

Adult Psychopathology Section 61

PSYC 110

Winter 2024 3 Unit(s) 01/02/2024 to 01/19/2024 Modified 12/13/2023

Contact Information

Instructor:	Glenn M. Callaghan, Ph.D.
Office Location:	Zoom (see link on Canvas)
Email:	Through Canvas and Glenn.Callaghan@sjsu.edu
Office Hours:	Zoom on M 9:00-10:00 am PST (and email with request)

Course Description and Requisites

Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance.

Prerequisite: PSYC 001.

Letter Graded

* Classroom Protocols

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at <http://www.sjsu.edu/senate/docs/S07-2.pdf> requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sjsu.edu/studentconduct/) is available at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified.

If you cheat, plagiarize, or otherwise violate the policy of academic integrity in this course, you will fail that assignment and may fail the entire course. All instances of violations of academic integrity will be reported.

Campus Policy in Compliance with the American Disabilities Act

[Presidential Directive 97-03](#) requires that students with disabilities requesting accommodations register with the [Accessible Education Center](#) (AEC) to establish a record of their disability. AEC will contact the instructor with further details, if needed. If special arrangements are needed in cases of emergency or if the building must be evacuated, please make arrangements with the instructor.

Professional Communication

The best method of contacting me is via email. Please allow 1 business day for a response. I do not typically respond to email on weekends.

If you have specific questions about an upcoming assignment with respect to material covered, please tell me the question and then make an attempt to answer the question. I will let you know if you are on track and amend the answer, if need be. Please do not send more than 2 to 3 questions at a time.

As a San Jose State University student, you are encouraged to engage in professional communication with faculty, staff, and your fellow students. This is especially important in electronic mail notes that you might send.

When sending email, use your SJSU email account or create an email account that includes your name (e.g., Joe.Student@internet.com. If you do not create such an email, be certain to include your name in the correspondence. Please be sure to follow the following basic guidelines when communicating in a professional capacity:

1. In the Subject line, state what specific issue you are emailing about (e.g., exam 3, quiz 7).
2. In the greeting, please address your professor by their title (e.g., Dr. or Professor).
3. Be sure to identify yourself clearly by stating your full name and the specific course and section number you are in.
4. Be clear in your statement about what you are asking for or of what you are informing the reader.
5. Consider your request before you make it. If you believe you can make that request in a professional way and support your reasons for your request, please ask.
6. Use a polite and respectful tone.

7. Use complete sentences with upper and lower case letters, and do not use abbreviations for words that are often used in text messages.
8. Be sure to use correct grammar and spelling.
9. If you need a reply to the email you have sent, please request that clearly. I strongly encourage you to request a response back if you send something that needs to be graded in a timely matter to be certain it was received.
10. If you do not hear back within a reasonable amount of time from the person you sent the email to, politely request a response and resend the original message (you can use the forward function here).

Needing Help with our Course Website

If you see any broken links, can't figure out where something is, or just need help, please email me. I can likely help!

Consent for Recording of Class and Public Sharing of Instructor Material

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent. **You may NEVER give or sell the course notes or any other course material to an outside agency** (e.g., a study website) as this material is copyrighted and legally protected by both the professor and SJSU.

Education Code of California Law section 66450-52 prohibits any person from selling or otherwise publishing class notes or presentation for a commercial purpose. In addition, Title 5, section 41301 in the Student Code of Conduct for all California State Universities prohibits the publication of academic presentations for commercial purposes.

Members of SJSU work actively to detect compromised coursework made available on the web and will determine the specific source of that compromise. We will seek academic and legal consequences to all individuals who posts any course material to another website (including course notes and test materials).

Distributing course or test material is a violation of academic integrity as well as intellectual property rights. These consequences can include academic dismissal and financial liability in civil court.

With respect to recording lectures, [University Policy S12-7](#) requires students to obtain instructor's permission to record the course. Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor's permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only.

The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material. In order to record a class a written request must be made to the instructor, who will respond in writing. In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.

Please note that the videos shared here in Canvas most often belong to those who hold a copyright. **Do NOT download or distribute any of the videos from this course.**

Program Information

Program learning outcomes (PLOs) are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. Knowledge Base of Psychology. Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. Research Methods in Psychology. Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. Critical Thinking Skills. Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. Applications of Psychology. Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Course Goals

The primary goals of the course are

- (1) to provide students with a general understanding of the various types of psychological disorders discussed within the field of psychological science,
- (2) to provide a basic familiarity with evidence based treatments for some disorders,
- (3) to recognize the important role of culture and contextual variables in the assessment, diagnosis, and treatment of psychopathology, and
- (4) to develop an ability to think critically about these disorders and the study of them as abnormal behavior.

This 3-unit course is designed to provide you with an overview of the range of human behaviors described as “abnormal.” We will discuss the definition of normality and abnormality, how these definitions have changed over time, and models of understanding human behavior and suffering. We will also discuss specific syndromes and diagnostic categories of psychopathology and will survey some of the treatments used for these disorders. You need to have taken Psychology 1 to enroll in and get credit for this course.

Course Learning Outcomes (CLOs)

CLO1 – Critical thinking development: Historical context

Upon successful completion of this course, students will be able to discuss the importance of history and context when examining and classifying psychological disorders and their treatments.

CLO2 – Knowledge based and application development: Understanding paradigms

Upon successful completion of this course, students will be able to describe the major paradigms (biological, cognitive, behavioral, psychodynamic, and sociocultural) used in understanding the etiology, assessment, classification, and treatment of psychological problems.

CLO3 – Research Methods development: Clinical science

Upon successful completion of this course students will be able to describe the role of science (with its varying methods) in the study of “normal” and “abnormal” behavior.

CLO4 – Critical thinking and application: Classification

To identify the process of classification and explain its dependence on theoretical paradigms including the use of the current diagnostic system for psychopathology.

CLO5 – Critical thinking and application: Assessment

Students will be able to name different purposes of assessment of abnormal behavior, and to identify different modalities appropriate to these purposes and recognize the importance of contextual variables impacting mental health and suffering including race, gender, ethnicity, culture, and sexual identity.

CLO6 – Knowledge base and application & Values in psychology - Evidence based interventionsdevelopment

Students will be able to identify different types of psychological, social, and biological interventions used in treating psychological problems and clinical disorders and the value of empirical evidence for those interventions.

These goals and learning outcomes will be evidenced through the following assessment strategies:

1. Examinations covering all key information will occur in 3 modules and address all CLOs.
2. Online quizzes will develop critical thinking and application of concepts to clinical situations
3. The course assignment will help further critical thinking in history and contextual variables essential to defining and understanding human suffering.
4. The course assignment will also help develop a richer understanding of the role of racism in mental health and develop critical thinking and application of concepts to clinical situations.

Course Materials

Required Textbook

This is the one text required for the course and can be purchased from the bookstore or on-line at your favorite used (or new) book site. You will need to complete the readings for the online quizzes for each section.

Also note that you can rent this textbook electronically or used for a much lower price than purchasing a new hardcover version. I encourage you to check the SJSU bookstore as well as well as online sites that sell and rent the book.

Essentials of Abnormal Psychology (8th Edition)

Author: Durand, V. M., Barlow, D. H., & Hoffman, S. G

Publisher: Cengage Publishing

Edition: 8th

ISBN: 9781337619370

Availability: campus bookstore and other places

You do NOT need any DVD, booklets, "with access," or ancillary publisher materials for this course.

Electronic, PDF, or other formats are fine. It DOES need to be the 8th edition, not previous editions.

Course Requirements and Assignments

This is a **fully asynchronous course**. That means that we do not meet as a class on any set time.

You will proceed through the course at your pace but **MUST MEET THE SET DUE DATES** for each Module for the quizzes, exams, exam prep questions, and the course assignments.

This is a full semester worth of learning in a condensed time frame, so please know there will be a substantial time commitment required to succeed in this course.

The module assignments, quizzes, AND the course assignment have all been set with a due date (deadline) for the day before the exam for that module.

Exams MUST be taken on the posted date and completed by the end of that day (deadline). This will allow everyone to review their test after it has been completed, and it will keep you from running out of time for the next set of materials. **You will have 75 minutes to complete the exam.**

I have set up a course structure for you to follow in order to meet the deadlines and not be overwhelmed by the workload in the course. This structure is not strictly required, EXCEPT that you **MUST MEET THE MODULE DEADLINES** for the quizzes, exams, exam prep questions, and the end of term assignment.

Lecture Material

In each **Module** I have uploaded **video lectures** in 10 to 15-minute segments of me narrating the lecture slides as I would in an in-person class. These are likely the best way to try to learn the course material. I have uploaded the lecture slides for you to read on your own, but I think this would be a hard way to learn

the material (though students have done this in the past when they missed in person lectures.

Videos Concept Illustrations

There are **video concept illustrations** that help demonstrate key concepts, disorders, treatments, and so on. These are videos I would typically show in person during a class meeting.

When they are labeled "**Required**," you need to view them. (I know, that's crazy.) These are clips that I think are fundamental to you really understanding a central concept.

When the videos are labeled "Optional," they are just that. I uploaded or linked them to help dig a little deeper than lecture, just in case you are interested.

Please do NOT save any of the concept videos, as they are copyright protected.

Exams

The exams will cover both readings from the text and class lectures. The exams will be multiple-choice format and will have 50 questions, each worth 2 points. NOTE: **I write the exam questions from our lecture slides and study guides**, but I will use put quiz question from each quiz on the exam (quiz questions are from the textbook authors).

Each exam will be open on the day posted at 5:00am (PST) and close at the end of that day at 11:59pm (PST). You will have 1 hour and 15 minutes to complete the exam (75 minutes).

Once you open the exam, you will have 75 minutes until the exam closes. You cannot exit and save an exam and come back to it once it is open. It will close in 75 minutes from the start time.

NOTE: You need to allow the **75 minutes** allotted to complete the test. You can finish faster than that, of course, but if you need the whole time, you must begin 75 minutes before the exam closes at 11:59 pm (PST) (e.g., before 10:44 pm PST)

Exam curving

The highest score for any exam will be based on the highest score achieved on the test so that the highest score is equal to 100% (that is, if there are 100 points possible and the highest score is 96 points out of 100, percentages will be based on $96/96 = 100\%$). Tests will be curved within reason (not typically more than 6 points or 94/100).

Canvas does not have a reasonable way to curve tests, so I will provide the extra points in a column for each exam where the high score was less than 100. If, for example, 96 is the high score, then all students will be given 4 extra points. These are like "bonus points" in that they are not part of the total course and are just added on top of your score.

Exam structure

There are three exams based on each Module. You must take all three of the exams to pass the class.

The exams are not cumulative in the sense that I will reach back to early material that is not discussed in later parts of the course.

Each Module has a **Study Guide** and a set of **Sample Test Questions** (that do NOT count toward your grade!) to see how things might go for the exam.

The exams **MUST BE COMPLETED** on the date listed in the course syllabus and online. You can take it before the final time it is due, but the exam will be closed once the due date and time have passed.

MATERIALS ALLOWED: During the exam, you are allowed to use your textbook, course notes, and whatever notes you have taken for this class.

You cannot look for answers on the internet. If you get an item marked wrong based on the course information and due to information you retrieved from the internet, it will remain marked incorrect.

Please note that there is **simply not enough time** to look for answers all of the answers in the slides, book, or your notes. If you study for the exam as if it were in-person, you will do much, much better than if you do not study the material in advance. The questions are not tricky, but there are too many to engage the test without preparation.

WORKING ON YOUR OWN: During the exam you **cannot communicate with anyone during the test**. Do not call, text, or communicate in any way with anyone else. I will evaluate the exam for evidence of cheating in response patterns and other indicators. Note that cheating will result in an F in the course, and report will be made the SJSU's office of Academic Integrity.

TIMING: You will have **75 minutes** to complete the exam, unless other accommodations have been made. Once you start the exam, the 75 minutes begins. When that time limit expires, the exam will close. Again, each exam will be open at 5:00am (PST) and close at the end of that day at 11:59pm (PST).

COMPUTER USE: I strongly encourage you to use a **laptop or desktop computer** to take the exam, as mobile devices do not always interface with Canvas as effectively. Please try to be located where you have **consistent access to the internet**.

BACKUP PLAN FOR TEST TAKING: I encourage you to have some kind of backup plan in the event your internet goes out, your laptop battery gets low, or some other dreadful thing happens. I know this is challenging, but it is better to have that plan than to be in a situation when things go badly with no backup plan.

QUESTIONS: I will not be able to be available to you during the exam time, as people will be taking this at different times during the day. I am very happy to talk about your questions once the exam is completed and you have access to review your exam.

Online Quizzes

The quizzes are meant to stimulate your reading of the text and complement the lecture material. All quizzes will be multiple-choice and will be based on the assigned readings from the textbook. I use the questions written by the authors for the Quizzes. Remember that I write the exam questions from our

lecture slides and study guides, but I will use one quiz question from each quiz on the exam.

The quizzes are completed on Canvas at your convenience. They will be available online each week and due according to the schedule below. **For our online asynchronous course, the Quizzes for each Module are due no later than THE DAY BEFORE that Module Exam date.**

You can log in and out to do the quiz, just be sure to save your answers. The quizzes have a due date, but they **are not time timed**, and they can be completed in multiple sessions.

Quizzes will not be able to be turned in later than the posted deadline. Please keep track of your quiz schedule and the scores you receive. Please do not ask me to make a special case for you after you miss a quiz due date unless you have a genuine emergency. It is better to ask for this exception before the due date of the assignment.

If you have questions about the quiz or items in the quiz, please send me a message in Canvas or by email.

Course Assignments

There is one **Course Assignment** due for the course. It is best completed in Module 2. There are two extra credit assignment options available (see below).

This Course Assignments is listed in the Quizzes section due to some limitations in Canvas. Don't let that fool you, this assignment is to dig a little deeper into an important topic in psychopathology. This assignment will cover critical thinking about and thoughtfully examine the effects of racism on mental health.

Course Structure Quiz

This quiz covers the course overview video, the Canvas page called *About the Structure of our Course*, the Course Syllabus, and the *Tips & Strategies for the Exams*. It is very important that you fully understand the course structure and assignments as your course experience (and grade) depend on your ability to navigate this asynchronous class effectively. You can take this quiz as many times as you would like. I really want you to score 100%, even if you have to take it multiple times.

OPTIONAL extra credit

This min-term there is the **option** of doing an extra credit assignment. It is worth up to 15 points. The extra credit assignment is NOT required and is due the day the quizzes are due before the exam. The assignment involves diagnosing and suggesting a treatment for a practice case OR reading a really important article in the field. You cannot do both and get credit for both. Remember, this is not required. I do encourage you to look at it and see if it is a fit for you; you may enjoy this one! More details are available on the assignment page.

Grading Information

Assessment Items and Their Value			
	How Many?	% of Final Grade	Points
Exams	3	$300/480=62\%$	300 (100 each)
Quizzes	13	$130/480=27\%$	130 (10 each)
Course Assignment	1	$30/480=6\%$	30
Course Structure Quiz	1	$20/480=5\%$	20

Breakdown

The grading scheme for this course is determined as follows:

<i>Grade</i>	<i>Percentage</i>
A plus	99 to 100%
A	92.5 to 98.9%
A minus	90 to 92.4%
B plus	87.5 to 89 %
B	82.5 to 87.4%
B minus	80 to 82.4%
C plus	77.5 to 79%
C	72.5 to 77.4%
C minus	70 to 72.4%

<i>Grade</i>	<i>Percentage</i>
D plus	67.5 to 69%
D	62.5 to 67.4%
D minus	60 to 62.4%
F	59% and below

University Policies

Per [University Policy S16-9 \(PDF\)](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the [Syllabus Information](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>) web page. Make sure to visit this page to review and be aware of these university policies and resources.

Course Schedule

Date	Reading	Topic	Videos to View	Assignment Due
------	---------	-------	----------------	----------------

MODULE 1: Theory and Science of Psychopathology

T 1-2- 24	Syllabus & key web links Ch. 1	Meaning of Psychopathology History of Psychopathology	Meaning of Psychopathology pts 1&2 [lectures] History of Psychopathology pts 1&2 [lectures]	Work on Course Structure Quiz! Quiz 1 (history) Suggested: 1-2 due by 1-8
W 1-3- 24	Ch. 2	Paradigms of Abnormality	Paradigms Pts 1- 6 [lectures] Concept: Stephanie Part 1	<i>Module 1 assignment best fits here:</i> due 1-8
R 1-4- 24	Ch. 3 (p. 92-115)	The Scientific Method	Science Pts 1- 4 [lectures] <i>Suggested: begin classification lecture videos</i>	Quiz 3 (science) Suggested: 1- 4 due by 1-8
F 1-5- 24	Ch. 3 (p. 69-95)	Classification & Assessment	Classification pts 1- 5 [lectures] Assessment pts 1 & 2 [lecture]	Course Structure Quiz due 1-5 Quiz 4 (classification) Suggested: 1- 5 due by 1-8
M 1-8- 24	<p>Module 1 Quizzes due by 1-8-24 at 11:59pm (PST)</p> <p>EXAM 1 Module 1 opens 5:00am 1-8-24 & closes at 11:59pm (PST) on 1-8-24 after 75 mins</p>			

MODULE 2: Anxiety, Dissociation, & Mood Disorders

<p>T 1-9- 24</p>	<p>Ch. 4</p>	<p>Anxiety disorders, OCD, & PTSD</p>	<p>Anxiety & Phobia pt 1-3 Panic, GAD, OCD pts 1-3 PTSD pts 1-2 [lectures]</p> <p>Concept: Phobia exposure, Panic [Sedata]; OCD [Jennifer]; PTSD</p>	<p>Quiz 5 (anxiety) Suggested: 1-9 due by 1-12</p> <p><i>*Note that Assignment: Effects of Racism on Mental Health fits best here, but due 1-19</i></p>
<p>W 1-10- 24</p>	<p>Ch. 6 (200- 245)</p>	<p>Mood Disorders</p>	<p>Bipolar Disorder pts 1-2 Depression pts 1- 5 [lectures]</p> <p>Concept: BD [Del]; MDD [Evelyn]; MDD severe w/ psychotic features & ECT</p>	<p>Quiz 6 (mood) Suggested: 1-10 due by 1-12</p>
<p>R 1-11- 24</p>	<p>Ch. 6 (p.246- 244) Ch. 5 (p.184- 197)</p>	<p>Suicide Dissociative Disorders</p>	<p>Suicide pts 1-3 [lectures] Concept: The Bridge (trailer)</p> <p>Dissociative Disorders & Memory pts 1-3 [lectures] Concept: DID [officer]; False Memory Syndrome</p>	<p>Quiz 7 (suicide) Suggested: 1-11 due by 1-12</p> <p>Quiz 8 (dissoc) Suggested: 1-11 Due 1-12</p>

F 1-12- 24	<p>Module 2 Quizzes due by 1-12-24 at 11:59pm (PST)</p> <p>EXAM 2 Module 2 opens 5:00am 6-27-23 & closes at 11:59pm (PST) on 6-27-23 after 75 mins</p> <p>*<u>Recommend</u> doing Assignment: Effects of Racism on Mental Health by this date (due 1-19)</p>
------------------	---

MODULE 3: Psychotic, Personality, Eating, Substance, and Sex Disorders

M 1-15-24 (this is a holiday, it makes sense to move this to the following day)	Ch. 12	Schizophrenia	Schizophrenia pts 1-4 [lecture] Concept: David; Eta; psychoanalysis; TD symptoms; lobotomies	Quiz 9 (schizophrenia) Suggested: 1-16 due by 1-19
T 1-16-24	Ch. 11	Personality Disorders	PDs parts 1-5 [lecture]	Quiz 10 (PDs) Suggested: 1-16 due by 1-19

<p>W 1-17-24</p>	<p>Ch. 8 (283-302 & 158-161) Ch 10 (367-398)</p>	<p>Eating Disorders & BDD Substance Use Disorders</p>	<p>Eating pts 1-3 [lecture] Concept: Power of media; self-image; diverse beauty Substance pts 1-3 [lecture]</p>	<p>Quiz 11 (eating) Suggested: 1-17 due by 1-19 Quiz 12 (substance) Suggested: 1-17 Due by 1-19</p>
<p>R 1-18-24</p>	<p>Ch 9</p>	<p>Sex Disorders</p>	<p>Sex disorders pts 1-5 [lecture]</p>	<p>Quiz 13 (sex) Suggested: 1-18 Due by 1-19</p>
<p>F 1-19-24</p>	<p>Assignment: Effects of Racism on Mental Health due by 11:59pm (PST) on 1-19</p> <p>Module 3 Quizzes due by 1-19-24 at 11:59pm (PST)</p> <p>EXAM 3 Module 3 opens 5:00am 7-7-23 & closes at 11:59pm (PST) on 7-7-23 after 75 mins</p> <p>OPTIONAL extra credit [only one of two options] is due by 11:59pm (PST) on 1-19-24</p>			