2019-2020 Year-End Committee Report Form

Committee: Alcohol and Drug Abuse Prevention Committee

Chair: Celinda Miranda, CAPS and Nicole Dubus, School of Social Work	**Chair-Elect for 2020-2021**: Nicole Dubus, School of Social Work; nicole.dubus@sjsu.edu; Alex Froehlich, Student Conduct and Ethical Development; alex.froehlich@ sjsu.edu (Please include phone/zip/email if available)
Number of Meeting held: 7	

Items of Business Completed 2019/2020

1. Key connections were made with Nicole Morris regarding Clery Act and Drugs- Free Schools and Communities Act-revision of Alcohol and Drug Policy needed; Santa Clara County Substance Abuse Prevention Program Services connection created and staff joined ADAP Committee members during the last meeting with hopes of strategic planning occurring in future
2. Committee members identified their individual department efforts towards messaging regarding alcohol and drug use; identified ways in which messaging could be shared-via digital boards, Sammy App, "Wildfire," Housing trainings, Student Orientations, Greek Life trainings
3. All meetings and minutes were completed by using Zoom and Google Documents

Unfinished Business Items from 2019/2020

1. ADAP Website location and identification of webmaster still TBD; Unsure if Academic Senate has an acceptable location; the website will facilitate sharing of updated information for resources, programs, and events as well as create a link for CANVAS and professors
2. With current global pandemic, on-campus tabling and events were affected; How are the various information sharing avenues (Sammy App, SJSU websites, CANVAS) used to get messaging to the student body; no unified information calendar or structure exists at this time
3. Need to determine if subcommittees will be created based upon the three charge areas; further discussion needed on implementation and relevancy of Committee's three charge areas

New Business Items for 2020/2021

1. Need to confirm committee member representation overall and increase student participation for more current and relevant approach and messaging to student body needs
2. Maintain a connection to Santa Clara County Substance Abuse Prevention Program Services (collaborative) and identify a timeline for possible committee strategic planning to occur
3. Coordinate one to two events during 2020/2021 that promote ADAP's mission.

Please return to the Office of the Academic Senate (ADM 176/0024) by June 16, 2020.

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting Minutes - Fall 2019

Here is the link to the recorded zoom meeting today:
https://sjsu.zoom.us/recording/share/ns-GiSZ4em8EA777w2uptGR-psjr_-2pWMFffzrGd2SwIumekTziMw
Zoom meeting on 10/21/19 9am

Participants: Nicole Dubus (Social Work), Manuel Aguayo (UPD), Kevin Kinney (Housing), Kim Tsai (CHAD), Vicki Gerentes (Student Involvement), Carole Dowell (AS)

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Introductions how do you address SUD in your role (what are you bringing to this committee)			
Review year end committee Report			
Review ADAP charge/member updates	We will gather updates of different committees/campus; and we will also spear some of the projects listed.		We will share our homework (report back).
Possible committee work efforts (for the year? For the semester?) Weblink: http://www.sjsu.edu/wellness/alcoholandmarijuana/adapc_main/index.html The above link is from wellness. But, there is also an alcohol and drug abuse page under the police department. Can/should we have hyperlinks to each other's sites? Either needs to be updated.	Educational fliers around campus. In housing an uptake on cannabis use including vaping (distinguish between housing that is ruled by federal laws and public spaces which is local laws) Vaping in bathrooms (student union) sets off fire alarm Resident assistants in housing..107. Use them as	Vicki (student conduct and ethical dev for sorority/fraternity community) Vicki will report back on the level of importance SUD issues are for this group. Sammy app: make students aware of resources when campus events happen. Vicki might be able to request sammy app additions.	1. Digital boards, and if so, what do we want on them? 2. Website info 3. List of events coming up and discuss actions 4. Reports from police and student life to focus on which projects to move forward on (where to target education and to which

	spokespersons. Training them. 1400 students undergrad, 500 new this year, “new member experience”, as leaders they lead 100 or more students doing self-governed projects (they have events with ETOH.) Tobacco 21 laws education Sign visibility around campus Sandwich boards and signs, including bystander interventions. Can we use electronic signs (student union owns those, associate students has four electronic boards), wellness has its own, housing has its own, and the library has its own. Do we have the resources for bystander training Sammy app (Vicki) Integrate info/training with curricula. Can we get students to be in the bystander training. Would a panel of former using students be helpful? Each college has a	Do we need our committee to monitor sammy? Manuel can let us know about campus events so we can prepare education information. Vicki sorority/fraternity events (ADAP will be added to event list). Carole: report back on the digital boards on campus including SU, wellness, and MLK. Kevin (Housing) report back on curricula they used..what was good and what needs strengthening. Kim and Nicole will meet and present curricula integration ideas. Vicki will look at freshman and transfer summer orientations...do we address SUD. Aware, Awake, Alive...do we have this and can we join forces. They have a website with tool box available. https://awareawakealive.org/toolbox/csu Kevin (Housing is working with student conduct and others to get this program available). Self-assessment tool, a self paced modular.	groups).. 5. Plan a training for January RA

	student success center (can we start there?). Start at department level.	We don't have this but it is in process. Manuel (volunteer connect group) can help out in events. They are doing a DUI campaign at housing. Can provide numbers of drug medical calls. Manuel will supply us with these stats. How do we measure the success of any of our projects/campaigns. Hard to measure. How they knew of resources is easier to measure, but education of issues harder. Manuel will review police link and assess possible changes. Student organizations need easy access as well, as well as housing. Nicole will see from SJSU what kind of webpage options we have. http://www.sjsu.edu/police/programs/alcohol_drug_abuse/	
Announcements			
Next meeting When works?		Nicole will send out Zoom link for 11/18 at 9am for our next meeting.	

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting Minutes - Fall 2019

Link to recorded zoom: https://sjsu.zoom.us/recording/share/Qu8RekF4mKMRznLPrFUPyYLHEv0Pk6HQl7nJ-iOSTlKwlumekTziMw?startTime=1574097856000

Zoom meeting on 11/18/19 9am.

Participants: Nicole Dubus (Social Work), Celinda Miranda (CAPS), Kevin Kinney (Housing), Manuel Aguayo (UPD), Kim Tsai (CHAD), Robert Rinck (COUGH)

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Update from Carol regarding digital boards in SU/MLK			
Update from Celinda about using Wellness digital boards			
Update from Vicki on how to add content to Sammy.			
Celinda identified Sammy app may have a way to provide numbers of how many students are getting information and how many students are viewing information. Sonja was willing to put out information for ADAP if we provide her information, Celinda will follow up			
Update from Vicki on SUD issues in sorority/fraternity (can we combine these issues with RA training topics and digital board messages?)			

Vicki: can she provide Aware, Awake, Alive content for websites?	https://awareawakealive.org/toolbox/csu		
Updates needed for both wellness and police websites (these websites will be the repository for events and content related to ADAP).	**We have a new webmaster. Will have this reviewed before 12/31/19.** http://www.sjsu.edu/police/programs/alcohol_drug_abuse/ Housed under SJSU Campus Resources **http://www.sjsu.edu/sfs/sjsu_campus_resources/index.html** Another possible webpage on SJSU website: http://info.sjsu.edu/static/catalog/alcohol.html http://www.sjsu.edu/wellness/alcoholandmarijuana/ Anna can help us with website for health and wellness.		
Housing is training new RA's in January. Can we coordinate content to be consistent with digital board messages and curricula ideas from Kim and Nicole?			
Update from Kim and Nicole on classroom curricula ideas			
Manuel update on Self-assessment tool, a self paced modular and if we can have link for our websites, or, how else can we use this resource?			

One of our committee's charges is to review campus policy. Update from Celinda about who gives us policies to review. ISA (Instruction Student Affairs Policy) Laura Sullivan Green is chair. Not sure how to be in loop.			
Kevin will ask Eric about how ISA can communicate to us regularly			
Update: Celinda shared Aware, Awake and Alive poster that has already been passed out previously. Will try and identify how more can be provided. Kevin willing to see how information can be made as refrigerator magnets and given out to everyone in housing			
Events and Info sharing			
		Upcoming Events: Commencement 2019, End of Year Parties. **<u>10/24/19</u>** - UPD Cadets and Ofcr. collaborated with **AMOD**. Held Event at Campus Village Quad. 20 students approached table and were given demonstration on **DUI, Tests, Awareness.** **<u>Spring 2019</u>** - UPD Drug/Alcohol Medical	1.

		Calls: 11 on campus. Avg. age of patients is 18-19. SJSU NCHA II Executive Summary Spring 2018 based on 1392 SJSU respondents	
DISCUSSIONS How do we measure the success of any of our projects/campaigns. Hard to measure. How they knew of resources is easier to measure, but education of issues harder. Celinda: can we have targeted campaigns each month to make it easier to measure? Kevin: what is our goal? Education or decreased ambulance need? Celinda: three areas of charge… Education, clearinghouse of committees, outreach events, review policies, use of best practices			
Announcements		Great America Smoke Out, this coming Thursday in front of Wellness Center. Save the Date: **4/25/20**	

		National Take Back Prescription Drug Day *Would ADAP like to participate in having a collection bin on campus? UPD can coordinate with DEA.*	
Next meeting When works?		Nicole will send out doodle for December meeting.	
Decided tasks	1.Each meeting keeping wellness and police website up to date. Each of us bringing update to the websites at each meeting: Events and content. 2. Distribute warning signs for housing (Celinda will give to Kevin). 3. Celinda will find out how best to pass info onto Sammy 4.Kim and Nicole will explore curricula ideas	Celinda will bring updates to Wellness site, and Manuel will bring updates to Police site.	

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting Minutes - Fall 2019

Zoom meeting on 12/9/19 9am.

Participants: Nicole Dubus (Social Work), Celinda Miranda (CAPS), Parinaz Zartoshty (ISSS), Kim Tsai (CHAD), Carole Dowell (AS), Alex Froehlich (Student Conduct), Jose Roque (AS Student), Manuel Aguayo (UPD), Vicki Gerentes (Student Involvement), Robert Rinck (COUGH)

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Update from Carol regarding digital boards in SU/MLK	Carole shared link Digital screen contacts for posting information, everyone can say size of slide, at least 1-2 weeks in advance. https://drive.google.com/drive/folders/14NBj5NSH2aIAJNmgaH_X2XTG2pea77-o	Carole	
Update from Celinda about using Wellness digital boards	TV Screens were getting updated in entire SWC, lag time may be 1 week for SWC	Celinda	
Update from Vicki on how to add content to Sammy.			
Celinda identified Sammy app may have a way to provide numbers of how many students are getting information and how many students are viewing information. Dr. Sonja Daniels was willing to put out information for ADAP if we provide her information,	Alex shared may not want a tile because click ratio is low; we can create events, Treat Yourself Well tile had less than 1% clicks; put a service as a post; when have updates on clearinghouse can do	Alex	

Celinda will follow up	that with Sammy App; any of us can post as ADAP; Alex agreed to be contact person for ADAP		
Update from Vicki on SUD issues in sorority/fraternity (can we combine these issues with RA training topics and digital board messages?)	Due to Maxient, needing to manually obtain data; 95 of 189 (from August) students were Greek (6%); tracking 3000 students in various communities in general; Alcohol or Cannabis most documented cases https://docs.google.com/spreadsheets/d/1iOf3lQ-HSQcyqtrC86D1xtnMKCGiqOnVK7Qu-nmUFC8/edit?usp=sharing		
Vicki: can she provide Aware, Awake, Alive content for websites?	https://awareawakealive.org/toolbox/csu Sarah Tanner in Housing has magnets, Sarah send digital info to Carole and Celinda for posting	Alex Celinda Carole	
Updates needed for both wellness and police websites (these websites will be the repository for events and content related to ADAP).	**We have a new webmaster. Will have this reviewed before 12/31/19.** http://www.sjsu.edu/police/programs/alcohol_drug_abuse/ Housed under SJSU Campus Resources **http://www.sjsu.edu/sfs/sjsu_campus_resources/index.html** Another possible webpage on SJSU		

	website: http://info.sjsu.edu/stic/catalog/alcohol.html http://www.sjsu.edu/wellness/alcoholandmarijuana/ Anna can help us with website for health and wellness. Agree what can go on website at each meeting Manuel - will do update before end of Winter session		
Housing is training new RA's in January. Can we coordinate content to be consistent with digital board messages and curricula ideas from Kim and Nicole?	No update		
Update from Kim and Nicole on classroom curricula ideas	Kim and Nicole met; along with digital board and Sammy App, faculty use Canvas to communicate with students; we can have an ADAP folder to be shared with faculty; faculty can integrate with their lectures; Jose shared Canvas may be best option to share information; Alex shared 25,000 downloads on Sammy App and 300,000 check ins - is being significantly used	Kim and Nicole	
Manuel update on Self-assessment tool, a	Working on contract for E-chug and E-toke	Alex and University Housing and WHP	

self paced modular and if we can have link for our websites, or, how else can we use this resource?	to have a broader reach and not just someone who is referred; WHP responsible		
One of our committee's charges is to review campus policy. Update from Celinda about who gives us policies to review. ISA (Instruction Student Affairs Policy) Laura Sullivan Green is chair. Not sure how to be in loop.			
Kevin will ask Eric about how ISA can communicate to us regularly	We need to connect with ISA and get further clarification regarding the enforcement of Policy with ADAP; what are expectations or continued collaboration between both committees	Jose	
Events and Info sharing			
	Parinaz shared March- Global Spartan Month; can we give workshop on Alcohol and Drug with Alex; use something that is already being provided - need to determine how ADAP info will be shared - Parinaz will connect with Alex Spring Break- traveling - Vicki in collaboration with Student Involvement	**Upcoming Events: Commencement 2019, End of Year Parties.** **<u>10/24/19</u>** - UPD Cadets and Ofcr. collaborated with **AMOD**. Held Event at Campus Village Quad. 20 students approached table and were given demonstration on **DUI, Tests, Awareness.** **<u>Spring 2019</u>** - UPD	

	Graduation April - Sexual Assault Awareness Month - Alex May- Mental Health Awareness Month - Celinda Athletics will be hiring an **Assistant Athletic Director for Student-Athlete Wellness and Leadership Development**. This position will oversee athletic training, sport performance, mental health programming, nutrition	Drug/Alcohol Medical Calls: 11 on campus. Avg. age of patients is 18-19. SJSU NCHA II Executive Summary Spring 2018 based on 1392 SJSU respondents	
Announcements		For the Fall 2019 semester, in collaboration with students from a UG public health class, COUGH@SJSU had **18 volunteers** who picked up **1,904 cigarette butts over a 1.0 hour time period**. Additionally, we had over **35 students** stop by the COUGH@SJSU table to learn about our organization, the tobacco-free policy at SJSU, and how smoking can affect people on an individual and community level.	

		This is different from the Spring 2019 semester where a variety of HS classes (104, 145, 167, 173) collaborated with COUGH@SJSU and we had **38 volunteers** who picked up **3,388 cigarette butts over a 1.5 hour time period**. Additionally, we had over **60 students** stop by the COUGH@SJSU table. Santa Clara County Public Health Department tabled with COUGH@SJSU club members to discuss Vaping, Tobacco Cessation Save the Date: **3/22/20** **Walk Like MADD** (Mother's Against Drunk Driving) Student-athletes have organized and will run the event. The course is on South Campus (7th St. to Alma, to 10th, to Humboldt). Save the Date: **4/25/20** National Take Back Prescription Drug Day *Would ADAP like to participate in having a collection bin on campus? UPD can coordinate with DEA.*	
Next meeting When works?		Nicole will send out doodle for February	

		meeting	
Decided tasks	1) We will use digital boards to promote campus wide ADAP related issues 2) Create a Canvas shell that could be used by faculty in their courses that may serve as events and information related to ADAP 3) Want to get information out during the various campus wide events - need to determine if tabling will occur or what information will be shared 4) Nicole will contact Jennifer Red of Canvas 5) Identify what departments are already providing regarding Alcohol and Drug Use and determine how ADAP will share and/or fill in gaps of information to be shared 6) Nicole and Celinda to meet in January regarding committee efforts		

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting Minutes- Spring 2020

This is the recording of the 2/1020 meeting: https://sjsu.zoom.us/rec/share/3_dFKLLstWRLWdLCyk3CA69iM97sX6a80SgcrPFcmU-f74_q8-mkBtw4YNwBej3Y?startTime=1581353785000

Zoom meeting on 02/10/2020 9am.

Participants: Alex Froehlich (Student Conduct & Ethical Development), Christine Wong Mineta (WHP), Kenny Ma (WHP), Nicole Dubus (Social Work), Celinda Miranda (CAPS), Eileen Dailey (Athletics), Manuel Aguayo (UPD), Kim Tsai (Child & Adolescent Dev), Mira Mustafa (AS Student), Carole Dowell (Associated Students), Vicki Gerentes (Student Involvement)

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Update for Committee: ADAP Charge and University Policy (Clery Act) ISA (Instruction Student Affairs Policy) Co-Chairs and Jose, Nicole Morris ? (guest)	Nicole D. And Celinda met with Nicole Morris regarding the Clery Act		
Update on E-chug and E-toke, Self-assessment tool (Alex, WHP)	E-Checked up, 5 sections can utilize, E-alcohol, E-tobacco, E-marijuana, Values exercise, UHS and Conduct using them for sanctions, WHP Emily using Masters students to address those with higher level of interventions, it can be accessed anonymously, with Sanctions attached to students, up and running three weeks now, sanctioned some students to this, repeat violations have different sanctions, one course per issue,		

	cost not per use it was a bulk cost per year, WHP anonymously on their website, may need to be a system administrator if you want to give to your students and use the data; for research purposes, not sure there is a pre and post test model, San Diego has all the licensing rights, for data we would have to use San Diego's data on how it is beneficial; not sure if you go into system twice how the results are tracked, it tracks you as an individual; if retake it not sure it tracks that information in that manner; Alcohol Edu phased out after this academic year, Vertek to be used Christine provided this update, all these courses on WHP link, http://www.sjsu.edu/wellness/alcoholandmarijuana/index.html		
National Drug and Alcohol Facts Week - March 30-April 5th - do before Spring Break for us?	Celinda introduced idea of ADAP hosting a table with information out on 7th street quad area to pass out information for NDAFW after sitting in on webinar. Information to pass out is free. Discussion was held as to where educational information can be		

	distributed on campus or where it is already being distributed. Vicki - will do new members joining this week and next, they have new member experience, 100-150 students, can reach with resources; 2/24, 2/28 and 3/2; can do follow up assessment, Rigo - new student orientation can also be used, WHP - can help with marketing and social media, can host something within Wellness Lounge or possibly SWC South Patio, UPD - willing to help, social media, can post marketing, Cadet carts, take magnets; Vicki look thru Events Services to see about scheduling; Eileen, can promote thru social media and in person communication; Celinda will take lead on this and beginning planning steps Conduct Cab Idea - https://www.instagram.com/p/B7tp2kaJJQV/?utm_source=ig_web_copy_link https://www.instagram.com/p/B1pM-pQpnZM/?utm_source=ig_web_copy_link https://www.instagram.com/p/Bm05kq1gut2/?utm_source=ig_web_copy_link https://www.instagra		

	m.com/p/Bbmg5cShuby/?utm_source=ig_web_copy_link https://www.instagram.com/p/Bbme-pwh_GE/?utm_source=ig_web_copy_link		
Update from Alex/Vicki: on Aware, Awake, Alive content for websites and housing distribution (magnets)?	Looking for magnets, had been distributed in housing; WHP - can give information to Anna for updating; need to double check if Anna can do monthly under Alcohol and Drug Abuse Information; all information is out dated on both websites; Manuel will connect with Christine to update together; maybe have one webpage - and who takes ownership; maybe keep on Police and WHP, WHP has a health communication specialist, Anna's role has shifted and she will not be able to support revisions to the site on a regular basis; UPD - has an assigned webmaster now - should direct link go to WHP website; not just Aware, Awake and Alive information http://www.sjsu.edu/police/programs/alcohol_drug_abuse/index.html http://www.sjsu.edu/wellness/alcoholandmarijuana/adapc_main/index.html		

Discussion about process for posting. Decide on overall messaging goals for each month to be posted on digital screens, Sammy App and campus ("Mindful Monday")	Looking for streamline to posting, WHP - not have digital screens up, possibly in next month they will be working, depending on when the software is received and when we are trained; Carole - once messaging done can post in Student union and in their posting areas; what is overall messaging we want to do; do we use NADFW information; if we have site of our own, then we can post use and resource information; Carole - can use information from NADFW; what do we share as a standard message or up dated information on use and abuse; Information on SUnion and message boards has to be eye catching and informative - information is shown quickly; can we find proven ways, WHP Health Communication Specialist may assist with developing effective slogan - she may be able to help to support this work but not lead the effort, we don't have AOD Coordinator at this time; Mira - use digital screens on SUnion, catching students' attention difficult, QR code to use their phones to get access		

	to websites - google alcohol and drug abuse, Carole - poster with bottle can be catchy and put QR code on it, put in housing, Vicki - restroom stalls - need plastic insert, and make sure it is not taken down - get permission to post in bathroom stalls; what is consistent message and how to do efficiently		
Updates needed for Anna and Manuel for website updating for both wellness and police websites (these websites will be the repository for events and content related to ADAP).	SJSU Wellness Center: http://www.sjsu.edu/wellness/alcoholandmarijuana/adapc_main/index.html Police Department: http://www.sjsu.edu/police/programs/alcohol_drug_abuse/index.html Director of Committee Assignments: http://www.sjsu.edu/senate/comm_info/committees/index.html Year End of Committee Report: http://www.sjsu.edu/senate/docs/yeadapc2018-2019.pdf		
Update campus material from Kim and Nicole on classroom curricula ideas	Have not been able to move forward; idea make available resources that any instructor can use; existing modules, E-checked up to go?		

	WHP- Alcohol.edu on website; being phased out at the end of the semester, need to verify; Nicole will check in with Alex and Christine and create common module for everyone, Mira - suggested add to the CAPS webpage because of dealing with distress leads to drug and alcohol use - Celinda will follow up;		
Events and Info sharing			
	Manuel , 4/25 National Take Back Prescription Drug Day, contact local DEA office, put collection bin on campus, UPD will staff, invite ADAP and use brand; last year collected out dated medicine cabinet content; UPD lobby? Library? Housing? Students who want bring items to put in bin; not sure if more than one site can be used; one in MLK Library with general public, and UPD, people can just drive up and drop off and drive away, 2) Event Center - EDM Concert 4/14 - Tuesday, “Disclosure” European Band, 6500 people anticipated; posting at Wellness Center; first floor		

	posting now instructed not to post on windows; WHP - can support with assistance with marketing and design, can create what needed Eileen - Walk Like MADD - South Campus; course on sidewalk 3/22; Student Athletes running event; Assistant Athletics Director for Student Well Being - over see training, sports performance, mental health education, nutrition, Title IX and alcohol and drug issues; seeing higher need to be addressed with student athletes WHP - Christine - Spring Break Safety Tips campaign - Carole can receive information from Christine, Vicki - Student Involvement can also post Vicki - when look up policies on alcohol, need to see where are policies and what is being posted? Nicole D. - Can Nicole M. be person consolidating this information and have clear messaging going out?		

Announcements			
Next meeting?	March 9th, 9 am Send calendar invitation		

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting MInutes - Spring 2020

Zoom meeting on 03/09/2020 9am.

Participants: Christine Wong Mineta (WHP), Eileen Dailey (Athletics), Nicole Dubus (Social Work), Celinda Miranda (CAPS), Alex Froehlich (Student Conduct), Kim Tsai (CHAD), Robert Rinck (COUGH), Parinaz Zartoshty (ISSS)

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Membership update	Kenny Ma - has left as of last Friday, no AOD coordinator at WHP WHP - Christine participation will be limited Sgt. Manny Aguayo UPD is being replaced by Captain Frank Belcastro Christine can be sharer of information but not take on duties		
Update for Committee: Charge and University Policy (Clery Act) ISA (Instruction Student Affairs Policy) Nicole Morris	The President's Office has communicated with the Academic Senate that the proposed AOD policy is going to be vetoed. It will no longer be a policy that rests with Academic Senate, and will transition to the authority of a cabinet member on behalf of the President. Please see emailed document DFSCA AOD Program Inventory form for further details Need to see if we report back at each ADAP meeting and complete template		
Update on E-chug and E-toke, Self-assessment	Emily and Masters Students-Psychology program with		

tool (Alex, WHP) ?	Train the Trainers programs- rolling out this summer, next phase Created card to distribute, three websites Open to anyone, information on WHP website Nicole contacted CANVAS we can create our own modules, we can create a clearinghouse on information; any professor can post on their site; 1) post information on site - Nicole can lead 2) need to share with faculty that resource does exist re: AOD		
National Drug and Alcohol Facts Week - (Recognized March 30- April 5th) - Our Tabling Event - March 23rd - March 26th	Alex - will events be held with Coronavirus issues? Alex will create a sign up list for volunteers Celinda - Materials have been ordered Tabling has been approved thru Event Scheduling 4 Tabling organizations will be present Need volunteers/hosts to sign up for set up, lunch support, and clean up (Alex will assist?) Vicki - provide update regarding their orientation efforts? Rigo - ? WHP - can help with posting - need to get info to them UPD - willing to help, social media, can post marketing, Cadet carts, take magnets? Eileen - can promote thru social media and in person communication; Celinda - in lead Conduct Cab Idea - https://www.instagram.com/p/B7tp2kaJJQV/?utm_source		

	=ig_web_copy_link https://www.instagram.com/p/B1pM-pQpnZM/?utm_source=ig_web_copy_link https://www.instagram.com/p/Bm05kq1gut2/?utm_source=ig_web_copy_link https://www.instagram.com/p/Bbmg5cShuby/?utm_source=ig_web_copy_link https://www.instagram.com/p/Bbme-pwh_GE/?utm_source=ig_web_copy_link Sign-Up Link: https://www.signupgenius.com/go/5080B4EA5AD2CA4F49-national		
Need to identify website updating for both wellness and police websites (these websites will be the repository for events and content related to ADAP) ADAP Information for posting. Decide on overall messaging goals for each month to be posted on digital screens, Sammy App and campus ("Mindful Monday")	Need two or three people to be in charge of what our messaging will consist of? Need to identify what information is to be provided; connect to WHP but not being driven by WHP?; look at where link to ADAP Committee info should be posted?; Celinda and Nicole connect with Academic Senate Chairs WHP - need to see who can update since duties have changed for their workers; Manuel will connect with Christine to update together; maybe have one webpage - and who takes ownership; may be keep on Police and WHP, WHP has a health communication specialist, Anna's role has shifted and she will not be able to support revisions to the site		

	on a regular basis; UPD - has an assigned webmaster now - should direct link go to WHP website; not just Aware, Awake and Alive information http://www.sjsu.edu/police/programs/alcohol_drug_abuse/index.html http://www.sjsu.edu/wellness/alcoholandmarijuana/adapc_main/index.html		
	Carole - once messaging done can post in Student union and in their posting areas; Do we use NADFW information; what do we share as a standard message or up dated information on use and abuse; Carole - poster with bottle can be catchy and put QR code on it, put in housing, Vicki - restroom stalls - need plastic insert, and make sure it is not taken down - get permission to post in bathroom stalls; what is consistent message and how to do efficiently		
Update campus material from Kim and Nicole on classroom curricula ideas	Goes back to what is on Wellness website and what is shared with others Making available resources that any instructor can use; existing modules, E-checked up to go? WHP- Alcohol.edu on website; being phased out at the end of the semester,		

	need to verify; Nicole will check in with Alex and Christine and create common module for everyone, Celinda needs to follow up with adding to the CAPS webpage; idea on (Mira) dealing with distress leads to drug and alcohol abuse		
Check in	Alex - critical issues take priorities Christine - ADAP advocate for AOD coordinator Eileen - Asst Athletics Director being hired for prevention efforts Parinaz - COV ID 19 focus with International Students Kim - identify info website, establish identity on campus, limited with tabling efforts, get faculty on board with CANVAS Celinda - do we create subcommittees? Alex - do we assign co-lead to each subcommittee Function with how things are moving forward and still deal with limitations		
Santa Clara County Collaborative Meeting held on 2/27/20 Celinda followed up with opportunity to collaborate and gain access to other County resources re: Substance Abuse and Prevention Efforts with SJSU ADAP joining Collaborative meetings - after discussion held with Rob Drury and Christine of WHP, she is willing to be	Christine - reported back from meeting she attended: 10 community colleges and non-profit organizations in attendance, she will be attending the monthly meeting ongoingly and relaying information to ADAP; they work to support college campuses and their substance abuse efforts; support what other groups are doing; can help with strategic planning - create policy, create movement for the group - help build capacity; see how we can		

ADAP representative	partner with them? Larger term support planning is available		
Events and Info sharing			
	Need to see if events will continue or be canceled because of COVID 19 President canceled her address Stanford went to online classes - a professor may have confirmed case; Santa Clara County has 36 cases Planned events - questionable if they will occur Manuel , 4/25 National Take Back Prescription Drug Day, contact local DEA office, put collection bin on campus, UPD will staff, invite ADAP and use brand; last year collected out dated medicine cabinet content; UPD lobby? Library? Housing? Students who want bring items to put in bin; not sure if more than one site can be used; one in MLK Library with general public, and UPD, people can just drive up and drop off and drive away, 2) Event Center - EDM Concert 4/14 - Tuesday, “Disclosure” European Band, 6500 people anticipated; posting at Wellness Center; first floor posting now instructed not to post on windows; WHP - may be able to support with assistance with marketing and design Eileen - Walk Like MADD - South Campus; course on sidewalk 3/22; Student		

	Athletes running event; Assistant Athletics Director for Student Well Being - over see training, sports performance, mental health education, nutrition, Title IX and alcohol and drug issues; seeing higher need to be addressed with student athletes WHP - Christine - Spring Break Safety Tips campaign - Carole can receive information from Christine, Vicki - Student Involvement can also post Nicole D. - Can Nicole M. be person consolidating this information and have clear messaging going out? Alex - Can we make marketing and communications department a part of our regular Committee? Jody Ulate or Michelle Frey? They will Share on their sites		
Announcements			
Next meeting?	April 6th at 9 am		

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting Minutes- Spring 2020

Zoom meeting on 04/06/2020 9am. Third week of shelter in place due to Covid-19 pandemic.

Participants: Kim Tsai (CHAD), Mira Mustafa (AS Student), Vicki Gerentes (Student Involvement), Nicole Dubus (Social Work), Celinda Miranda (CAPS), Chrisitne Wong Mineta (WHP), Alex Froehlich (Student Conduct)

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Membership update	Alex: 1400 still in dorms. Social isolation among students. No guests allowed.3/30 last to leave left. Christine: PHEs and Wellness Ambassadors expressed how they were feeling: displaced as many have returned to their residence outside of SJSU, a sense of loss (i.e. graduation), stressed to be living at home again, not sure what they are allowed to do, lonely, sad, scared, etc. Vicki: campus events cancelled and trying to shift to online venues if possible. Students stressed with online classes. Fears grades will suffer. Isolation. Student leaders leaving positions, students engaging less with organizations. Kim: students can do c/nc if want. Loss of motivation without structure.		

Alex: support facilities are less responsive, and expenses greater.

Celinda: CAPS continues to inform students services are available. Are students withdrawing from engagement due to these stressors? We have website information for students.

What is ADAP's role now during shelter in place? What is our reach if everyone is off-campus?

Alex: more acute crisis but fewer due to students not on campus.

EX: student needing attention/care over night but hospital was less of an option during the pandemic, and arresting the student due to drug use less feasible during shelter in place.

Alex: push CAPS curriculum and stress reduction, and information via online.

Christine: WHP has been posting info on COVID-19 but was asked by PHEs and Wellness Ambassadors to post positive and uplifting posts since what they have been hearing has been "heavy." As a result, WHP, started a SMILE campaign this week- *Spreading Mindfulness, Insight, Love, and Ease of Mind*. Messages of self-care and what they can do to take care of themselves during this time, while sharing campus resources, will be posted for the remainder of the semester.

Would it be possible to share/post additional non-SJSU supportive resources for students, particularly as it relates to behavioral health?

Alex: Therapy assistance on line. TAO.

Celinda: Not 100% if TAO provides more materials than self-care and includes substance use information.

Alex: Is there info on positive coping? Alex shares her screen. An event calendar that displays events/sources.

Celinda: Will try to consolidate the CAPS resources she has. Wants to share info that would have been shared at table events.

Christine: WHP may be able to create social media posts to share such resources on their social media platforms.

Mira suggests posting on Sammy app and Wild Fire app. “Get involved” platform.

Eileen can not attend 4/6 meeting but provided the following update:
1) Our head football coach, Brent Brennan, put together a ***COVID-19 public service announcement*** via social media with other Bay Area football coaches from CAL and Stanford - https://www.instagram.com/p/B-XSXKmjZcE/
2) We have scheduled online ***Title IX Trainings*** with ALL Athletics staff (coaches, staff,

	administrators, athletic trainers, athletic performance coaches, graduate assistants, etc.) for Friday, April 10 (roughly 125 staff). Craig Alimo (Office of Diversity) is hosting our training. 3) We are also working with the ***Institute to Promote Athlete Health and Wellness (IPAHW)*** to schedule a virtual ***Title IX Training*** with our student-athletes in the next few weeks. IPAHW is partnering with the NCAA and offering a free webinar for NCAA member institutions and their student-athletes. 4) Our Women's Soccer Team is having a 30-day Yoga Challenge. They are taking the classes together via Zoom and the sessions are free via YouTube (Home - 30-day Yoga Journey with Adriene).
Update for Committee: Charge and University Policy (Clery Act) ISA (Instruction Student Affairs Policy) Nicole Morris	The President's Office has communicated with the Academic Senate that the proposed AOD policy is going to be vetoed. It will no longer be a policy that rests with Academic Senate, and will transition to the authority of a cabinet member on behalf of the President. Please see emailed document DFSCA AOD Program Inventory form for further details Need to see if we report

	back at each ADAP meeting and complete template	
A resource for all students: E-chug and E-toke, Self-assessment tool (Alex, WHP)	Emily and Masters Students-Psychology program with Train the Trainers programs-rolling out this summer (TBD), next phase Created card to distribute, three websites Open to anyone, information on WHP website Nicole contacted CANVAS we can create our own modules, we can create a clearinghouse on information; any professor can post on their site; 1) post information on site - Nicole can lead 2) need to share with faculty that resource does exist re: AOD	
National Drug and Alcohol Facts Week - (Recognized March 30- April 5th) - Our Tabling Event - March 23rd - March 26th	WHP's PHEs created slides which were shared during this week as well as the links for eCHECK UP TO GO.	
Need to identify website updating for both wellness and police websites (these websites will be the repository for events and content related to ADAP) ADAP Information for posting. Decide on overall messaging goals for each month to be posted on digital screens, Sammy App and campus ("Mindful Monday")	ADAP does not have a dedicated webpage. Still contemplating best way to report out on ADAP activities. Still considering if we need two or three people to be in charge of what our messaging will consist of? Need to identify what information is to be provided; connect to WHP but not being driven by WHP?; look at where link to ADAP Committee info should be posted?; Celinda and Nicole connect with Academic	Next Fall 2020 committee should focus on how/where to have a dedicated website.

	Senate Chairs Last month item: (WHP is not able to maintain the site on a regular basis) WHP's Health Communication Specialist can make occasional changes, but due to revisions on the WHP website, ADAP webpage soon will no longer be housed under WHP. Suggested to look into possibly ADAP having its own website like SJSU Tobacco Free or SJSU Healthy Campus Initiative UPD - has an assigned webmaster now - should direct link go to WHP website; not just Aware, Awake and Alive information http://www.sjsu.edu/police/programs/alcohol_drug_abuse/index.html http://www.sjsu.edu/wellness/alcoholandmarijuana/adapc_main/index.html In Fall we need to regroup with who can post regularly on LCD screens campus wide (su, etc). Goes back to what is on Wellness website and what is shared with others Making available resources that any instructor can use; existing modules, E-checked up to go? WHP- Alcohol.edu on website; being phased out at the end of the semester, need to verify; Nicole will check in with Alex and Christine and create
In Fall, consider adding to canvas and/or dedicated ADAP website curricula for classes//faculty.	

	common module for everyone, Celinda needs to follow up with adding to the CAPS webpage; idea on (Mira) dealing with distress leads to drug and alcohol abuse	
Check in		
Santa Clara County Collaborative Meeting - update	Christine: meetings for March and April have been cancelled due to shelter in place	

Events and Info sharing

	No on-campus events till end of semester.	

Announcements

Next meeting?	May 4th at 9 am	Nicole Dubus is inviting you to a scheduled Zoom meeting. Topic: ADAP meeting Time: May 4, 2020 09:00 AM Pacific Time (US and Canada) Join from PC, Mac, Linux, iOS or Android: https://sjsu.zoom.us/j/831171874

Or iPhone one-tap :
US: +16699006833,,831171874# or +13462487799,,831171874#
Or Telephone:
Dial(for higher quality, dial a number based on your current location) :
US: +1 669 900 6833 or +1 346 248 7799 or +1 312 626 6799 or +1 646 876 9923 or +1 253 215 8782 or +1 301 715 8592
Meeting ID: 831 171 874
International numbers available: https://sjsu.zoom.us/u/acJOASkYAr

Or an H.323/SIP room system:
H.323: 162.255.37.138
Meeting ID: 831 171 874

SIP: 831171874@vip2.zoomcrc.com

Alcohol and Drug Abuse Prevention Committee (ADAP) Meeting Minutes- Spring 2020

Zoom meeting on 05/04/2020 9am. Eighth week of shelter in place due to Covid-19 pandemic.

Participants: Kevin Kinney (Housing), Vicki Gerentes (Student Involvement), Parinaz Zartoshty (ISSS), Celinda Miranda (CAPS), Kim Tsai (CHAD), Alex Froehlich (Student Conduct), Carole Dowell (AS), Nicole Dubus (Social Work), Christine Wong Mineta (WHP), Eileen Daley (Athletics)

Visitors: Asya Zaraysky, Alejandro Villalobos, Ashley Boleware from Santa Clara County Substance Use Prevention Services, Nicole Morris (SJSU/Clery Act)

Committee Charge: Education and awareness, outreach events, review policies, use of best practices, collaboration among departments

Items for discussion	Action steps/ discussion	Who is responsible	Items for the next meeting
Welcome and Introductions: *Committee Members *Santa Clara County Substance Abuse Prevention Program Visitors *Nicole Morris, Clery Act			
Purpose for inviting Santa Clara County Prevention Program representatives?	Celinda - Would like to access their support for continued strategic planning efforts for committee members in the future		
Update for Committee: Charge and University Policy (Clery Act) ISA (Instruction Student Affairs Policy) Nicole Morris	The President's Office has communicated with the Academic Senate that the proposed AOD policy is going to be vetoed. It will no longer be a policy that rests with Academic Senate, and will transition to the authority of a cabinet member on behalf of the President.		

	Reviewed document DFSCA AOD Program Inventory form for further details; Nicole M. will be in touch with each committee member to see what each individual department has been able to provide
How does ADAP move forward with current online approach to providing university experience?	Vicki - we are missing student representation and need more student buy-in to make our efforts more effective
From last meeting: *Consequences exist for more acute crisis *Inform students of services that help with coping skills, TAO (CAPS) *WHP SMILE Campaign - Spreading Mindfulness, Insight, Love and Ease of Mind *Use Sammy App and “Wild Fire”	Carole - stated for next year student representation is part of their AS duties and will look to have a representative who will be active on this committee Eileen - already have different campus efforts occurring within the different departments but need to create a more united initiative that we can collectively do at least once a year Nicole D. - do we look to consolidate our mission with a fair that is done once or twice a year Asya - through their County efforts, they have government and community agencies they have on board that can help with information or resources in our various charge areas Alex - how are our ideas and efforts going to provide actual working groups or tasks that get implemented and how will committee members be active in this

	process Christine - Healthy Campus initiative was put on hold but may be it needs to come back and help create a more comprehensive approach to the overall wellness on campus for students; ADAP can provide the alcohol and drug abuse focus
ADAP Website location- Update: *Fall 2020 - Need to determine location of ADAP Committee website, clearhousing info sharing efforts, “Mindful Monday” info sharing(?) and other social media campaign ongoing info via digital boards, Sammy App..etc.	Vicki - Do we have an active site that can be accessed Where meeting times and dates can be noted? Celinda - An actual location is yet to be determined; can not be housed under WHP; websites are being revamped; Unsure if should continue to house with UPD; can not go under Clery Act efforts with Nicole M.; not sure if information can be housed under Academic Senate; question was posed to their President and we’ll see what that response may be
With CANVAS, Nicole reported: We can create our own modules, clearinghouse on information; any professor can post on their site; 1) post information on site - Nicole can lead 2) need to share with faculty that resource does exist re: AOD Need to determine: Can we make marketing and communications department a part of our regular committee? Jody	

Ulate or Michelle Frey?

Present sites which are being revised or deleted:

http://www.sjsu.edu/police/programs/alcohol_drug_abuse/index.html

http://www.sjsu.edu/wellness/alcoholandmarijuana/adapc_main/index.html

Continued resources available for all students: E-chug and E-toke, Self-assessment tool (Alex, WHP)

Emily-
Train the Trainers program, being rolled out this summer, in process of creating cards, three websites on WHP website

Committee Wrap Up-Chair Nominations for next year? *Results of Qualtrics

Nicole D. - Alex received votes for co-chair position

Alex - need to get supervisory approval- may be too overloaded with duties at this time

Nicole D.- will still have another year on the committee

Celinda may be moving on to Chicanx Latinx Success Center work

Events and Info sharing

Announcements

Next meeting?