



Note: This list is intended to assist in selecting preferred ergonomic items from the **OfficeMax**. Use this list as a guide when selecting ergonomic accessory items. For questions about any of these items, contact Human Resources Safety Specialist at (408) 924-2155.

Item #	Office Misc.	Price	Manufacturer	Product Description	Picture
Item # 20826698 , Style # S7037143	Staple Remover	\$3.99	Swingline®	<i>The magnetic handle makes stapler clean-up quick and easy. Remover has a curved blade tip that slides staples out with a simple push, without tearing the paper. Assorted colors in black, burgundy or white (no color choice).</i>	
Item # 20826732 , Style # S7087810	<i>Black Swingline Optima Grip Stapler.</i>	\$17.99	Swingline®	<i>Ergonomically designed to maximize handheld performance. Jam free guarantee for every staple. 25% more capacity than standard staplers. Staples 2-25 sheets when used with Swingline SF4 premium staples.</i>	
Item # 09110320 , Style # S7077701A	<i>Swingline Black 2-to-60 Page Stapler.</i>	21.99	Swingline®	Swingline 2 - 60 Sheet High Capacity Desk Stapler	
548-057	Rotary Desk Organizer	\$16.99	Eldon®	<i>Keep all your tools of the trade within reach using this handy desktop organizer. Ten separate compartments spin at your fingertips atop a sturdy rotating base equipped with a built-in tape dispenser. The set includes a staple remover, pens, paper clips, push pins, scissors, a ruler, letter opener and tape.</i>	
Order No. L8100	Universal shoulder rest	10.93	Softtalk	<i>Take some of the stress away from long hours on the phone. The padded shoulder rest attaches to your telephone handset, enabling you to converse in "hands-free" comfort. Perfect for use with virtually any style handset.</i>	

Item # 20743466 , Style # S12	Telephone headset system	\$89.99	Plantronics® “Light phone use”	<i>This full-featured amplifier is easy to install and works with virtually any single or multiline corded telephone. Headset is adjustable for over-the-head stability or over-the-ear convenience, and provides improved sound quality. There is also an adjustable volume control on incoming and outgoing calls.</i>	
Item # 20703106 , Style # H171	H171 DuoPro Convertible Headset.	\$114.99	Plantronics® “More demanding phone use” i.e. reception	<i>Unique design allows for use over the head or over the ear. Noise-canceling model features unidirectional microphone. Quick Disconnect lets you keeps your headset on, but unplug it from your phone. Requires amplifier (not included). See the vista M12 universal amplifier</i>	
Item # 20146717 , Style # PLNM12	Vista M12 Universal Amplifier	\$129.99	Plantronics® “More demanding phone use”	<i>Universal amplifiers connect Plantronics headsets to just about any other modular single or multi-line phone and offer ergonomically designed volume, headset/handset, and mute controls. With its easy-to-use, one-button selection of headset or handset, Vista amplifiers deliver precise talking comfort, superior protection and excellent audio performance to your office telephone.</i>	
Item # 20620473 , Style # K80- 00038	Wireless Optical Mouse	\$34.99	Microsoft®	<i>Microsoft Wireless Optical Mouse</i> ▪ <i>Ergonomic design for comfort</i> ▪ <i>Tilt wheel technology lets you scroll left/right as well as up/down</i> ▪ <i>Battery last up to 3x longer</i>	
Order No. S9B75- 00092	Intellimouse Explorer Optical Mouse	\$44.99	Microsoft®	<i>Revolutionary optical sensor makes for superior and precise control. Works on virtually any surface, no mouse pad needed and no mouseball to clean. Ergonomic shape with rubberized sides makes this mouse easy to hold. Windows® 98 and 95 compatible</i>	
Item # 21017258 Style # 967553- 0403 SET	Logitech Cordless Desktop MX 3000 Laser Keyboard & Mouse	99.99	Logitech	 Keyboard / Mouse Combo	Wireless Straight key shape

Item # 20845052 Style # BX2-00004 EA \$79.99	Wireless Optical Desktop 3.0 Ergonomic Curve shape	79.99	Microsoft	 Keyboard / Mouse Combo	Wireless Curved key shape
Order NO. S9F8E887-BLK	Natural Keyboard.... USB - Black	\$39.99	Microsoft®	<i>This keyboard is split and gently sloped to encourage a natural hand position, so you can type more comfortably and has an integrated palm rest. The improved space-saving design takes up less room on your desktop and fits easily into keyboard trays. USB and PS/2 connection.</i>	
Order No. S65933901	Mouse Pad	\$5.99	Kensington®	<i>Smooth, cloth surface helps improve mouse tracking and keeps your mouse mechanism clean. Features a nonskid base to keep the pad in place.</i>	
Gel Mouse Wrist Pillow. Item # 20140438, Style # 62084	Pillow Gel Palm Rest	\$14.99	Kensington®	<i>This unique cradle is designed to increase your comfort and productivity levels while using a mouse. The integrated design of the mouse cradle allows the user to position the mouse for proper wrist alignment. It easily attaches to a standard mouse, creating a single unit with the mouse. Great for use with optical mice.</i>	
3M Gel-Filled Wrist Rest (Black) Order No. E6WR310M B	Gel Keyboard Wristrest in Blue Color. Item # 02223356 , Style # 98737	\$15.99	3M	<i>Cushioning gel supports and conforms to the natural contours of your wrists and palms, distributing pressure evenly. Silky-smooth fabric is non-irritating, non-chafing and stain resistant. Leak-free, oil-free construction protects skin, clothes and desk surfaces. Nonskid base prevents the wrist rest from shifting while you work.</i>	
Order NO. E6WR314MB	Natural wrist rest	28.13	3M	<i>Ergonomic keyboard wrist rest has soothing gel comfort for hard plastic keyboard surfaces. Thin curved design fits perfectly on ergonomic keyboards.</i>	
Order No. E662086A Item # 20147404 , Style # KMW34702	Keyboard / mouse contour gel-wrist rest platform	\$49.99	Kensington®	<i>Working long hours at your keyboard can result in painful wrists if you don't arm yourself with the proper support. Wrist rests give you soft, balanced comfort and support by keeping your wrists in a relaxed and natural position while typing at the keyboard. Wrist rests with integrated keyboard platforms are great for typing on your lap or for keyboard placement on slightly uneven surfaces or in corner workstations and have an Easy Flip Feature. Available in gels and foam for all comfort needs.</i>	

OfficeMax order# S6DH640	3M adjustable in-line document holder	\$74.99	3M "Frequent use and heavy data entry"	<i>Designed to fit directly in front of your monitor, the 3M In-Line Document Holder reduces head, neck, and eye movements, increasing your comfort throughout the day. Offers a broad range of angle and height adjustments. Clear backplate is large enough to hold books, catalogs, and landscape documents. Elastic band adjusts and removes easily. Nonskid, grooved ledge holds a variety of document sizes. Easy to set up and moves out of the way when not in use. 18" x 11" x 11".</i>	
Order No. S621128	Premier Flex Arm Copyholder	\$29.99	Fellowes "Frequent use and heavy data entry"	<i>Position documents at eye level for optimum ergonomic comfort. Flexible arm adjusts to a customized viewing height and angle. Space Saver model features a metal weighted base that slides between desk and computer to free up work space.</i>	
Dark Gray Adjustable Foot Rest Order NO. E604653	Adjustable Footrest	\$69.99	Rubbermaid	<i>Safety-Walk™ surface has an extra wide 22-inch metal platform that adds stability and slip resistance. Angle adjusts up to 30°. Height adjustments ranges from four inches to 4 3/4 inches.</i>	
E682025	Back Rest	\$49.95	Kensington	<i>High-density memory cells in visco-elastic foam help relieve back discomfort. Temperature- and pressure-sensitive foam molds to your body's contours and provides maximum support. Originally developed by NASA to relieve astronauts of G-forces experienced during lift-off. Choose from either the seat rest or the back rest. (Items sold separately.)</i>	
E682024	Seat Rest	\$49.95	Each sold separately		
	Mouse Bridge:	34.95		Mouse Bridge: http://www.ergostar.com/mb_rear.shtml <i>The rear adjustable Mouse Bridge straddles the keyboard like the standard mouse bridge and has a rear height adjustment feature, which allows a 2" range of adjustment. Mousing surface area approximately 7 3/4 inches by 8 3/4 inches.</i>	
	Goldtouch GTU-0033 Adjustable Ergonomic Keyboard USB GTU0033 129.99			<i>The ability to adjust the Goldtouch USB Keyboard to reduce tension by adjusting the keyboard halves and to reduce excessive pressure on wrists by tenting the keyboard halves is functional regardless of the type of computer the keyboard is used with</i> http://www.ergodirect.com/	

Tek Depot #S1387625	y-splitter cable	\$3.99	StarTek	ALLOWS EXTERNAL KEYBOARD AND MOUSE TO BE ON A NOTEBOOK COMPUTER - WITH THE STARTECH.COM 6-IN. IBM PS/2 KEYBOARD/MOUSE Y-SPLITTER CABLE YOU CAN ENJOY THE SENSE OF FREEDOM THAT COMES WITH HAVING A LAPTOP WHILE WORKING ON A FULL-SIZED KEYBOARD AND MOUSE.	
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