

RECREATION LEADERSHIP

empowering the future recreation professionals



The Public Health and Recreation (PHR) department is home to two (2) undergraduate degree program concentrations in Recreation Management and Recreation Therapy; an M.S. in Recreation; and we offer a minor in Recreation and in Recreation and Nature.

Recreation Management Degree Highlights:

1. Employment in recreation, tourism and leisure is projected to grow 10% to 7,208,000 jobs by 2024. Annual salary for management occupations in community recreation ranges between \$106,000 and \$130,000.
2. 63% of Rec interns (2014-2016) reported finding a degree-related job within three months of graduation.
3. Program is accredited by the National Recreation and Parks Association, is the first academic recreation program in California, and offers an outstanding internship program.
4. The Recreation Management Concentration meets national and state certification exam requirements (RC & CPRP). All students are eligible to sit for both exams – post completion of the 480-hour full-time internship.
5. The program offers specialty courses in: Event Planning, Outdoor Recreation, Principles of Recreation & Park Management, Managing Areas & Facilities, Festival & Community Special Events, For-Profit Enterprises, Non-Profit Leadership & Management, Youth Development, Sustainable Recreation & Eco-Tourism and Sustainable Travel & Tourism.
6. Recreation, parks, sports, and arts/culture are the attractions that draw tourism—the largest and one of the fastest growing industries in the world today.
7. The faculty are diverse and fully engaged in research and service and bring those experiences into the classroom to further enrich student learning.

Recreation Therapy Degree Highlights:

1. The number of jobs for Recreational Therapists nation-wide is expected to grow at a faster than average rate of 12% between 2014-2024 as compared with all other occupations. The average annual salary for Recreational Therapists employed in the San Jose/Santa Clara/Sunnyvale region is \$68,900.
2. Program is accredited by the National Recreation and Parks Association, is the first academic recreation program in California, and offers an outstanding internship program.
2. The Recreation Therapy concentration meets state and national certification exam requirements (RTC & CTRS). All RT students are eligible to sit for both exams – post the successful completion of the full-time internship.
3. The program offers specialty courses in: Introduction to Recreation Therapy Service, RT Interventions for People with Physical Conditions, Advanced Practices in Recreation Therapy, Facilitation Processes in Recreation Therapy, Recreation Therapy Procedures and the culminating class – Internship in Recreation Therapy.
4. The curriculum includes 760 hours of industry experience with students working in positions that expand their current skills and experience.
6. Faculty expertise in teaching, service and research contributing to the depth of the healthcare industry.
7. In acute health-care settings, such as hospitals and rehabilitation centers, recreational therapists treat and rehabilitate individuals in collaboration with physicians, nurses, psychologists, social workers and physical and occupational therapists. Patients served are veterans or

Programs Offered

1. B.S., Recreation with concentrations in:
 - Recreation Management
 - Recreation Therapy
2. M.S., Recreation
3. Minor, Recreation
4. Minor, Recreation and Nature

General Education (GE) Courses:

Area E: RECL 10: Creating a Meaningful Life

Study how a meaningful life relates to the freedom to pursue happiness. Examines personal, social, and cultural bases for a creative and successful lifestyle. Learn to recognize and foster creative potential for lifelong personal growth, meaningful rewards, and leisure enjoyment.

Area S: RECL 111: Leisure, Culture & Identity

Perspectives of leisure as a source of self-expression and social control related to cultural beliefs, values, and practices and institutionalized social systems. Observation, analysis and critique of history and social structures, leisure and culture, and personal opportunities for change.

Area Z: RECL 100W: Writing Workshop

Scholarships:

1. Recreation Therapy Scholarship (Undergraduate students)
2. Paul Brown Scholarship (Undergraduate Recreation and Recreation Management students)

Examples of Careers Recreation Management:

- Parks & Recreation Manager/Director
- Festival and Event Coordinator
- Event Planning/Management
- Tourist Attraction/Theme Park Manager
- Family/Residential Camp Manager
- Retreat Director / Conference Manger
- Corporate Training / Education
- Resort / Club Manager
- Manager of Aquatic Programs and Facilities
- Manager of Adventure Based Programs
- Travel & Tourism Operations / Cruise Industry

Examples of Careers Recreation Therapy:

- Recreation / Rehabilitation Therapist
- Pediatric Hospitals
- Correctional Facilities
- Community Mental Health Centers
- Substance Abuse Centers
- Community Programs for People with Intellectual Disabilities (i.e. Autism, Pediatric conditions, etc.)
- Wilderness Therapy Programs
- Activities Director in Assisted Living
- Senior Center Activities Director
- Researcher/Educator

SJSU Web Links

SJSU Home page: <http://www.sjsu.edu/>

PHR Department: <http://www.sjsu.edu/hsr/>

Applying online: <http://www.csumentor.edu/>

Aid and Scholarship: <http://www.sjsu.edu/faso>

Housing: <http://housing.sjsu.edu/>

Request information about SJSU: <http://info.sjsu.edu/home/info.html>

Schedule of Classes: <http://info.sjsu.edu/home/schedules.html>

SJSU Catalog: <http://info.sjsu.edu/home/catalog.html>

Testing and Evaluation: <https://testing.sjsu.edu/>

Academic Unit:

Department of Public Health and Recreation (PHR)

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San José, CA 95192-0052

Main Office located in Spartan Complex (SPX) 201

Phone: 408-924-2970

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[Watch four-minute video titled "Recreation Degree at SJSU"](#)

Contacts: Recreation Program

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Undergraduate Advising:

Recreation Therapy

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Faculty:

Dr. Yoshitaka Iwasaki (Dept
Chair)

Dr. Joshua Baur

Dr. Suzy Ross

Dr. Monique Duphily

Dr. William Spain

Ms. BJ Grosvenor

Ms. Philly Toney