GERO/HS 118 - LONG TERM CARE SERVICES  
Spring, 2006 – Wednesdays, 3-5:45 pm, DMH 357

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Office hours:  
Mondays, 3:00-5:00 pm  
Tuesdays, 10 am - Noon  
Wednesdays, 1:30-2:30 pm  
Other times available by appointment

COURSE DESCRIPTION: History and organization of the continuum of long term care for U.S. families, financing and regulatory policies, and factors influencing the quality of care. Professional and ethical issues facing long term care providers. Prerequisites Gero 107 or HS 162.

COURSE OBJECTIVES
At the end of the course, students should be able to:

1. describe the development and status of the current long term care (LTC) system in the United States;

2. outline the various types of long term care services and discuss the funding mechanisms, and regulatory conditions affecting each type of service;

3. Discuss trends, challenges, ethical issues, and potential solutions to problems found in the LTC system;

4. identify professional opportunities in LTC; and

5. discuss the knowledge, skills, and attitudes needed for employment in the LTC system.

COURSE REQUIREMENTS

1. Reaction Papers (25 pts. each; 100 pts. total) to four site visits the class will make as a group. The papers are due one week after each site visit. Due (#1 - 2/15/06), (#2 - 2/22/06), (#3 - 3/1/06), and (#4 - 4/5/06).

2. Midterm exam (100 pts.) (3/22/06). Questions will be a combination of true/false and multiple choice. The exam will integrate class lectures, readings, videos, guest speakers, and discussions.

3. Small Group Presentation (100 pts.) on a current LTC issue. Students will be randomly assigned to a group to discuss one of the following topics: (1) conservatorships and guardianships; (2) elder abuse; (3) LTC insurance; (4) LTC costs; (5) quality of nursing home care; (6) physician assisted suicide; and (7) Alzheimer’s disease. Due 4/19/06 and 4/26/06.

4. LTC Book Review (100 pts.). (Due 5/3/06) Read an instructor-selected book/study and write a critique of the long term care issues examined in the book.
5. **Final Examination** (100 pts.). Questions will be true/false and multiple choice. The exam will cover earlier chapters in a general way rather than specific details. **Exam date 5/22/06, Tuesday, 12:15 pm – note different date/time.**

6. **Extra Credit** (Maximum of 10 pts.). Up to 10 optional extra credit points may be earned. More information about ways to earn extra credit will be distributed and announced in class. **All Extra Credit papers must be submitted by the last day of class 5/10/06.**

### GRADING

<table>
<thead>
<tr>
<th>Points</th>
<th>Response papers - 4 @ 25 pts.</th>
<th>100</th>
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<tbody>
<tr>
<td></td>
<td>Midterm exam</td>
<td>100</td>
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<tr>
<td></td>
<td>Presentation</td>
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<td></td>
<td>LTC issues book review</td>
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<td></td>
<td>Final examination</td>
<td>100</td>
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<td>Required points possible</td>
<td>500</td>
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Final grades will be based on total points as follows:

- **490+** A+ 385-399 C
- **475-489** A 370-384 C-
- **460-474** A- 355-369 D+
- **445-459** B+ 340-354 D
- **430-444** B 325-339 D-
- **415-429** B- 324 or less F
- **400-414** C+

**Policy for Late Assignments & Missed Exams.** All papers are due at the beginning of class. Any work received late will have points deducted except under major extenuating circumstances (e.g., serious illness/injury to self or immediate family). Work received one week late will have five (5 points) deducted. Work will **not** be accepted if more than one week late. It is your responsibility to confirm that the instructor has received your paper. E-mailed or faxed assignments will **not** be accepted.

Students who miss the midterm or final examinations for legitimate reasons (see above) will be given the opportunity for a make-up exam if the instructor is informed prior to the scheduled time for the exam – otherwise, make-up tests will not be permitted. An appointment must be made at the Testing Center.

If you experience problems during the semester and are unable to complete the work, you should either Withdraw or request an Incomplete. University policies no longer permit withdrawals after the fourth week of class except under special circumstances. An Incomplete grade will only be given when at least 70% of the required work has been completed during the semester. Please refer to the Academic Standards regarding Incomplete Grades.

**Academic Integrity.** Academic integrity is essential to SJSU’s mission. As such, students are expected to perform their own work (except when collaboration is expressly permitted by the course instructor). Students are not permitted to use old tests or quizzes when preparing for exams, nor may they consult with students who have already taken the exam. When practiced, academic integrity ensures that
all students are fairly graded. Violations to the Academic Integrity Policy undermine the educational process and will not be tolerated. It also demonstrates a lack of respect for oneself, fellow students and the course instructor and can ruin the university’s reputation and the value of the degrees it offers.

We all share the obligation to maintain an environment which practices academic integrity. Violators of the Academic Integrity Policy will be subject to failing this course and being reported to the Office of Judicial Affairs for disciplinary action which could result in suspension or expulsion from SJSU.

**Disclosure of Disability or Medical Condition.** If you need course adaptations or accommodations because of a disability, if you have emergency medical information that the instructor should know, or if you need special consideration in case the building must be evacuated, please make an appointment with me as soon as possible or see me during office hours to discuss them. Presidential Directive 97-03 requires that students with disabilities register with Disability Resource Center (DRC) to establish a record of their disability.

**TEXTBOOK & READINGS**


2. Reader – available at Maple Press, 481 E. San Carlos Street, San Jose, CA 95112 (between 10th and 11th Streets). Phone (408) 297-1000.

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**COURSE SCHEDULE & READING ASSIGNMENTS**

(Dates may be subject to change.)

<table>
<thead>
<tr>
<th>Date</th>
<th>Assignment</th>
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| 1/25  | Course overview, the continuum of long term care (LTC)  
       | Text: Chap. 1 |
       | Text: Chaps. 2 & 3 |
| 2/8   | Services: Hospitals & nursing homes (skilled nursing facilities).  
       | Site Visit #1.  
       | Text: Chaps. 4 & 5  
| 2/15  | Services: Home health & hospice care.  
       | Site Visit #2. Reaction Paper #1 due.  
       | Text: Chaps. 6 & 7 |
| 2/22  | Services: Adult day services & housing options.  
       | Site Visit #3. Reaction Paper #2 due. |
Text:  Chap. 10


Midterm review.
Text:  Chaps. 11 & 12

3/22 *Midterm (First part of class).*
Integrating mechanisms: Integrated information systems. Financing.
Text:  Chaps. 13 & 14

3/29 *SPRING BREAK - NO CLASS*

Text:  Chaps. 15 & 16

4/12 Special populations: Disability. Lesbian, Gay, Bisexual, Transgender & LTC. HIV/AIDS. Guest speaker.
Text:  Chaps. 17, 18, & 19

4/19 Student Presentations
4/26 Student Presentations

5/3 Special populations: Mental health services. The Department of Veterans Affairs. Rehabilitation. Guest speaker. *LTC Book review due.*
Text:  Chaps. 20, 21, & 22

5/10 Last Class. Course summary. The future of LTC. Final review. *Extra credit papers due.*

5/22 (Tues.) *Final Examination* - 12:15 to 2:30 pm – Note different date and time!!!
**IMPORTANT DATES TO REMEMBER!**

<table>
<thead>
<tr>
<th>Due Dates</th>
<th>Exam/Assignments</th>
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<tbody>
<tr>
<td>2/15/06</td>
<td>Reaction Paper #1</td>
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<td>2/22/06</td>
<td>Reaction Paper #2</td>
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<td>3/1/06</td>
<td>Reaction Paper #3</td>
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<td>4/5/06</td>
<td>Reaction Paper #4</td>
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<td>5/3/06</td>
<td>LTC book review</td>
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<td>Extra credit papers</td>
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<td>Final exam - 12:15 to 2:30 pm – Note this is a Tuesday!!!</td>
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