



HIGHLIGHTS

- ◇ Public Health is the multidisciplinary study of the factors that influence health across the life course from community and population-based perspectives.
- ◇ We focus on keeping populations safe from illness and improving wellbeing for all community members. We do this through disease prevention and promoting the behaviors, environments, and policies that contribute to health for all, reducing disparities in our health outcomes.
- ◇ Our department takes a social justice approach to public health, recognizing that problems such as socioeconomic inequality, racism, gender discrimination, home and food insecurity, xenophobia, homophobia, and other forms of “isms” or hate have negative consequences for health.
- ◇ Public Health majors learn in the classroom and in our communities. They develop skills for life-long learning and leadership as they examine health issues from social, scientific, global and multigenerational perspectives, and then apply what they are learning in a wide range of projects.
- ◇ As a Public Health major, you will take courses that are contemporary, practical, and relevant to many careers and interests. Our alumni are now leading all kinds of things/projects that contribute to the health of their communities and they come back to talk about these with our current students!
- ◇ Our faculty includes nationally and globally recognized experts and professional leaders. Many are involved in innovative research with connections to our local communities and global environments. We encourage students to get involved with our research and community-service projects.
- ◇ Over the past two decades, our faculty and students have received numerous awards and recognitions for outstanding contributions to the campus, community, and professions of public health and health education.

EXAMPLES OF CAREERS IN PUBLIC HEALTH

- ◇ Community Health Specialist/Leader
- ◇ Health Promotion Coordinator/Leader
- ◇ Health or Public Policy Officer
- ◇ Research and Development Specialist/Manager
- ◇ Health Communications Specialist/Manager
- ◇ Community Health Education Leader
- ◇ International Health Worker/Coordinator
- ◇ Epidemiologist
- ◇ Poison Prevention Coordinator
- ◇ Emergency Preparedness Specialist/Coordinator
- ◇ Training Coordinator/Leader
- ◇ Clinical Health Education Specialist/Coordinator
- ◇ Patient Navigator
- ◇ Allied Health Professional
- ◇ Community Organizer
- ◇ Health System Administrator
- ◇ Study/Project Coordinator/Manager
- ◇ Health & Social Marketing Designer & Coordinator
- ◇ Activist/Advocacy Leader

DEGREES OFFERED

BS, Public Health

BS, Public Health: Concentrations in Community Health Education and Population Data Science

Minor in Public Health

PREPARATION FOR ADVANCED DEGREES

The Public Health major offers excellent background for graduate work in public health, nursing, medicine, dentistry, nutrition sciences, social sciences, communications, law, social work, and education, among others.

OTHER INFORMATION

- **Who We Are:** We (faculty, students, alumni, and staff) are diverse, passionate, fun, focused, mutually supportive, and committed to creating healthy communities for all.
- **Where We Are:** Our Department Office is in Spartan Complex 201. Drop by and check out our bulletin boards, events, emails, & announcements!
- **Internships:** Our internships offer a variety of experiential learning opportunities for majors to earn course credit while working in approved field placement sites. Students gain practical experiences, networking opportunities, and – often – job leads and connections! Examples include California State and Santa Clara County Public Health Departments, Stanford Health Care, Kaiser Permanente, Health Trust, among others.
- **News and Events:** We are a thriving, vibrant department with lots of co-curricular activities to engage students with the field and career opportunities. Each year, we host Student Welcome & Orientations, Sacramento Policy Trips, Career Exploration Events, Alumni Panels and Mixers, and Graduation Gala Celebrations. We also host national and international guests and participate in local activities, such as Salud Familiar en McKinley and Days of Service, among others. We participate in regional, national, and international conferences and serve in leadership roles in professional organizations. Our Department, faculty, programs, and alumni are recognized within the University and nationally/globally in our profession for excellence.

STUDENT CLUBS AND ORGANIZATIONS

- Public Health Student Association (PHSA)
- Public Health Unite and Network (PHUN)
- Public Health Peer Advisors
- Health Science Honors Society
- Peer Health Educators
- Pre-Physician Assistant Society
- COUGH (Campuses Organized & United for Good Health)

GLOBAL CONNECTIONS

The university's Global Health Association started in our department! In addition to hosting educational events on campus, students and faculty members participate in organized global study/service, including the Global Health Brigades, Study Abroad, and through other CHHS international experience requirements.

HOW TO GET STARTED

It's easy! Enroll in the prep courses: HS/PH 1, HS/PH 15, HS/PH 67, and HS/PH 99, and come to see our Advisors. For more information, visit <http://www.sjsu.edu/hsr/>

Watch video, "Inspire Me: What Inspires You?" (dedicated to Graduating Class of 2018 SJSU Public Health/Health Science) <https://www.youtube.com/watch?v=sWoLROPSVdo&feature=youtu.be>

SJSU WEB LINKS

SJSU Home page: <http://www.sjsu.edu/>

Applying to SJSU: <http://www.csumentor.edu/>

Aid and Scholarship: <http://www.sjsu.edu/faso>

Housing: <http://housing.sjsu.edu/>

Request Information about SJSU: <http://info.sjsu.edu/home/info.html>

Schedule of Classes: <http://info.sjsu.edu/home/schedules.html>

SJSU Catalog: <http://info.sjsu.edu/home/catalog.html>

Writing Skills Test: <https://testing.sjsu.edu/>

Accessible Education Center: <http://www.sjsu.edu/aec/>

CONTACTS

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Program Webpage:

<http://www.sjsu.edu/hsr/academicprograms/HS/index.html>

Social Media:

Instagram: @PHR_SJSU

Twitter: @PHR_SJSU

Blog: <https://sjsupublichealthadvising.wordpress.com>

Facebook: @SJSUPublicHealthandRecreation/

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SJSU Public Health & Recreation