion: Case of Henry Evans
### 3/8

**Eating & Feeding Disorders; Pediatric Psychology and Health Psychology**
- Read Chapter 15
- Read Chapter 16
- Eating disorders and obesity
  - Anorexia nervosa
  - Bulimia nervosa
  - Binge-eating disorder
  - Pica
- Pediatric Psychology and Health Psychology
  - The field of pediatric psychology
  - Elimination disorders
    - Enuresis
    - Encopresis

Self-study material
- Review PPT slides
- Watch documentary “The Little Stars”
- A6. Pediatric psychology (due by 3/15)

### 3/15

**Depression & Bipolar Disorders**
- Read Chapter 13
- Zoom Discussion: Monday at 3pm
- Depressive disorders, Bipolar disorders and related problems
  - Major depressive disorder (Case Study)
  - Persistent depressive disorder
  - Disruptive mood dysregulation disorder
  - Suicide risks in children and adolescents
  - Bipolar disorder
- Suicide risks in children and adolescents

Self-study material
- Review PPT slides
- Watch documentary on Chamique Holdsclaw “Mind over Game”
- Watch Depression in Children video

Assignments for this topic
- A7. Submit Case Study assignment on Chamique’s case (due by 3/22)

### 3/22

**Anxiety Disorders**
- Read Chapter 11
- Zoom Discussion: Monday at 3pm
- Anxiety disorders
  - Separation anxiety disorder
  - Selective mutism
  - Specific phobias
  - Social anxiety disorder (Case Study)
  - Generalized anxiety disorder
- Obsessive-Compulsive disorders

Self-Study materials
- Keeping Kids healthy video
- Separation anxiety video

Assignments due for this topic
- A8. Case Study: Case of Bradley (due by 4/12)

3/23-3/26
- **EXAM 2 will cover Chapters 12, 13, 15, 16**
- Take EXAM 2 on Canvas, Exam is available 3/23-3/26

Chapter 12: Trauma, PTSD and Child Maltreatment
Chapter 13: Depression and Suicide
Chapter 15: Eating disorders
Chapter 16: Pediatric/Health Psychology

**March 29 - April 4: Spring Break; No classes or assignments due this week**

4/5
**Substance use in children and adolescents**
- Read Chapter 10
- Zoom Discussion: Monday at 3pm
- Substance Use Disorders and Problems
- Alcohol use disorder
- Drug Prevention (Case Study)

Self-Study Materials
- Required videos (Canvas)

Assignment
- A9. Case Analysis: Substance use prevention for teens (due by 4/12)

4/12
**ADHD in Children and Adolescents**
- Read Chapter 8
- Zoom Discussion: Monday at 3pm
- Attention Deficit/Hyperactivity Disorder (ADHD)
- Diagnostic issues, Treatment & Prevention

This week we will cover Attention Deficit/Hyperactivity Disorder (ADHD).
- Diagnostic issues, Treatment & Prevention

Self-study materials
- Dr. Russell Barkley videos

Assignment
- A10. Online discussion: medications for ADHD (due by 4/19)

4/19
**Behavioral Problems**
- Read Chapter 9
- Zoom Discussion: Monday at 3pm
- Disruptive and Conduct Disorders and related problems
  - Oppositional Defiant Disorder
  - Conduct Disorder & Antisocial Personality Disorder
  - Behavioral Assessment and Treatment options
<table>
<thead>
<tr>
<th>Self-Study Materials</th>
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<tbody>
<tr>
<td>YouTube video: ODD and CD</td>
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<tr>
<td>Dr. Russell Barkley videos</td>
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</table>

Assignment Due for this week

- A10. Online discussion: Are boot camps good for bad kids? (due by 4/26)

### 4/26

**Autism Spectrum**

- Read Chapter 6
- Zoom Discussion: Monday at 3pm
- Autism Spectrum Disorder
- Diagnostic issues, treatment and the unknowns

Self-Study Materials

- Watch assigned videos on Canvas
  - Film: Autism in America OR United States of Autism
  - Film: Spectrum

### 5/3

**Intellectual disabilities and learning disorders**

- Read Chapter 5: Intellectual disabilities and developmental disorders
- Read Chapter 7.2: Learning disabilities and learning problems
- Zoom Discussion: Monday at 3pm
- Specific Learning Disorders and Intellectual Disability
  - Specific learning disorders
  - Intellectual disability
  - Down Syndrome (trisomy-21)
  - Other genetic and chromosomal disorders
  - IDEA, FAPE and IEP teams

Self-Study Materials

- Film: Educating Peter
- Film: Inclusion, IEPS and special needs laws

Optional Videos

- Film: Graduating Peter

Assignment Due for this topic

- A8. Case Analysis: Disproportionality in SPED (due by 5/10)

### 5/10

- Zoom Meeting Monday at 3pm: Guest Speakers
- Career Panel Discussion
  - Ways to Help Children and Career Options
  - Nonprofessionals and Paraprofessionals
  - Careers in psychology, social work, medicine, judicial justice & prevention

### 5/17

- Zoom Meeting Monday at 3pm: Last day of classes
- Course Review and Wrap-Up
- Graduation Celebration
| Final Exam | Final exam will open on Wednesday, 5/19 at 12:15pm and closes on Friday, May 21 at 5pm |
| Friday May 21 at 12:15pm | EXAM 3 will cover Chapters 5, 6, 7.2, 8, 9 |
| | Chapter 5: Intellectual disability |
| | Chapter 6: Autism spectrum disorder |
| | Chapter 7.2: Specific learning disorders |
| | Chapter 8: ADHD |
| | Chapter 9: Oppositional defiant disorder and Conduct disorder |