In the Know: Helping You Support Students’ Wellbeing

Dr. Lea M. Jarnagin
Interim Systemwide Director,
Student Wellness & Basic Needs Initiatives

Henoc M. Preciado
Interim Project Manager, Basic Needs Initiatives

August 13, 2020
Dr. Lea M. Jarnagin
Interim Systemwide Director,
Student Wellness & Basic Needs Initiatives

562-951-4875
ljarnagin@calstate.edu
@LeaJarnagin
@LeaJarnagin
drj_csu
Henoc Preciado
Interim Project Manager,
Basic Needs Initiatives

562-951-4894
hpreciado@calstate.edu
@HenocPreciado
Agenda:

- 2020-2021 Academic Year
- Foundational Framework
- Departmental Overview
Student Wellness & Basic Needs Initiatives:

- Basic Needs Initiatives
- Counseling & Psychological Services
- Confidential Victim’s Advocacy Services (Title IX)
- Health Promotion Education
- Student Health Services
AY 2020-2021 Important Notes

Fall 2020 – Campuses are Open

• Primarily virtual and remote instruction
• Academic support programs and student support programs – hybrid
  • Important to communicate that campuses are open and services are available

2020-2021 – Enrollment & Budget
Maslow’s Hierarchy of Needs

- Self-actualization
- Esteem
- Love and belonging
- Safety needs
- Physiological needs
CSU Comprehensive Study of Student Basic Needs

Commissioned by Chancellor White

Three phases

Led by two CSU Faculty Members
Campus Support

Emergency Grants
CalFresh Application Assistance
Emergency Housing
Food Pantry or Food Distribution Program
Connections to Community Resources
Faculty & Staff Training
Systemwide Support

tinyurl.com/CalStateBN
Counseling & Psychological Services (CAPS)

Teletherapy
Psychoeducational Workshops
Support Groups
In-person or remote triage services
Check your CAPS website for referral
Student Fee-based operation
Confidential Victim’s Advocacy Services

Typically located within CAPS

Close collaboration with Title IX Office

Academic support

Personal support and referral

Court accompaniment

Hybrid delivery model

Check your campus website for referral
Health Promotion Education

Holistic health education
College students a high-risk population
Access to services
Helps with retention
Supports academic success
On-campus advocates help with academic accommodations
Campus Safety
Increased reporting (Title IX and LE)
Health clinic providing basic health care
• Includes lab
Some specialty: Pharmacy, Psychiatry, Dental, Chiropractic
Student Fee-based operation
Centers open this summer (limited staffing); will be open in the fall
Check your campus website