
BAABSW

Bay Area Association of Black Social Workers is a professional organization of social service workers of African descent in the Greater Bay Area. A chapter of the National Association of Black Social Workers, BAABSW advocates for and is committed to family preservation.

The Symposium is OPEN TO ALL who work with or on behalf of Black children and their families, including, but not limited to:

ATTORNEYS
CASE MANAGERS
CLINICIANS
JUDGES
KINSHIP CAREGIVERS
LEGISLATORS
MINISTERS
NURSES
PHYSICIANS
PROBATION & COURT OFFICERS
PSYCHOLOGISTS
PSYCHOTHERAPISTS
RESEARCHERS
SOCIAL SERVICE ADMINISTRATORS
SOCIAL WORKERS
STUDENTS
SUBSTANCE ABUSE WORKERS
TEACHERS
VOLUNTEERS

BAABSW
P. O. Box 23091
Oakland, CA 94623



“Healing Rage: Making Inner Peace Possible For African-American Families”



Bay Area Association
of Black Social Workers
(BAABSW)

15th Annual Black Family
Preservation Symposium

PRESENTER:
Ruth King, M.A.

October 28, 2005
8:30 AM - 4:30 PM

YWCA
1515 Webster Street
Oakland, CA 94612

Tel: 415-982-2716
baabsw1@yahoo.com



Ruth King, M.A.

Ruth King, M.A. is president of Bridges, Branches & Braids and author of *Healing Rage-Women Making Inner Peace Possible*. King weaves body/mind disciplines including psychology, dance, leadership development, somatic development, meditation and teachings from wisdom traditions to facilitate retreats that cultivate emotional integrity, notably, *Celebration of Rage*.

Bridges, Branches & Braids, an organization working with negative energies in positive ways, offers women and men an opportunity to experience the power and wisdom of rage. The programs are inner-directed and support the discharge of traumas that give birth to rage. Through somatic truth telling, contemplation, artistic expression, self-awareness and self-compassion, the programs reunites body and mind and breaks patterns of generational suffering.

Bridges, Branches & Braids offer a BBS CEU-approved practitioner training program and through referrals, augment therapeutic practices.

The website - www.HealingRage.com - provides programs and newsworthy articles of interest to women and men of all cultures, races, classes and sexual orientations, especially those in humanistic and healing professions

“Healing Rage: Social Workers Making Inner Peace Possible For African-American Families”

What happens to you when a client becomes enraged? How aware are you of your internalized rage and its role in your therapeutic process? In what ways do you as a therapist or service provider perpetuate the oppression of rage? What is required to transform rage within yourself and your clients?

Rage sits at the threshold of personal transformation, yet as humanistic providers, when we lack awareness or become afraid of rage- our own or our clients, we are less able to intervene skillfully. This often leads to frustration, stagnation, separation and premature termination of needed services.

This is particularly problematic when there are cultural differences in the clinician/client relationship. Black families and children are often mistakenly categorized as angry, hostile and non-compliant by providers. Placing this behavior in its cultural context provides a different perspective-namely the understanding that what is viewed as negative behavior on the client's part, may, in fact, be a response to the service we provide.

In this interactive, one-day workshop, we raise awareness, comfort and skill while having fun; we discover the disguises of rage. This workshop aims to help us:

- Recognize the kinship of rage and shame and its roots in childhood trauma;
- Learn a process for uprooting our rage inheritance;
- Learn a technique to solve rage riddles in relationships and dreams learn how unresolved rage affects our practice;
- Learn a stillness practice that interrupts habitual suffering; practice two gentling meditations
- Build community among diverse social service sectors.
- The ultimate goal is to help practitioners become more self-aware of personal rage, and in doing so, become more skillful in transforming rage from a negative force to a positive fuel in the families and communities served.

This is an interactive workshop. Please dress casually, wear comfortable shoes and be prepared for movement.

Mail this portion with your payment
BBSE Provider # PCE 2937
BRN Provider # 00598

<i>Sign up for:</i>	<i>Price</i>
<input type="checkbox"/> General Fee	\$75.00
<input type="checkbox"/> Students	\$35.00

(Enclose proof of full-time academic enrollment)

Name _____

Address _____

Phone _____

E-mail address _____

Affiliation _____

CEU Request* (please circle one)

LCSW	MFT	RN
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* 6 CEU's available for LCSWs, RNs & MFT's for \$30.00.

Lunch preference (please check one):

- Roast Beef
- Vegetarian
- Ham
- Turkey

*** REGISTRATION DEADLINE ***

October 14th, 2005

MAIL TO:

BAABSW c/o Janette Holman
1930 Oak Crest Drive
Oakland, CA 94602

MAKE CHECK PAYABLE TO: **BAABSW**

Parking garages located at 14th Street & Franklin
\$10.50 daily parking rate
Bart: Exit the 14th street exit, go 2 blocks to Webster Street & turn left.

For more information, call (415) 982-2716
Or email baabs1@yahoo.com