Complete checklist to identify your top 3 majors and bring this worksheet to your appointment. Use the live links to direct you to the appropriate resource.

**ACADEMIC**

1. Have you checked your MySJSU often for messages from AARS?
2. Have you used info.sjsu.edu to see what majors/minors are offered at SJSU? Look at coursework. Do these interest you?
3. Are you considering Changing Your Major?
4. Do you meet the GPA requirements for the major you want to declare? Visit the major department advisors for major/GPA requirements.
5. Are you considering an impacted major? See a major advisor.

**CAREER**

1. Have you watched the Spartan’s Guide to Picking a Major?
2. Have you explored What Can I Do With This Major?
3. Have you checked out additional resources? Exploring Majors Self-Assessments
4. Have you used the SJSU Major Finder Exercise to explore more occupations using O*Net?
5. Have you researched jobs/internships that interest you on SpartaJobs?
6. Have you met with a Career Center Consultant if you need more help?

Identify top 3 majors:
1. 
2. 
3. 

Career Center programs are provided without regard to race, color, religion, origin, sex, sexual orientation, marital status, age and/or disability. Reasonable accommodations for persons with disabilities available with prior notice. Call for assistance: 408.924.6031