

# Bay Area Assessment Services

(Updated August 2023)

## **Circle Medical, a UCSF affiliate**

Accepts insured and uninsured patients. Does not accept Medi-Cal or Medicare covered patients. Online appointments available.

<https://www.circlemedical.com/>

## **Talkiatry, virtual mental health care**

Completely online appointments. Does not consider pricing on a sliding scale.

Does accept multiple insurances and some Medicare covered patients.

<https://www.talkiatry.com>

## **Menlo Park Psychiatry & Sleep Medicine**

Does not accept insurance. Does not accept Medicare. Does not consider pricing on a sliding scale. Does provide a super bill for services which will allow some patients to obtain out-of-network reimbursement.

<https://siliconpsych.com/psychiatry>

## **Wright Institute**

Fees for service at the Wright Institute Clinical Services are considered on a sliding scale based on financial need. See specific clinic web page for more information. Payment is expected at the time of service and may be made with either cash or a check, and in some limited cases, you may be eligible to use your Medi-Cal insurance.

<https://www.wi.edu/wi-clinical-services>

## **Momentum for Health**

Accepts active Medi-Cal that is in county. Accepts Medicare. Accepts a variety of insurances and self-pay.

<https://momentumforhealth.org/>

## **Santa Clara County Behavioral Health Services**

Accepts Medi-Cal in Santa Clara County. Call 1-800-704-0900, 24 hours/day 7 days/week. The Behavioral Health Call Center will determine the behavioral health services you are eligible for. Eligibility for services is based on your behavioral health needs. If you are a Medi-Cal beneficiary, you are eligible for behavioral health services based on the amount of your coverage.

<https://bhsd.sccgov.org/>

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## Bay Area Center for ADD/ADHD

\*Out-of-network provider. Requires payment at time of service. If you have a PPO plan, you can pay for your sessions, they will provide an invoice, which can be submitted to your insurance company for reimbursement.

<https://www.bayareaadhd.com/>

## Mindpath Health

Works with most commercial insurances to make mental health care accessible and affordable for patients. Has services specifically geared for college students. Serves multiple states. To see if your insurance is accepted, call 855-501-1004.

<https://college.mindpath.com/>

## LGTC Group

Accepts most insurances. Specialized psychiatry services including neuropsychological testing, TMS (transcranial stimulation), ketamine, and eating disorder treatment, as well as individual and group therapies.

<https://lgtcgroup.com/>

## BACA Bay Area Clinical Associates

Accepts most insurances. Specialized psychiatry services include psychotherapy and intensive outpatient (IOP). Accepts patients up to 26 years of age.

<https://www.baca.org/overview>

## Lifestance Health

Accepts many insurances. Some providers limit age to under 40.

<https://lifestance.com/>

## SavantCare

Accepts most insurances including Medicare.

<https://www.savantcare.com/>

## Kaiser

Kaiser members can self-refer to psychiatry in San Jose by calling Adult Psychiatry during business hours (8:30a-4:30p M-F), at 408-972-3095.

<https://thrive.kaiserpermanente.org/care-near-you/northern-california/sanjose/departments/psychiatry-adult-division/>

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## Medi-Cal Resources for Mental Health Care

### Santa Clara County:

#### Santa Clara County Behavioral Health Services

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<https://bhsc.sccgov.org/>

### Alameda County:

**Call: 800-491-9099**

<https://www.acbhcs.org/providers/Access/access.htm#:~:text=1%2D800%2D491%2D9099,treatment%20for%20Alameda%20County%20residents>

### Los Angeles County

**Call: 800-854-7771**

<https://dhs.lacounty.gov/our-services/mental-health-2/>