



# EMPLOYEE ASSISTANCE PROGRAM



## Confidential and Emotional Support

Our highly trained clinicians will listen to your concerns and help you or your family members with any issues, including:

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts



## Work-Life Solutions

Our specialists provide qualified referrals and resources for just about anything on your to-do list, such as:

- Finding child and elder care
- Hiring movers or home repair contractors
- Planning events, locating pet care



## Legal Guidance

Talk to our attorneys for practical assistance with your most pressing legal issues, including:

- Divorce, adoption, family law, wills, trusts and more

### Need representation?

Get a free 30-minute consultation and a 25% reduction in fees.



## Financial Resources

Our financial experts can assist with a wide range of issues. Talk to us about:

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more



## Online Support

[www.guidanceresources.com](http://www.guidanceresources.com) is your 24/7 link to vital information, tools and support. Log on for:

- Articles, podcasts, videos, slideshows
- On-demand training
- "Ask the Expert" personal responses to your questions

**App:** GuidanceResources® Now

**Web ID:** AXAEAP

Contact your Employee Assistance Program for  
24/7 Support, Resources & Information

Call: 866.641.3178

TDD: 800.697.0353

Online: [guidanceresources.com](http://guidanceresources.com)

App: GuidanceResources® Now

Web ID: AXAEAP



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## Phone/Live Support

Your Employee Assistance Program from AXA offers someone to talk to and resources to consult whenever and wherever you need them.

**Call:** 866.641.3178 **TDD:** 800.697.0353

Direct, 24/7 access to a GuidanceConsultant<sup>SM</sup> who will answer your questions and, if needed, refer you to a counselor or other resources.



## Identity Theft Services

We can help you repair your credit and your good name with tools such as:

- Support from legal and financial professionals
- Counseling to address emotional issues
- Work-life assistance



## Online Will Preparation

EstateGuidance<sup>®</sup> lets you quickly and easily create a will online at no cost.

You can:

- Specify your wishes for your property
- Provide funeral and burial instructions
- Choose a guardian for your children

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