

CSU'S GOT TALENT



LEARNING & DEVELOPMENT

presents a series of LIVE online webcasts featuring innovative & essential training for your professional and personal success!

July 30, 2020

10:00am - 11:00am PT

All CSU Staff & Faculty are invited to attend this **free** webcast via this link:

<https://calstate.adobeconnect.com/CGT>



A recent estimate suggests that employees endure a staggering 55 million meetings a day in the United States. Most companies and leaders view poor meetings as an inevitable cost of doing business. But managers can take heart: researchers now have a clear understanding of the key drivers that make meetings successful. In *The Surprising Science of Meetings*, Dr. Steven Rogelberg, draws from extensive research and survey interviews with over 5,000 employees across a range of industries to share the **proven practices and techniques that help managers and employees enhance the quality of their meetings**. For those who lead and participate in meetings, **he provides immediate direction, guidance, and relief, offering a how-to guide to change your working life starting today.**

About Steven Rogelberg, Ph.D.

Dr. Steven Rogelberg is an organizational psychologist and holds the title of Chancellor's Professor at UNC Charlotte for distinguished national, international and interdisciplinary contributions. He is an award-winning teacher and recipient of the very prestigious Humboldt Award for his research. He has over 100 publications addressing issues such as team effectiveness, leadership, engagement, health and employee well-being, meetings at work, and organizational research methods. His latest book, ***The Surprising Science of Meetings: How You Can Lead Your Team to Peak Performance*** was recognized by the Washington Post as the #1 Leadership Book to Watch for in 2019," by the Business Insider as "The Top 14 Books everyone will be reading in 2019" and by SHRM as "Top 10 favorite new books". He and his book were also featured on CBS This Morning Freakonomics, HBR, WSJ, BBC World.

This webcast will be recorded and available on CSU Learn

