

San José State University
Psychology 222, Gender & Ethnicity in Therapy, Fall 2024

Instructor:	Dr. Elena Klaw
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Office:	Clark 203
Office Hours:	Mon. 3:00-4:30 pm and by appointment on Zoom
Class Days/Time:	Mon. 12:00-2:45 DMH 308
Canvas Site:	https://sjsu.instructure.com

COURSE DESCRIPTION

Theoretical and practical understanding of gender and ethnic issues in clinical practice, including issues arising from differing socialization, psychological structures, values and cultural assumptions that may affect therapeutic interventions with individuals, couples and families.

COURSE GOALS AND STUDENT LEARNING OBJECTIVES

Objectives: Students will understand the role of race, class, culture, gender, sexual orientation and dis/ability on clients' mental health concerns and available resources. Students will understand the influence of race, class, gender, sexual orientation, and dis/ability on their own practice as psychotherapists. Students will develop skills and techniques to conduct feminist and culturally competent psychotherapy with diverse populations.

Upon successful completion of this course, students will be able to:

- referring to clinical evidence and empirical scholarly literature, reflect critically on the role of race, class, gender, sexual orientation and ability in determining power, privilege and resources
- referring to clinical evidence and scholarly literature, demonstrate understanding of the ways in which their own life experiences with power and privilege affect their work as psychotherapists
- using clinical evidence and empirical literature, know how to join with clients and mental health colleagues to learn to work effectively across genders, societal statuses and categories, and cultures.
- using clinical evidence and empirical literature, provide feminist and culturally competent assessment and intervention to diverse populations.

PROGRAM LEARNING OUTCOMES

Upon completion of the MS in Clinical Psychology

- 1.1 Students will demonstrate breadth of knowledge of a variety of psychotherapy theories and in-depth knowledge of one chosen theory of intervention
- 1.2 Students will demonstrate knowledge of empirically supported clinical interventions and evidence ability to select treatments for individual clients given this literature
- 2.1 Students will demonstrate effective integration and communication of clinical case material
- 2.2 Students will demonstrate the ability to synthesize contextual and cultural variables into presentations of client materials
- 2.3 Students will effectively respond to queries about clinical material and engage in discussions about their clients with supervisors and peers
- 2.4 Students will be able to think and discuss cases other than their own, applying theories, principles, and relevant empirical findings to those cases
- 3.1 Students will demonstrate understanding of different assessment devices and strategies for assessing client outcome over the course of treatment including standardized nomothetic and idiographic approaches
- 4.1 Students will demonstrate depth and breadth of understanding in areas including, but not limited to, psychotherapy theory, service delivery, ethics, assessment, research methods, family therapy, cultural diversity, psychopharmacology, and issues relevant to adult and child clinical populations. Students will be able to apply this knowledge to clinical cases

Licensure Learning Outcomes

Licensing requirements for academic coursework toward the MFT and/or LPCC will be met for this course in the following way:

LLO1: For the LPCC requirements, this course is designed to fulfill category (F) Multicultural counseling theories and techniques, including counselors' roles in developing cultural self-awareness, identity development, promoting cultural social justice, individual and community strategies for working with and advocating for diverse populations, and counselors' roles in eliminating biases and prejudices, and processes of intentional and unintentional oppression and discrimination.

LLO2: For the MFT requirements, this course includes instruction in the following required areas, as specified in BPC 498036:

(D) Cultural competency and sensitivity, including a familiarity with the racial, cultural, linguistic, and ethnic backgrounds of persons living in California.

(E) Multicultural development and cross-cultural interaction, including experiences of race, ethnicity, class, spirituality, sexual orientation, gender, and disability, and their incorporation into the psychotherapeutic process.

(F) The effects of socioeconomic status on treatment and available resources.

(G) Resilience, including the personal and community qualities that enable persons to cope with adversity, trauma, tragedy, threats, or other stresses

REQUIRED TEXTS AND READINGS

Brown L. S. (2018). *Feminist therapy* (2nd Edition): American Psychological Association.

Rothenberg, P.S. (Ed.) (2020). *Race, class, and gender in the United States: An integrated study*. (11th Edition). New York, NY: Worth.

Hand-outs provided on Canvas course site.

Recommended Readings

Anzaldua, G. (2012). *Borderlands / La Frontera: The new mestiza*. Aunt Lute.

Cooper, B. (2018). *Eloquent rage: A Black feminist discovers her superpower*. Picador.

Gottlieb, L. (2019). *Maybe you should talk to someone: A therapist, her therapist, and our lives revealed*. Houghton Mifflin.

Vuong, O. (2019). *On Earth we're briefly gorgeous*. Penguin.

ASSIGNMENTS AND GRADING POLICY

Please turn in assignments by submitting them electronically to Canvas.

4 Integration Assignments: 20 Points each = 80 points
Case Response: 40 points
Case Response Presentation: 30 Points
Presenting Discussion Questions for one Class: 15 points
Response to Diversity & Belonging Experience: 15 points
In Class Participation: 20 Points
Total possible points for the course = 200

Integration Assignments: Four Integration Assignments will be provided. Integration Assignments consist of essay questions that ask you to apply insights gained from your readings to your own understandings of your role as a psychotherapist. Each completed assignment will be no more than three double spaced pages using a standard, black 12-point font. Please use APA format for in text citations and do not include long quotes. Please number your responses. Do not include a title page or reference page. Grades will be based on both the accuracy and quality of your written responses to the assigned questions.

Case Response: You will be provided several vignettes based on cases described in the text book by Brown. You will be asked to provide a feminist/culturally competent conceptualization, assessment plan, and treatment plan for one of the cases. A detailed hand-out will be provided on Canvas.

Case Response Presentation: In a presentation that is longer than 10 minutes, you will discuss the key elements of feminist/culturally competent therapy that relate to treating the case described in your Case Response. A detailed assignment hand-out will be provided on Canvas.

Presenting Discussion Questions for one Class: Each student will take responsibility for presenting 3 discussion questions during one class session. The discussion questions will be based on the reading assigned that week and will help students connect their questions and comments about the reading into clinical practice. *(For example "After reading the article by .. what considerations do you know have for clinical practice? "I was thinking about how X intervention might be helpful (or not helpful) for the concerns discussed in X reading. What do you all think? Based on .. reading, how might you approach a person with..background taking into account context?")* The date for this assignment will be assigned the first day of class and can only be rescheduled in case of emergency unless you mutually agree to switch with another student.

Diversity & Belonging Experience: Instead of meeting in class the of week of 11/25, you will attend an event, exhibit, religious service or open meeting that is about or for an identity group that is not one that you currently identify with. You will provide a one paragraph response as to what you learned and how it relates to the training you are receiving in this course. A detailed assignment hand-out will be provided on Canvas.

Class Participation: Please note that you are required to participate in class discussion during class meetings. Discussing your ideas and reactions during class is essential to success in the course.

The various parts of the course add up to 200 possible points. To tabulate your final grade, just add your total points achieved and divide by 2. To convert your percentage points to a letter grade, use the following scale.

98-100=A+	93-97=A	90-92=A-
88-89=B+	83-87=B	80-82=B-
78-79=C+	73-77=C	70-72=C-
68-69=D+	63-67=D	60-62=D-
< 60=F		

UNIVERSITY POLICIES

The procedures of the course are subject to change as circumstances demand. You are expected to attend all scheduled class meetings, and check your SJSU email and the Canvas course site regularly to remain current.

Per [University Policy S16-9](#), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on [Syllabus Information web page](#) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>). Make sure to visit this page to review and be aware of these university policies and resources.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or please note that that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec) (AEC) at <http://www.sjsu.edu/aec> to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library. A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

SJSU Writing Center

The SJSU Writing Center is located in Clark Hall, Suite 126. All Writing Specialists have gone through a rigorous hiring process, and they are well trained to assist all students at all levels within all disciplines to become better writers. In addition to one-on-one tutoring services, the Writing Center also offers workshops every semester on a variety of writing topics. To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the [Writing Center website](http://www.sjsu.edu/writingcenter) at <http://www.sjsu.edu/writingcenter>. For additional resources and updated information, follow the Writing Center on Twitter and become a fan of the SJSU Writing Center on Facebook. (Note: You need to have a QR Reader to scan this code.)



SJSU Counseling Services

The SJSU Counseling Services is located in Room 300B of the Student Wellness Center on the corner of 7th and San Carlos St., across from the Event Center. Professional psychologists, social workers, and counselors are available on-line to provide consultation on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit the [Counseling Services website](http://www.sjsu.edu/counseling) at <http://www.sjsu.edu/counseling>.

Contact SJSU Cares

SJSU wants to help you stay healthy! Resources are available to help you pay for medical bills or insurance. SJSU Cares can help if a student is a victim of a crime, or of a natural disaster like fire

or flood. We know that housing insecurity is also a real issue in Silicon Valley. If you are facing any kind of emergency situation, [contact SJSU Cares](#) to find support and resources.

Food Assistance

If you find yourself struggling to afford food while attending SJSU, you are not alone. SJSU Cares has programs to help:

- [Spartan Food Pantry](#)
- [CalFresh Application Assistance](#)

These programs can help you get the food you need to focus on your education. Additionally, there are many other [food resources](#) available on campus and in the surrounding community.

The Military and Veterans Resource Center (VRC)

The San Jose State University VRC is designed as a one-stop resource that plays a primary role in serving the university's community of veterans and military students. The VRC is dedicated to assisting eligible student Veterans, Reservists, National Guard, Active Duty, and dependents with state/federal education benefits and certification, campus resources, and student programs that aid in the transition from military to education to career. To schedule an appointment or learn more information, visit the VRC website at <https://www.sjsu.edu/veterans/about/contact-us.php>

COURSE SCHEDULE

*Course schedule is subject to change. You are expected to check Canvas and your SJSU email account to remain current. Canvas site will be updated regularly.

Week	Topic	Reading Due	Assignment Due
1 Mon 8/26	<p>Introduction to the Course</p> <p>Video: <i>How the body keeps the score</i> on trauma Bessel van der Kolk (2023) (8 min.) https://www.youtube.com/watch?v=iTefkqYQz8g</p>		
2 Mon 9/2	No Class: Labor Day	Optional: Wikipedia, What is Labor Day?	
3 Mon 9/9	<p>Feminist Therapy and the Social Construction of Difference</p> <p>Video: <i>Feminist Therapy</i> (2023) (4 min) https://www.youtube.com/watch?v=cHDOeKBGF4s</p>	<p>Brown: Ch. 1, Introduction: Feminist Therapy</p> <p>Rothenberg: Morales, What Race Isn't Buck,..Rebellion: White Privilege Lorber, Night to His Day. Kimmel, Masculinity as Homophobia</p>	Discussion Questions:
4 Mon 9/16	<p>Why Feminist Therapy: Understanding Power</p> <p>Film: <i>White Right: Meeting the Enemy. A Muslim Filmmaker...</i> (2017) (55 min) https://sjsu.kanopy.com/video/white-right</p>	<p>Brown: Ch. 2, History</p> <p>Rothenberg: West, Flipping..Black Manhood Stryker, Transgender Feminism. Greenbaum, Debunking the Pathology of Poverty Baynton, Disability and Inequality. Miller, Domination and Subordination</p>	Discussion Questions:

Week	Topic	Reading Due	Assignment Due
<p>5 Mon 9/23</p>	<p>Theory of Feminist Therapy: Privilege and Intersectionality</p> <p>Video: <i>Feminist Psychologists Talk About...Intersectionality</i> (2015) (8 min) https://youtu.be/x0lOZ4Q7YFY?si=kz-3pf2W2-buWf0j</p>	<p>Brown: Ch. 3, Theory</p> <p>Rothenberg: Crenshaw, Why Intersectionality Tatum, Defining Racism Coates, Between the World and Me Ancheta, Neither Black nor White Pharr, Homophobia as a Weapon Mantsios, Class in America McIntosh, White Privilege. DiAngelo, ..Class Didn't Trump Race.</p>	<p>Integration 1</p>
<p>6 Mon 9/30</p>	<p>The Role and Process of Therapy</p> <p>Film: <i>Children of the Camps</i> (2009). (57 min) https://www.kanopy.com/en/sjsu/video/94858</p>	<p>Brown: Ch. 4, The Therapy Process</p> <p>Rothenberg: Quinterro, America's..Immigrants Chomsky, Undocumented. Granick, Deep Ties.. Nativism. Bayoumi, How does it feel Phi, Cookies</p>	<p>Discussion Questions:</p>
<p>7 Mon 10/7</p>	<p>Evaluating Interventions: Micro and Macro Approaches</p> <p>TED Talk. <i>Adichie, C. Danger of a Single Story.</i> (2009) (18 mins.) https://www.ted.com/talks/chimam_anda_ngozi_adichie_the_danger_of_a_single_story?language=en</p>	<p>Brown: Ch. 5, Evaluation</p> <p>Rothenberg: Navarro, For many Latinos Thrupkaew, Myth of model minority US Commission Civil Rights, The Problem: Discrimination Alexander, New Jim Crow., Lockhart, Living while Black Mogul, Ghosts of Stonewall</p>	<p>Discussion Questions:</p>
<p>8 Mon 10/14</p>	<p>Addressing the Trauma of Oppression</p> <p>Video: <i>Working with the Trauma of Racism</i> (2020) (6 min) https://www.youtube.com/watch?v=egr2279UiAI</p>	<p>Rothenberg: Runner, First Nations, Queer & Ed. Mohammed, Queer & Undocumented Artiga & Ubri, ..Immigrant Family Gottesdiener et al, They Treat me Like a Criminal.. Wilson, Black Women's Experiences of Me Too Petrella, Standing Rock, Flint</p>	<p>Discussion Questions:</p> <p>Integration 2</p>

Week	Topic	Reading Due	Assignment Due
9 Mon 10/21	Class, Immigration and Mental Health Video: First-generation Immigrant Shares Struggles with Viral TikTok Video (2022) (4 min)	Rothenberg: Allison, A Question of Class Massey, Immigration. Enforcement Burnham, Gender and the Black Jobs Poo, Domestic Workers NPR, Why America's Schools McMilan, New Face of Hunger Pilkington, I am "Alena" Ruess, Cause of Death: Inequality Myers-Lipton: Silicon Valley Pain Index 2024 https://www.sjsu.edu/hri/docs/2024 SVPI_Final.pdf	Discussion Questions:
10 Mon 10/28	Feminist Therapy and Cultural Competence: Current Directions Film: <i>The Thick Dark Fog: Reclaiming Native American Identity</i> . (2012). (56 min) https://sjsu.kanopy.com/video/thick-dark-fog	Brown: Ch. 6, Future Developments Rothenberg: Brave Bird, Civilize Them Miranda, ..Ca Missions <u>Kochiyama</u> , the War Nur,..Muslim Ban Casares, Crossing the Border Rankine, You are in the Dark	Discussion Questions:
11 Mon 11/4	Gender, Sexuality and Oppression Film: <i>The Mask You Live In</i> (2015) (90 min) https://www.kanopy.com/en/sjsu/watch/video/141116	Rothenberg: Scarce, Male on Male Rape Avicelli Mecca, Memoirs of a Sissy, Strangio, The Unbearable (In)visibility of being Trans Snyder, Self fulfilling stereotypes Hesse-Biber, Am I thin enough yet? The Gender Unicorn: https://transstudent.org/gender/	Integration 3 Discussion Questions:
12 Mon 11/11		Veteran's Day: No Class	
13 Mon 11/18	Feminist Therapy as an Anti-Oppression Practice Invited Speaker: Bonnie Sugiyama, Director SJSU Gender Equity & PRIDE Centers, 1-2:30	Rothenberg: Yellow Bird, Cowboys and Indians Kim, Against "Bullying" Cotton, When You Forgot to Whistle Feminist Therapy Code of Ethics: https://www.apa.org/pubs/books/supplemental/Supervision-Essentials-Feminist-Psychotherapy-Model-Supervision/Appendix_D.pdf	Discussion Questions:

Week	Topic	Reading Due	Assignment Due
14 Mon 11/25	Diversity & Belonging Experience: Instead of meeting in class, attend an event, religious service or open meeting that is about or for an identity group that is not one that you currently identify with. For events and organizations, check out SJSU Division of Student Affairs local resources on Canvas, and the MLK/SJ Public Library .	APA (2017). Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality, 1-97. https://www.apa.org/about/policy/met-hicaethical-cultural-guidelines.pdf	Case Response
15 Mon 12/2	Putting it All Together: Theory Film: <i>Don't Tell Anyone</i> : (2015). (73 mins.) https://www.kanopy.com/en/sjsu/video/11326731	Brown: Ch. 7, Summary Rothenberg: Lorde, Age, Race, Class and Sex: hooks, Feminism, Teneja, From Oppressor to Activist Ayvazian, Interrupting the Cycle Burke, The Me Too Movement Ross, Reproductive Justice Davis, Are Prisons Obsolete?	Submit one paragraph about what you learned from the Diversity & Belonging Experience.
16 Mon 12/9	Putting It All Together: Practice Video: Multicultural Feminist Therapy (2018). (113 min.): https://video-alexanderstreet-com.libaccess.sjlibrary.org/watch/multicultural-feminist-therapy/details?context=channel: microtraining-associates-osf	Rothenberg: Bassichis et al, Building Abolitionist Trans & Queer Movement Pacheco, What the Dreamers can Teach the Parkland Kids Chief Looking Horse, Standing Rock is Everywhere.	Integration 4
Finals Day Mon 12/16 9:45-12:00	Final Case Presentations		Case Response Presentation