SAN JOSÉ STATE UNIVERSITY

DEPARTMENT OF PSYCHOLOGY PSYCHOLOGY

Psychology 112-02: PSYCHOLOGY OF ADOLESCENCE

Spring 2022 (Online)

Instructor: Saba Torabian, PhD, BCBA

Office Location: DMH 232

Telephone: (650)930-9550

Email: saba.torabian@sjsu.edu

Please write PSY 112 on the subject line of your email

Allow one business day for me to respond

Office Hours: By appointment

Class Days/Time: TTh 9:00-10:15AM

(We meet on Tuesdays only via Zoom till further notice)

Classroom: Online

Zoom Link: https://us06web.zoom.us/j/84665751501

Course Description:

The purpose of this course is to provide information about a variety of important issues and possible challenges often faced during adolescence. There will be a few recurring themes throughout several portions of the course. One of the themes of the course (highlighted in the text) is the diversity of cultural practices and beliefs about adolescence. A second general theme is whether and how adolescence may serve as a “transitional” period between childhood and later development. Finally, a third general theme will involve a consideration of the importance of the adolescent years for the development of gender roles. The textbook and lectures will be the main source of
information. It is expected that you will have completed the assigned readings before each class meeting.

**Course Learning Outcomes (CLOs)**

Upon successful completion of this course, students will be able to:

*CLO1* – identify and describe psychological theories and concepts relevant to cognitive, social, and emotional development during the adolescent years.

Criteria used to assess mastery of CLO1 include instructor presentations, classroom activities and discussions, course assignments, and exams. In addition, this objective is reinforced through material presented in Arnett (2013); specifically, chapters 7, 8, and 12.

*CLO2* – Analyze and distinguish the historical and cultural factors that may affect societal perceptions of adolescence as a period of development.

Criteria used to assess mastery of CLO2 include instructor presentations, classroom activities and discussions, guest speakers, course assignments, and exams. In addition, this objective is reinforced through material presented in Arnett (2013); specifically, chapters 4, 6, 10, and 11. General topics covered include: cultural beliefs and socialization, globalization and the history of adolescent work in traditional cultures, cultural beliefs and school, and the changing forms of adolescent sexuality.

*CLO3* – Describe and understand the special needs adolescents, their challenges, and their needs. The Criteria used to estimate mastery of CLO3 include instructor presentations, classroom activities and discussions, guest speakers, course assignments, and exams.

**Program Learning Outcomes (PLOs)**

Upon successful completion of the psychology major requirements...

*PLO1* – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

*PLO2* – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
PLO3 – *Critical Thinking Skills in Psychology* – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – *Application of Psychology* – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – *Values in Psychology* – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

**Textbook (required): Text Book**


**Faculty Web Page and MYSJSU Messaging**

Copies of the course materials such as the syllabus, chapter lecture notes, major assignment or handouts and study guides are posted on Canvas.

You are responsible for regularly checking Canvas.

**Course Canvas site**

1. The course Canvas site is an online resource supplement for this course. Use of this site and the information provided is *not* a substitute for attending lectures. The site will be updated regularly throughout the semester. This site contains:
   - Discussion Board (Course Announcements, student questions)
   - Links to webpages that will be of use to you throughout the course
   - Handouts and articles
   - Assignment submission
   - Assignment feedback from instructor
   - Grade roster

   My intention is that the site will become an additional forum, outside of class, in which we can debate, discuss, and raise questions about the

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course material. **Check this site regularly for course announcements, articles, assignments, and other course materials.**

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**Accessing Course Canvas site**

To access the Canvas site go to [http://www.sjsu.edu/at/ec/canvas/](http://www.sjsu.edu/at/ec/canvas/) and click on “Log in to Canvas”

**Username** = SJSU 9-digit ID  
**Password** = your current SJSUOne password  
For additional information or help with logging in:  
**Canvas Student Tutorial:** [http://www.sjsu.edu/at/ec/canvas/](http://www.sjsu.edu/at/ec/canvas/)  
**Note:** clearing your browsing history may help if you have trouble logging into the site.

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**Classroom Protocol:**

This course is based on the active participation of the student, and the main requirement is READING and ATTENDANCE. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However, you are responsible for all the assigned reading, as the exams will include questions from ALL the parts of the unit. We will cover one chapter per week, and follow the sequence of the textbook, chapter-by-chapter.

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**Attendance:**

Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, **please make all effort to login to the class on-time every Thursday.**

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**NOTE** that University policy F69-24, “Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all
members of the class. Attendance per se shall not be used as a criterion for grading.”

Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Distractions:
You cannot surf the Internet, text-message, check your messages or respond to cell-phone during class.

Teacher Availability:

Do not hesitate to e-mail me or to come by with questions. **As my goal is for every student to succeed in my class, if you have not done well on any of the tests, please contact me ASAP.**

Dropping and Adding:

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Information on add/drops are available at [http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html](http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html). Information about late drop is available at [http://www.sjsu.edu/sac/advising/latedrops/policy/](http://www.sjsu.edu/sac/advising/latedrops/policy/). Students should be aware of the current deadlines and penalties for adding and dropping classes.

Exams

**We will have 2 midterms, 3 online class activity, and 1 final.** Each midterm will consist of 50 multiple-choice questions. Each question is worth 2 points.

The 2 mid-terms and 3 online class activities are taken on Thursdays (check the schedule of the class at the end of the syllabus).
Each Midterms exams worth 20% of the final grade (40% total for both of the midterms) while the final exam worth 25% of the final grade. Final will be cumulative. There is absolutely NO MAKE UP for missed final exam.

Writing Project

Writing Assignment: Exact guideline about the paper will be given later on during the semester. There will be 50% deduction for the papers that are turned-in late even by a day. The papers that are turned in after one week are not accepted anymore. This paper is a 12-15 pages. References must be scientific or peer reviewed articles (no personal blogs, pages, or opinions) found on PsychInfo etc.

Class Activity: There is no make up for the class activity. The class activity is posted ONLINE on the day of (on Thursdays: for specific days, please refer to the class schedule table at the end of this syllabus). You have the full day to complete it. There is absolutely NO MAKE UP for missed class activity and emails in this regard will not be responded unless for medical condition.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>How Many?</th>
<th>Percentage (total)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Midterms (40% of the final grade)</td>
<td>2</td>
<td>40% (20% each)</td>
</tr>
<tr>
<td>1 Final Exam (25%)</td>
<td>1</td>
<td>25%</td>
</tr>
<tr>
<td>Writing Assignment (20%)</td>
<td>1</td>
<td>20%</td>
</tr>
<tr>
<td>Online Class Activity</td>
<td>3</td>
<td>15% (5% each)</td>
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</table>

Grading: The following grade scale will be used.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+ (96-100%)</td>
<td>93-95%</td>
</tr>
<tr>
<td>A (93-95%)</td>
<td>86-89%</td>
</tr>
<tr>
<td>A – (90-92%)</td>
<td>83-85%</td>
</tr>
<tr>
<td>B+ (86-89%)</td>
<td>83-85%</td>
</tr>
<tr>
<td>B (83-85%)</td>
<td>76-79%</td>
</tr>
<tr>
<td>B – (80-82%)</td>
<td>73-75%</td>
</tr>
<tr>
<td>C+ (76-79%)</td>
<td>73-75%</td>
</tr>
<tr>
<td>C (73-75%)</td>
<td>70-72%</td>
</tr>
<tr>
<td>C – (70-72%)</td>
<td>63-65%</td>
</tr>
<tr>
<td>D+ (66-69%)</td>
<td>63-65%</td>
</tr>
<tr>
<td>D (63-65%)</td>
<td>60-62%</td>
</tr>
<tr>
<td>D – (60-62%)</td>
<td>0-59%</td>
</tr>
</tbody>
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**Exam Dates:**

Midterm 1: **Thursday March 10th** at 9:00AM (closed book/closed note)  
Midterm 2: **Thursday April 28th** at 9:00AM (closed book/closed note)  
Final: **Monday May 23rd** at 7:15AM (closed book/closed note)

**Online Class Activity:**

- **Thursday Feb 10th** (ALL DAY)  
- **Thursday March 24th** (ALL DAY)  
- **Thursday April 14th** (ALL DAY)

**Covid-19 Pandemic Rules**

As the results of Covid-19 pandemic, all classes are online. Therefore, all the classes and exams are going to be conducted through canvas. **We will meet every Tuesday, not Thursday.**

It is very important that we keep our honesty and integrity. Our relationship is based on trust and respect. Therefore, please do not use the class materials such as the book or slides for any of the exams. **The exams are all closed book.**

**Missing Exams**

There will be no make-up exams except in the case of death or serious illness, which requires legitimate documentation.

**Classroom Protocol**

These policies are intended to promote a good learning environment.

**Please Turn Off Your Cell Phones during the zoom class time**
Please place yourself on “Mute” to not disturb others who are on the zoom call

Please do not:

- Text, talk, tweet, post status updates, etc. on your phone during class.
- Use your laptop to play games, chat, socialize, or surf the Internet during class.
- Hold side conversations that distract the rest of the class.

University Policies

Academic integrity

Students should know that the University’s Academic Integrity Policy is available at http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University’s integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU’s Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

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Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The LARC website is located at http://www.sjsu.edu/larc/.

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/.

Peer Mentor Center

The Peer Mentor Center is located on the floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop-in basis, no reservation required. Website of Peer Mentor Center is located at http://www.sjsu.edu/muse/peermentor/.
## 112-02 Course Schedule*

*The list presents the sequence of topics. The actual schedule is subject to change with fair notice announced in class.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Topics, Readings, Assignments, Deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 1st</td>
<td>Introduction to class</td>
</tr>
<tr>
<td>Feb 8th</td>
<td>Chapter 1 (Adolescence in General)</td>
</tr>
<tr>
<td><strong>Thursday Feb 10th</strong></td>
<td>On Line Class Activity</td>
</tr>
<tr>
<td>Feb 15th</td>
<td>Chapter 2 (Biological Foundation)</td>
</tr>
<tr>
<td>Feb 22nd</td>
<td>Chapter 3 (Cognitive Foundation)</td>
</tr>
<tr>
<td>March 1st</td>
<td>Chapter 4 (Cultural Beliefs)</td>
</tr>
<tr>
<td>March 8th</td>
<td>Chapter 5 (Gender)</td>
</tr>
<tr>
<td><strong>Thursday March 10th</strong></td>
<td>Exam #1</td>
</tr>
<tr>
<td>Date</td>
<td>Chapter/Activity</td>
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<tr>
<td>--------------------</td>
<td>-------------------------------------------------------</td>
</tr>
<tr>
<td>March 15th</td>
<td>Chapter 13th-Special Needs Adolescents</td>
</tr>
<tr>
<td>March 22nd</td>
<td>Chapter 7 (Family Relationships)</td>
</tr>
<tr>
<td><strong>Thursday March 24th</strong></td>
<td><strong>On Line Class Activity</strong></td>
</tr>
<tr>
<td>March 28th – April 1st</td>
<td>No Class (Spring Break)</td>
</tr>
<tr>
<td>April 5th</td>
<td>Chapter 8 (Peer relationships)</td>
</tr>
<tr>
<td>April 12th</td>
<td>Chapter 9 (Love and Sexuality)</td>
</tr>
<tr>
<td><strong>Thursday April 14th</strong></td>
<td><strong>On Line Class Activity</strong></td>
</tr>
<tr>
<td>April 19th</td>
<td>Review of Papers</td>
</tr>
<tr>
<td><strong>April 26th</strong></td>
<td>Review of Papers</td>
</tr>
<tr>
<td><strong>Thursday April 28th</strong></td>
<td><strong>Exam #2</strong></td>
</tr>
<tr>
<td>May 3rd</td>
<td>Chapter 12 (Media)</td>
</tr>
<tr>
<td>May 10th</td>
<td>Chapter 11 (Work)</td>
</tr>
<tr>
<td>May 20th</td>
<td>Writing Project Due at midnight (12:00AM)</td>
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<tr>
<td><strong>Monday May 23rd at 7:15AM</strong></td>
<td><strong>Final Exam (Cumulative)</strong></td>
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</tbody>
</table>