Politicians break down cannabis laws

By Melody Del Rio

Students Against Mass Incarceration, a San Jose State University social justice group, organized an event on Wednesday night called “Understanding the Politics of Cannabis” at the Student Union Theater. Students and local politicians engaged in the open forum to discuss how the justice system treats cannabis-related crimes in California.

One of the bills discussed was AB 1793, also known as Cannabis Convictions Resentencing Law, which was passed by Gov. Jerry Brown on Sept. 30. The bill aimed to break down some of the units across campus.

“One of our goals is to create an entrepreneur mindset among our students,” said the non-profit Lucas College and Graduate School of Business. Dan Mishvan said, “These are highly transferable skills that we believe are developed through a process like this.”

Entrepreneurs—venture capitalists and industry professionals from different fields judged the competition. They listened to students’ presentations which included campus solutions, services for health and medicine, social services and more.

Out of 43 finalists, Paragit Solutions won first prize for the best overall innovation.

By Huan Xun Chan

On Wednesday, creative and innovative ideas from top finalists of the 15th annual Silicon Valley Innovation Challenge filled San Jose State University’s Student Union Ballroom.

The competition was organized by the SJSU Lucas College and Graduate School of Business to provide students a platform to bring their ideas to the stage. It was multidisciplinary and designed for all academic units across campus.

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Out of 43 finalists, Parigit Solutions won first prize for the best overall innovation.
Veggielution holds a community-led cooking calls, Veggielution Cocina, on the first Saturday of each month for residents to cook culturally relevant recipes with seasonal ingredients.

The program works with the Silicon Valley Small Business Development Center, which is funded by the Hispanic Chamber of Commerce, to provide professional business development for vendors while allowing them to build connections with various organizations within the community.

The city of San Jose recently passed an ordinance that will allow farmers to do their jobs on the streets as part of the program. Hernandez said many vendors were skeptical about opportunities like these because of reasons such as licensing processes and past relationships with city officials when on the job.

"That was one of the requirements, that we would get vendors that have no form of licensing or permitting, we facilitate all of those permits," Hernandez said.

I don't know whether it's all the technology here or people have been removed from their food. - Emily Schwing

The discussion shifted gears and led to the impact an individual can face when convicted of cannabis possession. Justice professor Edith Kinney mentioned cannabis convictions have caused barriers to the simple ways of life, such as employment, housing, education, financial aid and social services.

"There is a fiscal benefit of not having a conviction on one's record, more employment opportunities, a net benefit of $6,190 a year," she said. "People can earn more, which means our taxes get paid, and our salaries getting paid leads to better services."

Larry Crawford, a member of Students Against Mass Incarceration, suggested solutions for Santa Clara County to take into consideration. One suggested solution was to publicly announce a detailed plan regarding how all demands of AB 1793 would be met by the 2020 deadline.

The student group additionally suggested the county aim to work toward becoming a model for cannabis clearance in the state by reducing the 95 percent of charges and have a greater clearance rate in the Santa Clara County.

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POLITICS

CONTINUED FROM PAGE 1

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Sequel captures spirit of the internet

Disney has managed to avoid the dreaded sequel curse with its latest animated film by producing a far superior and more entertaining film than the first. The film picks up six years after "Wreck-It Ralph," with the two characters masih playing in their individual games. "Ralph Breaks the Internet" brings back John C. Reilly and Sarah Silverman as the voices of Ralph and Vanellope respectively.

When Vanellope expresses her boredom with the monotony of her racing game, "Sugar Rush," Ralph tries to help by creating a new track. However, he ends up com- plicating matters when a child playing on the game causes the real world to break its steaming window out of frustration.

With "Sugar Rush" in dan- ger of being shut off, Ralph and Vanellope venture into the internet in order to find a new racing world they can play in. "The portrayal of the inter- net as a film is the best and most unique aspect of the film, with everyday activities done on our computers and laptops depicted as characters traveling to various parts of the internet world.

For example, Ralph and Vanellope enter eBay, which is a large space with hundreds of auctions going on simultaneously. Other popular websites such as Yelp and四处 spread throughout the area. Some of the online sites are skyscrapers and buildings on simultaneously.

"The portrayal of the internet world breaks its steering wheel out of the internet as a metropolis is depicted as characters continuing to play in their own dreams and wanting to make Ralph and Vanellope happy in "Sugar Rush." The film does a great job of showing her character development, as she struggles with her own desires and wanting to help Ralph and Vanellope, who are not the same character shown in the first film. This is what makes the film work so well, it gives a valid reason for making the sequel because it's not the same story being told.

The bond between Ralph and Vanellope is similar to the relationship between a father and daughter, which is what makes the storyline so strong. It incredibly works for humor, but instead of sacrifice real-life consequenc- es for humor, but instead it serves a purpose to the plot. Love that the film does not sacrifice real-life consequences for humor, but instead combines both.

Vanellope has a moment of self-realization after her boredom with the internet world is brought back, and questions whether she genuinely enjoys being an animated film. It's incredibly relatable.

It's arguably harder to get emotions across through voice acting because the audience cannot see the ac- tors, but both of them do an extraordinary job. Sequels in general have a difficult time standing alone from their prede- cessors, but I'm happy to say that "Ralph Breaks the Internet" is an exception. The film is remarkable, but still manages to capture the emotion and heart of the first.

A word of advice, stay through the credits, especially if you've seen the film's trailers. There's a special treat included at the end that is a huge surprise.

*Follow Myla on Twitter @mylalabine*

**movie review**

"Ralph Breaks the Internet"

**Rating:**

**Directed by:** Rich Moore, Phil Johnston

**Starring:** John C. Reilly

**Genre:** Animated comedy

**Solutions**

**Sudoko puzzle**

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

**Classifieds**

**Crossword puzzle**

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Let’s Talk About Sex

LET’S TALK ABOUT...

EDITOR’S NOTE

The content of the following pages explores the variety of topics, issues and general information revolving around sex. Many of us college students use these years to explore our sexuality. The information gathered by the Spartan Daily provides readers – both students and non-students – with available birth control options. The articles written by the staff reflect the issues and misconceptions often linked to sex.

– Jackie Contreras, Executive Editor

The Pill
Prescription medication taken every day. Hormones in the pill stop ovulation and thicken mucus on the cervix. Cost: $0 to $50
Effectiveness: 91%

Condom
Thin, stretchy pouches of latex, plastic or lambskin worn on the penis during sex to collect semen. Cost: $0 to $2
Effectiveness: 93%

Diaphragm
Shallow silicon cup that is folded in half then inserted in the vagina to cover the cervix. Adding spermicide to a diaphragm works more effectively. Cost: $0 to $75
Effectiveness: 88%

Spermicide
A chemical that is put deep into the vagina before sex that blocks the entrance to the cervix. Cost: $0 to $8
Effectiveness: 71%

The Shot
Injection of progestin given once every three months to prevent ovulation. Cost: $0 to $100
Effectiveness: 94%

The Patch
Patch placed on the skin. Releases hormones to prevent ovulation and thicken cervical mucus. Cost: $0 to $150
Effectiveness: 91%

Implant
Tiny rod implanted in the arm. It releases the hormone progestin that prevents pregnancy. Cost: $0 to $1,300
Effectiveness: 99%

Birth Control Sponge
A small sponge that’s made of squishy elastic containing spermicide that’s inserted into the vagina before sex. Cost: $0 to $15
Effectiveness: 76-89%

Effectiveness: 91%
Effectiveness: 99%
Effectiveness: 99%
Effectiveness: 71%
Effectiveness: 88%
Effectiveness: 94%
Effectiveness: 91%
Effectiveness: 85%

SEX

LET’S TALK ABOUT

Women are not lollipops or soda cans. Their value is not diminished after “use.”

In 1906, Norwegian doctor Marie Jonsset examined a middle-aged sex worker and determined that her hymen was similar to that of a teenage virgin. In a recent study done by the Royal College of Obstetricians and Gynaecologists, 52 percent of women tested, who were between the ages of 15 to 19 and admitted to having intercourse, still intact hymens with no evidence of penetration.

For centuries, people have believed that a woman’s hymen is proof of virginity. According to a TEDx Talk given by sexual health workers, Nina Brochmann and Ellen Støkken Dahl. If a woman broke her seal and bled on the sheets, she was a virgin. If she didn’t bleed, then the seal was already broken by another man.

A woman is like a lollipop, soda can or piece of tape. If you open it, or “break the seal” then it is dirty and unwanted. Similarly, if a woman breaks her seal, then she too is impure and therefore unwanted.

As a child, these metaphors made sense to me. I was taught by my teachers, religious leaders and some women I admire, that my virginity was something to protect. If I lost it then not only did I lose a part of myself, but also my shot to protect. If I lost it then not only did it revert back to its original state.

In a lecture at the University of Maryland – Baltimore County, Blank spoke about her research on the history of virginity in her book, “Virgin Territory: On Writing a History of Virginity.”

“If virginity exists objectively as a state or a thing, then it should have certain properties like observability or materiality. These should phenomena in other words, that we can measure by some reasonably objective external standard that will tell us whether someone is a virgin or non-virgin,” she said.

Yet there is no biological or psycho-social change that consistently occurs in a woman after she has intercourse. According to Blank, all but one study regarding virginity was inconclusive or not published.

Myth #1: Virginity does not determine a woman’s purity.

If we cannot accurately define what a virgin is, then it boils many questions, among them, where does the concept come from? Blank, Brochmann and Dahl argue virginity is a social construct used to subordinate and control women’s sexuality.

The truth is, you cannot look between a woman’s legs and see her sexual history. And more importantly, even if you could, it wouldn’t tell you anything else about her.

Women are not lollipops or soda cans. Their value is not diminished after one “use.”

In a recent study done by the Royal College of Obstetricians and Gynaecologists, 52 percent of women tested, who were between the ages of 15 to 19 and admitted to having intercourse, still intact hymens with no evidence of penetration.

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Faking orgasms doesn’t do any good

Other Birth Control Methods

Withdrawal (pull out)
Pulling the penis out of the vagina before ejaculation.
Cost: $0 to $15
Effectiveness: 76-68%

Sterilization
A surgical procedure that permanently closes the fallopian tubes.
Cost: $0 to $1,000
Effectiveness: 99%

Vasectomy
Surgery to tie the vas deferens, the small tube in the scrotum that carries sperm.
Cost: $0 to $1,000
Effectiveness: 99%

Cervical Cap
A soft silicone cap that’s inserted deep into the vagina that covers the cervix.
Cost: $0 to $50
Effectiveness: 71-86%

IUD (intrauterine device)
A T-shaped plastic or copper piece that’s inserted into the uterus. Changes the way sperm cells move so they can’t get to an egg.
Cost: $0 to $1,100
Effectiveness: 99%

Female condom
A soft, flexible ring worn inside the vagina that releases estrogen and progesterone to prevent sperm from entering an egg.
Cost: $0 to $200
Effectiveness: 91%

Vaginal Ring
Flexible ring worn inside the vagina that releases estrogen and progesterone to prevent sperm from entering an egg.
Cost: $0 to $200
Effectiveness: 91%

Cervical Cap
A soft silicone cap that’s inserted deep into the vagina that covers the cervix.
Cost: $0 to $75
Effectiveness: 79%

STI Screenings

What is an STI screening?
A blood or urine test, cheek swab or physical exam to test for STIs. Common STIs include chlamydia, genital warts, (caused by human papillomavirus or HPV), gonorrhea, genital herpes, HIV/AIDS, syphilis and pelvic inflammatory disease.

What should I get an STI screening if?
If you've had vaginal, anal or oral sex or if you notice symptoms including sores or bumps on and around your genitals, weird discharge from your vagina or penis, burning while urinating, having to urinate a lot, or itching, pain, irritation and/or swelling in your genitals. Though it's important to remember not all STIs have symptoms.


Melody Del Rio
STAFF WRITER

Clothes are off, knees are shaking, everything feels good but you're wondering why it's taking you so long to orgasm. Being a woman, any topic revolving around sex is obscured. However these are the topics we should be talking about because it's absurd that women have to fake orgasms.
The topic of faking orgasms came up in conversation the other day with my group of friends. During our conversation, we asked the question, "Why do women fake orgasms?" and wondered why would any woman want to fake it rather than communicate to their partner that they are not being satisfied.
I wasn't alone in faking an orgasm or at least once. It's wrong and it shouldn't be encouraged because it doesn't help either party involved.
Sex is something that you're going to have to learn as you go. Figure out what feels good. Learn the do's and don'ts of what your comfortable with and learn how to communicate with your partner. You shouldn't give your partner the false idea that you're into it when in reality you're not.

Though faking an orgasm is convenient, it's not necessary. A sex therapist who worked with University named Vanessa Martin told Bustle, "You end up spending so much attention trying to convincingly fake an orgasm that you usually don't end up enjoying yourself very much. Your partner doesn't get to learn how to actually bring you pleasure."
Martin's statement makes sense. If you're busy faking it, you're most likely not able to be orgasm at all. So why waste time faking an orgasm and miss out on the opportunity to have one?
Women aren't the only ones who fake an orgasm. GQ writer Jon Bohler has admitted so he has pulled the O-face accompanied with grins. Bohler did so by using a condom and then quickly throwing out the semen-less condom.
In a study called "Sexual and Relationship Therapy," researchers surveyed 294 American and Canadian men ages 18 to 29 and a full 30 percent of the men admitted to faking orgasms.
The reason stated that the reason some men decide to fake their orgasm was to boost their partner's ego and the other reason was that they were drunk.
According to Huffington Post's website, sex therapist Kimberly Resnick said that orgasms activates beneficial neurochemicals that provide emotional and physical benefits, such as improved sleep, decreased anxiety and improved immune response. Faking an orgasm forfeits your opportunity for these benefits.
The first partner I had I didn't know what was going on. I didn't understand why he finished so easily and it took me a while to figure out what worked.

Being a woman, any topic revolving around sex is obscured. However, it's absurd that women should fake orgasms.

Sometimes it wasn’t going to happen for me and because it wasn’t getting anywhere fast, I faked it. I wanted to spare my partner's feelings because he couldn’t help me reach my finish and I didn’t want him to think it was lack of effort on his part.
After talking to my close friends about my dilemma, I found out that I wasn’t alone in faking an orgasm or two. It’s no secret that women have a harder time reaching their climax than men.

University of Massachusetts professor of psychology and brain sciences Susan Krauss Whitley states that 70 percent of women do not experience orgasm whereas 95 percent of men do.
In another study, university.com found that 20 percent of women have faked an orgasm during a one-night stand versus the 28 percent who’ve faked during a new relationship, and the 31 percent who’ve faked in a long-term relationship.
One should avoid giving false information about climaxing because better sex starts with open communication which can improve the experience.
We should talk to our partner what worked for me, I no longer had to fake nor did I have to pretend. If it doesn't orgasm, I let him know it's not going to happen and vice versa.

Whether it's trial and error or if you're not going to reach your climax, make sure you don't mislead your partner. Sex should be fun for both parties in the room and though an orgasm is the best way to conclude an encounter, sometimes getting to the climax fills a little short.
This is OK but do yourself and your partner a favor and don’t fake it.
Spartans sputter to sixth straight loss

By Paul Hang

San Jose State University men’s basketball team fell to Indiana State University 86-57. This marks the sixth consecutive loss for the Spartans.

Sycamores’ head guard Clayton Hughes opened the night with a 3-pointer for Indiana State. 26 seconds into the game SJSU answered back with a 3-pointer of its own. Both teams continued to struggle out of the gate.

The Sycamores led by as many as 24 points in the first half. However, the Spartans carried their momentum into halftime.

In the second half, the Spartans scored first after a made field goal, looking as if they may come out of their shooting slump from the first half. However, the Sycamores battled their momentum and out-scored 3-point into the second half. At the 17:27 mark, Indiana State built their lead up to 50-26. The Spartans failed to keep up with the Sycamores. With 15 minutes left, the Sycamores racked up their biggest lead of the night, 30 points, leading the Spartans 62-26. Failure to grab rebounds and protect the paint doomed the Spartans for much of the second half. The team was out-rebounded 39.25 and out-scored in the paint 50-20 by the end of the game.

The Spartans exploit every weakness in the Spartans’ defense and hold on for the wire-to-wire 86-57 victory.

By the 8:20 mark in the second half, the Sycamores led 23-14. The Sycamores continued uncontrollably out on the break, constantly knocking down 3-point shots in the first half. For the next six minutes, the Sycamores went on a 15-0 run to extend their lead to 34-14. The Spartans’ defense had no answer for Indiana State’s two starting guards, Tyreek Key and Hughes as the two combined for 23 total points in the first half.

The Sycamores led by as many as 24 points in the first half as they held 44-20 over the Spartans heading into halftime.

For the next six minutes, Indiana State built their lead to 24 points in the first half. The Sycamores constantly got out on the break, constantly knocking down 3-point field goal of its own.

Junior guard Brae Ivey. He felt their shooting woes and slow start did the team was intimidated by the Sycamores’ performance and thought they didn’t play as well as they should.

“It was more we got of it than that. ‘We did not come to play tonight. We’re better than that,’ Prioleau said. ‘I don’t want just to say I’ll just chalk it up a bad night. We should be able to play better than that.’”

Follow Paul on Twitter @paulhang

UPCOMING GAME

ECU vs. SJSU
Dec. 6 8:07 p.m.
Watch at themw.com